

## JENESYS2022 Brunei-Japan "Japanese food, food safety" / "Science and Technology" Online Invitation Program Report

### 1. Online Program Overview

#### 【Objectives】

- Group 1: Brunei-Japan “Japanese food, food safety” Exchange (Online Invitation Program)  
The main objective of this program is to provide students having a strong interest in Japanese food with opportunities to learn Japanese culture and Japanese technology, and interact with Japanese people, thereby deepening their understanding of and interest in Japan and strengthening their capacity to disseminate information about the country.
- Group 2: Brunei-Japan "Science and Technology" Exchange (Online Invitation Program)  
The main objective of this project is to provide high school and undergraduate students who are interested in finding a job or studying in Japan with opportunities to observe a smart society using ICT, thereby promoting their understanding of Japan and increasing the number of people who wish to work or study in the country.

#### 【Participants】

Total: 76 undergraduate students, graduate students, and school faculty from Brunei

(Breakdown)

Pre-study Program

Group 1: 18 Bruneian high school students and undergraduate students

Group 2: 19 Bruneian high school students and undergraduate students

Online Program

Group 1: 20 Bruneian undergraduate students and school faculty

Group 2: 19 Bruneian undergraduate students

#### 【Location】

Pre-study Program: Tokyo

Main Exchange Program: Tokyo, Osaka, Hyogo, Okayama, Nara

#### 【Program Schedule】

Date Location	Program contents	Participants' questions and reactions
Pre-study Program(Number of participants: 37 in total)		
August 23, 2022	(Note)Jointly conducted with other programs	As the lecturer gave his explanations using many pictures and diagrams, many





Tokyo	<b>【Orientation】 【Lecture, Q&amp;A Session】</b> <b>【Exchange of Opinions】</b> (1) Orientation, JENESYS Outline (2) Lecture “Japan Today” Lecturer: Mr. KIMURA Hideo, Executive Managing Director, Strategic International Management Associates (SIMA) (3) Q&A session (4) Group photo (5) External dissemination request, Questionnaire, Closing remarks	participants kept nodding their heads, taking notes, and listening attentively to fully understand the lecture. During the Q&A session, many questions were asked on a wide array of topics. The main questions were as follows: “Is the Japanese government and society taking measures to make use of Japan's traditional culture and history in the modern age?” “I heard that if you drop money in Japan, it will eventually come back to you. What significance does money have to people in Japan?” “Is the Japanese government taking any measures to cope with Japan's declining and aging population?”
Self-Study before coming to Japan	<b>【Video Viewing】</b> (1) Welcome Address (2) Overview/Mission (3) Virtual Home Visit (4) Allure Aichi -Industry / Cutting-edge technology - (5) Study Japanese Culture in Kyoto (6) Learning Japanese (7) Lecture “Japan Today”	To deepen their understanding of the program, participants watched a video about Japan and the program.
Online Program (A total of 39 participants during the following seven days)		
Day 1 January 18, 2023 Osaka	<b>【Orientation】</b> (1) Opening session (2) Overall orientation Overview of the program (3) Orientation in groups and group schedule confirmation (4) Q&A Session (5) Exchanges in presentation groups (4 groups) Self-introductions, confirmation of how to prepare presentations for the reporting session	As it was the first day of the program, the participants seemed a little nervous, but as time went on, they actively asked questions in a relaxed atmosphere.  During the exchanges in presentation groups, many participants kept their cameras on and showed their faces on the screen. They actively exchanged opinions on how to prepare presentations for the reporting session.

