

JENESYS 2022 The Philippines-Japan "Healthcare" Exchange (Online Invitation Program) Report

1. Online Program Overview

【Objectives】 The main objective of the program was to increase the acceptance of foreign workers in the future by deepening the understanding of Japan's system for accepting foreign workers. Information was provided about the appeal of working in Japan and the extensive training system for participants to form a concrete image of working in Japan during their stay.

【Participants】

Total: 83 current undergraduate students studying nursing at universities in the Philippines and young researchers studying on the theme of nurses and certified care workers in Japan and abroad

【Location】

Pre-study Program: Tokyo

Online Program: Hokkaido, Kyoto

【Program Schedule】

This program was partially conducted in joint with other programs.

Date Location	Program contents	Participants' questions and reactions
Pre-study Program (66 participants in total)		
August 23, 2022 Tokyo	(Note) Jointly conducted with other programs 【Orientation】 【Lecture, Q&A Session】 【Exchange of Opinions】 (1) Orientation, JENESYS Outline (2) Lecture "Japan Today" Lecturer: Mr. KIMURA Hideo, Executive Managing Director, Strategic International Management Associates (SIMA) (3) Group photo (4) Q&A session (5) External dissemination request, Questionnaire, Closing remarks	As the lecturer gave his explanations using many pictures and diagrams, many participants kept nodding their heads, taking notes, and listening attentively to fully understand the lecture. During the Q&A session, many questions were asked on a wide array of topics. The main questions were as follows: "Is the Japanese government and society taking measures to make use of Japan's traditional culture and history in the modern age?" "I heard that if you drop money in Japan, it will eventually come back to you. What significance does money have to people in Japan?" "Is the

		Japanese government taking any measures to cope with Japan's declining and aging population?"
Self-Study before coming to Japan	【Video Viewing】 (1) Welcome Address (2) Overview/Mission (3) Virtual Home Visit (4) Study Japanese Culture in Kyoto (5) Learning Japanese (6) Aug. 23 rd Theme Lecture "Japan Today"	Participants watched videos about the program and deepened their understanding of the program's objectives, its themes, and Japan.
Online Program (17 participants in total during the following seven days)		
Day 1 February 1, 2023 Tokyo, Hokkaido	【Orientation】 (Note) Jointly conducted with other programs (1) Opening Session (2) Orientation Part 1 Program overview and purpose (3) Orientation Part 2 Program schedule and details (4) Exchange among participants by group (5) Commemorative Photo (6) Closing Session	In the group discussions for the presentation in the reporting session, there were many questions that pointed out the core of the program, such as what was required in the action plan, which showed that the participants had expectations about the program and were willing to participate.
Day 2 February 2, 2023 Hokkaido	【Observation of Theme Related Facilities, Q&A Session】 Mulberry Co., Ltd. (1) Opening session (2) Interview with Filipino care workers and commemorative photo Certified care workers: Iwanai Fureai no Sato care facility Ms. Alay REAH JANE Ms. Abao ADA MARIE CASTRO Ms. Tablizo KEZIAH EYAO (3) Introduction and demonstration of nursing care robots Speaker: Ms. Arisa INABA, Housing Division, Mulberry Co., Ltd.	Most participants had never seen or operated a nursing care robot before and were enthusiastic about participating in the program. They also asked questions in the interviews with Filipino nursing care workers, which demonstrated their high interest. Major questions: <ul style="list-style-type: none"> ● What were the biggest challenges you faced working in Japan? ● Under the Japanese medical system, what were the biggest challenges you found and what rewarding feeling do you have when you are working? ● How long does it take for a nursing

	<p>(4) Q&A session, commemorative photo</p> <p>(5) Closing session</p>	<p>care worker to learn to operate a robot and handle mechanical problems?</p> <ul style="list-style-type: none"> ● What knowledge and skills do nursing care workers need before training to operate a robot? ● Will nursing care robots affect future employment opportunities for nursing care workers?
<p>Day 3</p> <p>February 3, 2023</p> <p>Hokkaido</p>	<p>(1) 【 Theme Related Lecture, Q&A Session, Opinion Exchange】</p> <p>(2) Opening session</p> <p>(3) Lecture</p> <p>“Accepting Filipino Candidate for Nurse and Certified Care Workers under EPA”</p> <p>Lecturer: Mr. INAGAKI Kiichi</p> <p>Director, Acceptance Support for Foreign Professional Department, Japan International Cooperation of Welfare Services (JICWELS)</p> <p>(4) Q&A session</p> <p>(5) Commemorative photo</p> <p>(6) Closing session</p>	<p>The participants were listening to the lecture with interest. Some participants eagerly took notes and asked various questions.</p> <p>Major questions:</p> <ul style="list-style-type: none"> ● How is the national exam in Japan different from that in the United States? ● What are the salaries of EPA nurses and EPA nursing care workers? ● What is Japan’s national exam pass rate for Filipino EPA nurse and EPA nursing care worker candidates?
<p>Day 4</p> <p>February 4, 2023</p> <p>Kyoto</p>	<p>【Japanese Cultural Experience】</p> <p>(Note)Jointly conducted with other programs</p> <p>Tea ceremony experience</p> <p>(1) Opening Session</p> <p>(2) Lecture / demonstration</p> <p>“Chado/Sadou The Way of Tea and Traditional sweets “Wa-gashi”</p> <p>Lecturer: Mr. Souhaku SUZUKI, Vice Secretary General, Kyoto North Branch, Urasenke Tankokai Federation</p> <p>(3) Q&A session / Commemorative photography</p> <p>(4) Closing Session</p>	<p>In addition to an explanation about the tea ceremony process of <i>chado</i>, there was an introduction to the types of <i>matcha</i> green tea powder and <i>wa-gashi</i> Japanese sweets with delicate designs reflecting each season, and the participants were interested in their beauty. They seemed to have learned the importance of passing down long-established Japanese culture and the tea ceremony tradition.</p>
Day 5	【Observation】	During the program, the participants

February 5, 2023 Hokkaido	<p>*Joint implementation with other programs</p> <p>Virtual tour in Otaru City, Hokkaido</p> <p>(1) Overview of Otaru City, Hokkaido</p> <p>(2) Drone relay in Otaru's Shukutsu area</p> <p>(3) Virtual tour Sakaimachi-dori Street, Otaru City - Otaru Canal Guide: Mr. Ryu TAKAHASHI, Hospitality Promotion Project Member, Otaru Tourism Association</p> <p>(4) Q&A Session Speaker: Ms. Tomoko NAGAOKA, Deputy Secretary General for Project Promotion, Otaru Tourism Association</p> <p>(5) Commemorative Photo</p> <p>(6) Closing Session</p>	<p>watched with interest relays from a regional area of Japan and listened to explanations while clicking on various action buttons on the Zoom chats. They enjoyed the drone footage and online walking experience around Sakaimachi-dori Street and Otaru Canal in Otaru City. The participants' desire to visit Otaru was expressed in their questions.</p> <p>Major questions:</p> <ul style="list-style-type: none"> ● Can you recommend a place to enjoy while avoiding crowds? ● What are the characteristics of Otaru's coffee culture? ● What's the secret to making Otaru cheesecake so delicious that it is famous worldwide? ● How long do you recommend staying to fully enjoy Otaru? ● How do you get to Hokkaido from Tokyo? How long does it take? ● When is the best time to visit Otaru?
Day 6 February 6, 2023 Hokkaido	<p>【Workshop】</p> <p>(Note)Jointly conducted with other programs</p> <p>Preparation for debriefing meeting presentations</p> <p>(1) Workshop description</p> <p>(2) Creation of action plan (by group)</p> <p>(3) Closing Session</p>	<p>Group members cooperated with each other enthusiastically and compiled presentation materials. At the beginning of the workshop, each group already had a good outline of what was to be presented. So, each group mainly conducted a compilation of presentation materials and submitted them by the end of the workshop.</p>
Day 7 February 7, 2023	<p>【Reporting Session】</p> <p>(Note)Jointly conducted with other programs</p> <p>(1) Presentation (by group)</p> <p>(2) Commentary</p> <p>(3) Commemorative Photo</p> <p>(4) Closing Session</p>	<p>During the presentations by each group, the presenters presented what they had learned, what impressed them, their social media disseminations, and action plans. In addition, the participants eagerly listened to the presentations of the other groups, and many of them expressed their</p>