<p>Day 2</p> <p>January 19, 2023</p> <p>Kobe City, Hyogo</p>	<p><b>【Observation】</b></p> <p>Kewpie Corporation, Kobe Plant</p> <p>(1) Opening session</p> <p>(2) Factory tour, Q&amp;A session "Day-to-day diet for health!" Guides: Ms. SAITO Haruka, Ms. Rika Komatsu</p> <p>(3) Remarks from the representative of the participants, commemorative photo</p> <p>(4) Closing session</p>	<p>The program included an overview of the Kobe plant, the history of mayonnaise, a tour of production lines, and an introduction to food and health. As Kewpie is a familiar mayonnaise brand in Brunei, the participants seemed to be familiar with the company. The participants asked many questions, such as "How many young people work at the Kobe Plant?" and "What activities are carried out for the environment and eco-friendliness?"</p>
<p>Day 3</p> <p>January 20, 2023</p> <p>Kurashiki City, Okayama</p>	<p><b>【School Exchange】</b></p> <p>Okayama Prefectural Kurashiki Amaki Junior and Senior High School</p> <p>(1) Opening session</p> <p>(2) Exchanges in groups 1 (6 groups) Self-introduction, etc.</p> <p>(3) Presentation (by Japanese students)</p> <p>(4) Exchanges in groups 2 (6 groups), presentation on the exchange program</p> <p>(5) Remarks from the representatives of the two countries, commemorative photo</p> <p>(6) Closing session</p>	<p>Japanese students introduced the four seasons, seasonal events, food, and school events in Japan. The participants asked questions about the school life of Japanese students, comparing it with that in their country.</p> <p>In the exchanges in groups, the participants introduced the food and cultures of their country. They actively interacted with the Japanese students. The participants from Brunei proactively asked questions in English, and the participants from the two countries interacted with each other actively.</p>
<p>Day 4</p> <p>January 21, 2023</p> <p>Osaka City, Osaka</p>	<p><b>【Observation】</b></p> <p>Osaka Convention &amp; Tourism Bureau</p> <p>(1) Opening session</p> <p>(2) Introduction of a virtual tour, Q&amp;A session "Meet Future Kansai, Osaka" Guide: Ms. HIDAKA Chihiro Osaka Convention and Tourism Bureau, Osaka Global Student Support Association Head Office, Student Support and Engagement Promotion Division Deputy, MICE</p>	<p>The attractions of the Kansai region and Osaka were introduced using videos and quizzes. It seemed to be a good opportunity for the participants, who had never been to Japan, to get to know the local areas of the country. They listened to the explanations with interest. There were many questions, such as "Does the food museum offer halal products?" and "When is a good time to visit Japan?" Quizzes were given during the virtual tour, and the participants actively commented using the chat function. It was</p>

	<p>Promotion Department</p> <p>(5) Remarks from the representative of the participants, commemorative photo</p> <p>(6) Closing session</p>	<p>an active observation program with two-way communication.</p>
<p>Day 5</p> <p>January 22, 2023</p> <p>Osaka, Nara, Shiga</p>	<p>【Home Visit】</p> <p>4 families (2 families in Osaka, 1 in Nara, and 1 in Shiga)</p> <p>(1) Opening session, introduction of the areas to visit</p> <p>(2) Introduction of the host families</p> <p>(3) Home Visit (4 families)</p> <p>(4) Remarks from the representatives of the families and participants</p> <p>(5) Commemorative photo, closing session</p>	<p>Participants were divided into groups and visited four families. The families introduced their houses and Japanese culture, and prepared Japanese food. The participants seemed to be interested in takoyaki and hand-rolled sushi that the families made and introduced during the program. In the home visit program, the participants deepened their exchanges while actively asking questions such as "Is it difficult to own a house in Japan?" and "Do you often eat sushi?"</p>
<p>Day 6</p> <p>January 23, 2023</p> <p>Osaka</p>	<p>【Workshop】</p> <p>(1) Opening session, overview of the action plan</p> <p>(2) Group work</p> <p>(3) Submission of action plans</p> <p>(4) Closing session</p>	<p>For the reporting session, the participants were divided into groups and drew up an action plan. They shared what they learned and found in the program within the group and prepared materials for presentation at the reporting session. All the groups were seen actively discussing and preparing for their presentations.</p>
<p>Day 7</p> <p>January 24, 2023</p> <p>Osaka</p>	<p>【Reporting Session】</p> <p>(1) Opening Session</p> <p>(2) Presentations (4 groups)</p> <p>(3) Review</p> <p>Ms. HIDAHA Chihiro</p> <p>Osaka Convention and Tourism Bureau, Osaka Global Student Support Association Head Office, Student Support and Engagement Promotion Division Deputy, MICE Promotion Department</p> <p>(4) Commemorative photo</p> <p>(5) Closing session</p>	<p>Each group summarized what they learned in the program and presented a specific action plan to implement after returning home.</p>