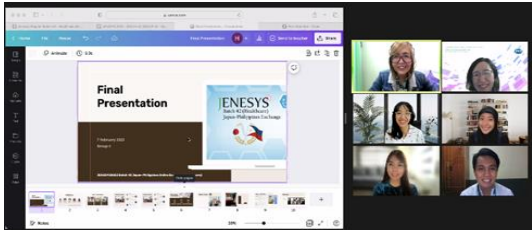

	opinions and reacted to the presentations.
--	--------------------------------------------

2. Program Photos

August 23, 2022 【Orientation】	August 23, 2022 【Lecture and Q&A Session】 Lecture “Japan Today”
August 23, 2022 【Lecture and Q&A Session】 Q&A session	August 23, 2022 Group photo

Online Program

February 1 【Orientation】	February 2 【Observation of Theme Related Facilities, Q&A Session】 Introduction of nursing care robots by Mulberry Co., Ltd.
February 3 【Theme Related Lecture / Q&A Session, Opinion Exchange】 “Accepting Filipino Candidates for Nurses and Certified Care Workers under EPA”	February 4 【Japanese Cultural Experiences】 Tea ceremony experience

	
<p>February 5 【Observation】 Virtual tour in Otaru City, Hokkaido</p>	<p>February 6 【Workshop】 Preparations for the reporting session</p>
	<p>February 7 【Reporting Session】 Presentations</p>

3. Voices from Participants (excerpt)

◆ Graduate Student

Thank you for the comprehensive and informative discussion you have provided. I am more eager to learn the Japanese culture as I began learning the language early last year. I am also interested on the culture that varies from Japan and the Philippines. What strikes me the most are the JENESYS' objectives in strengthening and building trust and mutual understanding between two countries also on sharing our cultural differences and information to generate worldwide interest in Japan.

◆ Working Youth

I am extremely grateful to JICE for giving me this wonderful opportunity of giving us a grasp of what makes Japan unique and one of the most outstanding countries all over the world. All of the things that I've been seeing in TV, reading in books, magazines, and in social media account have been validated by the discussion of Kimura Sensei. This program makes me more excited and thrilled to visit Japan. Thank you

◆ Working Youth

My personal favorites are the tea ceremony and the virtual tour. I realized that I am fascinated about the history and culture of Japan, despite having minimal knowledge about their culture. I am also intrigued about the way robots can change the healthcare sector, especially in making tasks easier for workers.

◆ Undergraduate Student

The tour was as good as it can be. Despite being online, the virtual tour never failed to let us see the typical Japanese life in Otaru. Aside from this, the whole experience of Sadou - the ambiance of the set, the quality of production, and the seamless transition of the camera angles, made the demonstration feel premium.

◆ Working Youth

I really liked the efforts to tour us around Otaru even virtually, and also letting us learn about the Japanese tea ceremony. I also liked how there were live demonstrations of the different functions of the robots. I think seeing them in motion allowed us to visualize it better.

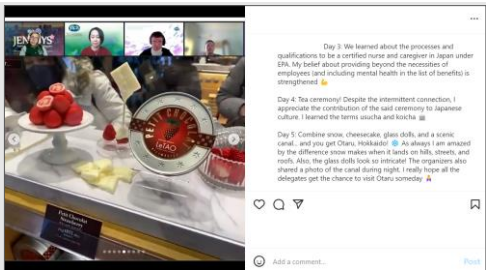
4. Voices from the Receiving Parties (excerpt)

◆ Observation Site

Thank you for the quick and courteous response from preparation to the day of the program. We are also grateful for the very valuable experience we have had. This was our first attempt, so we had some concerns, but thanks to the proper support from JICE staff, we were able to finish the program without any problems. Thank you very much.