## 2. Program Photos

### Pre-study Program

	
August 23, 2022 【Orientation】	August 23, 2022 【Lecture, Q&A Session】 Lecture
	
August 23, 2022 【Lecture, Q&A Session】 Q&A Session	August 23, 2022 Group photo

### Main Exchange Program (Location: Osaka, Hyogo, Okayama, Nara)

	
January 19 【Observation】 Q&A session	January 20 【School Exchange】 Exchanges in groups
	
January 21 【Observation】 Virtual tour	January 22 【Home Visit】 Making takoyaki
	
January 23 【Workshop】 Group discussions	January 24 【Reporting Session】 Presentations

## 3. Voices from Participants (excerpt)

### ◆ Undergraduate Student

My thoughts on joining the pre-exchange program are:

- 1) It gave me an insight into the history of Japan in terms of religion, mass production of goods (steel, car and etc.), and advanced science from before World War 2(WW2) to WW2 and finally to today's era.
- 2) The lecture surely gave me a deeper understanding of Japan and further equipped me more before coming to Japan, one day.
- 3) Since I am a medical student in Brunei, I would love to learn more about the progress of the iPS stem cells in Japan and how the Japanese Government can make these cells readily available on a worldwide scale.

◆ **Working Youth**

I am extremely grateful to JICE for giving me this wonderful opportunity of giving us a grasp of what makes Japan unique and one of the most outstanding countries all over the world. All of the things that I've been seeing in TV, reading in books, magazines, and in social media account have been validated by the discussion of Kimura Sensei. This program makes me more excited and thrilled to visit Japan. Thank you.

◆ **Undergraduate Student**

I personally enjoyed visiting the host family virtually. This allows me to have a good start for whenever I am visiting Japan. Other than that, having the tourism bureau make presentation content regarding the best places to visit in Japan was also very useful and some of the places are not widely mentioned on the internet.

◆ **Undergraduate Student**

Japan and Brunei exchanged their interests, cultures, and traditional foods. Japan and Brunei have some similarities. One of the similarities is that the Japanese and Bruneians like to play badminton. Furthermore, there are some Japanese foods that are available in Brunei. One of the well-known Japanese food in Brunei is Takoyaki and Sushi. It was great to know more about Japanese foods and the interesting places to visit. This will help Bruneians to know more about Japan before visiting.

◆ **Working Youth**

I find the Kewpie Kobe plant session exciting and informative. I've learned a lot from the history of mayonnaise, how it is made, and gained an insight into how the factory works in Japan. I love the fact that they produce less waste by using all raw materials, especially eggs. Furthermore, they sell their products and also promote it by educating the importance of healthy food. Got a lot of insights and understanding of Japan's culture presented by Kurashiki-amaki High School, from the traditional foods, and high school uniforms, to having different activities/or themes each month. We also got to know about Japanese annual events such as Hatsumode and Setsubun. Moreover, I also got to know about calligraphy, Himeji castle, and kimono which are part of Japan's traditional culture. Learned a lot about the history and the culture behind the places in the Kansai region. I think I have gained a lot of knowledge and realized there are more places to see in Japan. There are a lot of places and cultures to cover and I got lost during the virtual tour. Next

time, if I go visit Japan, I will know where to go.

◆ **Undergraduate Student**

The best point was the introduction of Nara in Japan as most outsiders only know the popular one like Tokyo, Hokkaido and Osaka. The online introduction about Nara makes me want to visit that city.

◆ **Undergraduate Student**

I really loved Day 3 of the presentation by the Osaka Convention & Tourism Bureau. I got to know attractive and interesting places in the Kansai region especially Nara Park and Midosuji Street. Also, I got to acquaint myself with a host family, who were very welcoming and nice. Not to mention, we did cultural exchange as well. To add, I made friends with the Japanese students from Kurashikamaki High School and had an ice-breaking session.