5. Disseminations by the participants

	
<p>August 23, 2022 (Facebook)</p> <p>I'm very happy to be one of the participants of the JENESYS online program for Brunei Darussalam and the Philippines! I enjoyed learning about Japan's technological advancements in science and industrial production from kimura sensei. Manifesting that I experience Japan's wonders someday.</p>	<p>February 3, 2023 (Instagram)</p> <p>Today we were given the chance to have a conversation with JICWELS Mr. Inagaki about the working opportunities for Filipino nurses in the care workers aspirants under the Economic Partnership Agreement (EPA) scheme. Despite the difference in the career path I had in mind, the discussion made me go through the details of how this partnership is beneficial for our nurses and caregivers to go overseas. The EPA Scheme minimizes the bottlenecks in applying for a job in Japan and assist its applicants well to be integrated in the Japanese way of life by providing free Japanese language classes, preparing a tolerant environment for newcomers, and even enabling Filipinos to form networks with each other to make them feel a little bit closer to home.</p>

	I hope there will be more opportunities available for other health care professionals in Japan, since they earnestly believe in the level of skill and dedication Filipinos have on their jobs.
	<p>February 5, 2023 (Instagram)</p> <p>Day 3: We learned about the processes and qualifications to be a certified nurse and caregiver in Japan under EPA. My belief about providing beyond the necessities of employees (and including mental health in the list of benefits) is strengthened.</p> <p>Day 4: Tea ceremony! Despite the intermittent connection, I appreciate the contribution of the said ceremony to Japanese culture. I learned the terms “usucha” and “koicha”.</p> <p>Day 5: Combine snow, cheesecake, glass dolls, and a scenic canal... and you get Otaru, Hokkaido! As always, I am amazed by the difference snow makes when it lands on hills, streets, and roofs. Also, the glass dolls look so intricate! The organizers also shared a photo of the canal during night. I really hope all the delegates get the chance to visit Otaru someday.</p>

6. Action Plans for After Returning Home Presented at the Reporting Session(excerpt)

Philippine Online Exchange (Healthcare) (1)

 ACTION PLAN	Bridging the Gap: Strengthening Japan and Philippines Healthcare Diplomacy	Objectives
<p>“Online Advocacy Campaign”</p> <p>■ Why : Bridging the Gap→Strengthening Japan and Philippines Healthcare Diplomacy</p> <p>Description:</p> <ul style="list-style-type: none"> • This is an online campaign that will feature 4 key topics learned in JENESYS • Nursing robots in Japan • Benefits and Procedure to be a Japan nurse • Japan tea ceremony 	<p>ONLINE ADVOCACY CAMPAIGN</p> <p>Description:</p> <ul style="list-style-type: none"> • This is an online campaign that will feature 4 key topics learned in JENESYS • Nursing robots in Japan • Benefits and Procedure to be a Japan nurse • Japan tea ceremony • Beauty of Hokkaido City <p>Duration:</p> <ul style="list-style-type: none"> • 2-3 weeks for preparation (research, designing of graphics, writing of captions) • 1 month for posting (1-2 per week) <p>Target audience:</p> <ul style="list-style-type: none"> • 15-40 years old and • Filipino with interest in Japanese culture and would like to visit Japan one day 	<p>The objectives of bridging the gap strengthening Japan and Philippines Healthcare Diplomacy include:</p> <ul style="list-style-type: none"> • Raising awareness about the current state of healthcare in both countries and the need for collaboration and cooperation. • Advocating for improvements in specific areas of healthcare, such as access to medical facilities, quality of care, and technology. • Encouraging the sharing of best practices and knowledge between healthcare professionals in both countries. • Promoting the development of partnerships and collaborations between healthcare organizations and institutions in Japan and the Philippines. • Encouraging mutual aid and support for healthcare-related events and initiatives that promote cooperation between Japan and the Philippines. • Encouraging internships and exchange programs in both countries to promote healthcare cooperation in their respective countries. • Raising public awareness of the benefits of stronger healthcare diplomacy between Japan and the Philippines.

• Beauty of Hokkaido City

Duration:

2-3 weeks for preparation (research, designing of graphics, writing of captions), 1month for publishing (1-2 per week)

Target audience:

15-40 years old; and,

Filipinos with interest in Japanese culture and would like to visit Japan one day

Objectives:

The objectives of Bridging the Gap: Strengthening Japan and Philippine Healthcare Diplomacy include:

1.Raising awareness about the current state of healthcare in both countries and the need for cooperation and collaboration.