#### **4. Voices from the Receiving Parties (excerpt)**

◆ **Observation Site**

By participating in the Japan-Brunei Exchange program, we learned about the differences in diet and culture between Brunei and Japan. In the online observation program, we were able to see that the participants attentively listened to our explanations. We found that they understood what we wanted to communicate from their attitudes and comments on chat. We are grateful for this precious opportunity to talk about Japanese food culture and nutrition.

◆ **Exchange School Student**

I was glad that they tried to understand my broken English. I would like to take this opportunity to learn more about foreign cultures and traditions. The participants from Brunei were very warm. I was really happy to be able to interact with them.

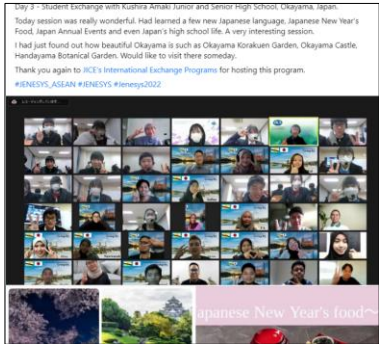
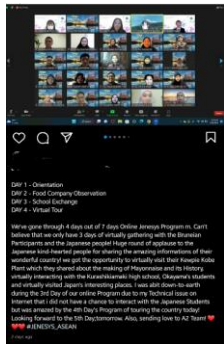
◆ **Exchange School Student**

After learning about Bruneian food and palaces, I want to visit Brunei. We had a great time showing each other photographs and explaining each other's countries. I would like to interact more with foreign people and visit foreign countries.



◆ **Exchange School Student**

I'm glad that I was able to learn many new things about Brunei, such as tourist attractions and food, through this exchange program. This program taught me about the excellence of international exchange.

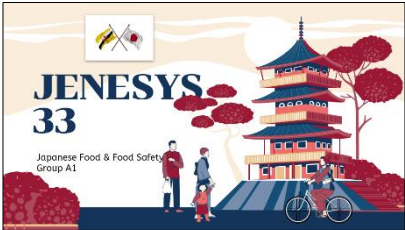


## 5. Disseminations by the participants (excerpt)

	
<p>August 23, 2022 (Facebook)</p> <p>Thank you, JICE, for giving me an opportunity to participate in this fascinating "Japan-Brunei Exchange" pre-program where we could learn more about Japan. The lectures in this program were very interesting because the topics were related to my field of study. The program participants are always friendly. I look forward to participating in the program in the future.</p>	<p>August 23, 2022 (Facebook)</p> <p>I am very happy to be one of the participants of the JENESYS Online Program for Brunei and the Philippines! I enjoyed learning about Japan's technological advancements in science and industrial production from Mr. Kimura. Someday I want to experience the wonders of Japan.</p>
	
<p>January 20, 2023 (Facebook)</p> <p>Day3- Students exchange with Kurashiki Amaki Junior and Senior High School, Okayama, Japan.</p> <p>Today's session was really wonderful. Had learned a few new Japanese language, Japanese New Year's food, Japan's annual events and even Japan's high schools' life. A very interesting session.</p> <p>I had just found out how beautiful Okayama is such as Okayama Korakuen Garden, Okayama Castle and Handayama Botanical Garden. Would you like to visit there someday.</p>	<p>January 20, 2023 (Instagram)</p> <p>Day 1- Orientation</p> <p>Day 2- Food company observation</p> <p>Day 3- School exchange</p> <p>Day 4- Virtual tour</p> <p>We've gone through four days out of seven days online JENESYS program. Can't believe that we only have three days of a virtually gathering with the Bruneian participants and the Japanese people! Huge round of applause to the Japanese kind-hearted people for sharing the amazing information of their wonderful country! We got the</p>



<p>Thank you again to JICE International Exchange Programs for hosting this program.</p>	<p>opportunity to virtually visit their Kewpie Kobe Plant which they shared about the making of mayonnaise and its history, virtually interacting with the Kurashiki-amaki high school, Okayama's students and the virtually visited the Japanese interesting places. I was a bit down-to-earth during the third days of our online program due to my technical issue on Internet that I didn't did not have a chance to interact with the Japanese students, but was amazed by the 4th day's program of touring the country today! Looking forward to the fifth day, tomorrow.</p>
	
<p>January 23, 2023 (Instagram)</p> <p>Had a great time talking to Japanese students today. Nothing beats the excitement on getting to know each other's culture and lifestyle. Still amazed with the way everything felt similar but different.</p> <p>Thank you JICE for this opportunity!! Looking forward to tomorrow's session.</p>	<p>January 23, 2023 (Instagram)</p> <p>Had fun, experiencing the Japan's high school life. Thank you JICE for this opportunity.</p> <p>Thank you to the Japanese students in Okayama for trying their best to speak in English. You all did a great job!</p> <p>Had a great time getting know some Japanese high school students today. They spoke so well.</p> <p>Would love to visit Okayama prefecture one day.</p>

## 6. Action Plans for After Returning Home Presented at the Reporting Session (excerpt)

Japan-Brunei Exchange (Japanese Food and Food Safety) (1)		
		

## ■ Action Plan

### (1) Sushi Hopping

Taste sushi from different restaurants in Brunei using wheel of names

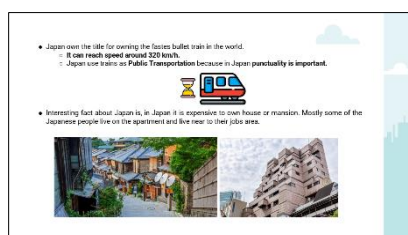
### (2) Nihon no tebemono tsukuro

Cooking demonstration at Cosmo College with Group A1

### (3) Vlog

Vlog of the sushi hopping will be shared to social media accounts of Group A1

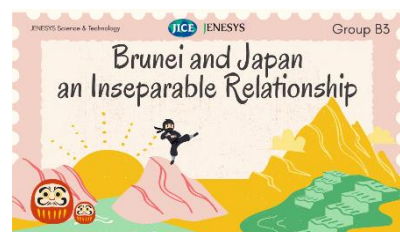
## Japan-Brunei Exchange (Japanese Food and Food Safety) (2)



## ■ Action Plan

- Social Media Platform
- Making Video to show the experiences
- Sharing to family and friends about the findings and learning on this program
- JENESYS and Japanese Culture to our followers

## Japan-Brunei Exchange (Science and Technology) (1)



## ■ Activities in local communities

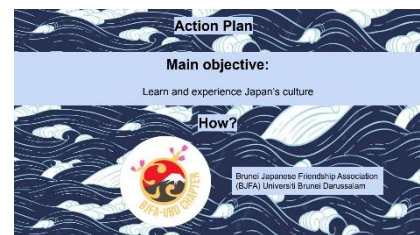
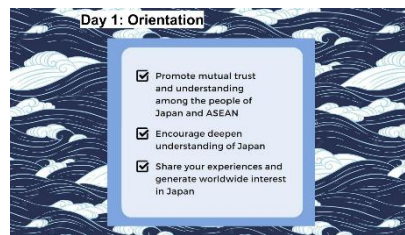
- Virtual Takoyaki Making Classes (Local Community) Live session using Google Meets
- Yukata Tutorial Session (Local Community) Proposed collaboration with Brunei Japanese Friendship Association Club in Universiti Brunei Darussalam

- Japanese Calligraphy Workshop (Local Community) Proposed collaboration with International

## ■ Japanese students in Universiti Brunei Darussalam to host workshop

- Sushi and Onigiri Tutorial Making Vlog (Dissemination) Video will be uploaded to YouTube and our Instagram account

## Japan-Brunei Exchange (Science and Technology) (2)



### ■ Action Plan

#### (1) Main objective

Learn and experience Japan's culture

#### (2) How

Cooperation with Brunei Japanese Friendship Association (BJFA) Universiti Brunei Darussalam by having Yukawa workshop etc. starting from April

**Implementation agency: Japan International Cooperation Center (JICE)**