2.Advocating for improvements in specific areas of healthcare, such as access to medical services, quality of care, and technology.

3.Encouraging the sharing of the best practices and knowledge between healthcare professionals in both countries.

4. Encouraging the development of partnerships and collaborations between healthcare organizations and institutions in Japan and the Philippines.

5. Generating interest and support for healthcare- related events and initiatives that promote cooperation between Japan and the Philippines.

6. Encouraging policymakers and decision- makers in both countries to prioritize healthcare cooperation in their respective countries.

7. Raising public awareness of the benefits of stronger healthcare diplomacy between Japan and the Philippines.

Philippine Online Exchange (Healthcare) (2)

Topics for discussion 	Dissemination on social media 	Group Action Plan  <p>What? To potentially discuss the following topic: Nursing Care Services for the Elderly in the Philippines: Context and its Current State</p> <p>Why? Below is the projected objective of the action plan: To discuss the current set-up of nursing care services for the elderly in the Philippines</p> <p>Who? The target audience for the action plan would be anyone line with the medical field (e.g. students, professional, working professionals)</p> <p>How? It will be held virtually through a webinar and a speaker who has expertise to nursing</p> <p>When? Temporarily on a weekend (date) at 1:00pm. To be confirmed once finalized with the medical speaker.</p>
---------------------------------------------------------------------------------------------------------------------	-----------------------------------------------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

“An introduction to Nursing Care in the Philippines”

What?: To potentially discuss the following topic: Nursing Care Services for the Elderly in the Philippines: Context and its Current State

Why?: Below is the projected objective of the action plan:

To discuss the current set-up of nursing care services for the elderly in the Philippines

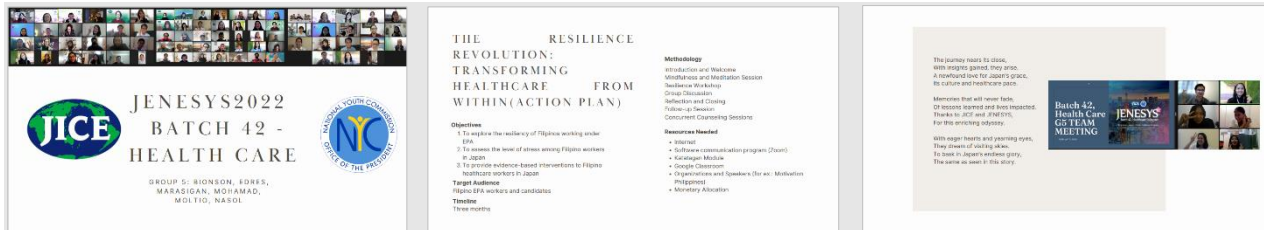
Who?: The target audience for the action plan would be anyone line with the medical field (e.g. students, professional, working professionals)

How?: It will be held virtually through a webinar and a speaker who has expertise to nursing

care field will be invited as a speaker.

When?: Tentatively on a weekend (Saturday) at 1-2:30 pm. To be confirmed once finalized with an invited speaker.

Philippine Online Exchange (Social Healthcare) (3)



THE RESILIENCE REVOLUTION: TRANSFORMING HEALTHCARE FROM WITHIN (ACTION PLAN)

Objectives

1. To explore the resiliency of Filipinos working under EPA
2. To assess the level of stress among Filipino workers in Japan
3. To provide evidence-based interventions to Filipino healthcare workers in Japan

Target Audience:

Filipino EPA workers and candidates

Timeline:

Three months

Methodology:

Introduction and Welcome

Mindfulness and Meditation Session

Resilience Workshop

Group Discussion

Reflection and Closing

Follow-up Session

Concurrent Counseling Sessions

Resources Needed:

Internet

Software communication program (Zoom)

Katatagan Module

Google Classroom

Organizations and Speakers (forex.: Motivation Philippines)

Monetary Allocation

Implementation agency: Japan International Cooperation Center (JICE)