

Commemorating the 50th Year of ASEAN-Japan Friendship and Cooperation JENESYS ASEAN-Japan Golden Friendship Exchange Program Report (Online Invitation Program)

1. Program Overview

【Overview and Objectives】

This program commemorates the 50th Year of ASEAN-Japan Friendship and Cooperation and aims to further develop and promote ASEAN-Japan relations and friendship by bringing together high school students and undergraduate students from the ASEAN region and Japan, such as future leaders, to participate in and experience culture together, in the hope that the catchphrase for this commemorative project, "Golden Friendship, Golden Opportunities^(note) " will become a reality.

The youths and students participated in the program from August 8 to 17 (8 days in total), learning about ASEAN-Japan relations, the UN and Japan's role in the UN, and the ocean link between Japan and ASEAN as sub-themes, and exchanged opinions with local residents through a visit to Okinawa Prefecture and learned of their culture. They also experienced live tours of various areas of Japan by former Japanese participants of the JENESYS-ASEAN Outbound Program. Participants shared what they learned from the program with many people on social media, and presented their action plans for future friendship and cooperation.

(note) Meaning of the official catchphrase of the 50th Year of ASEAN-Japan Friendship and Cooperation Project: ASEAN and Japan have forged strong bonds of friendship over the last 50 years with productive and cooperative relations, and with signs of economic recovery from the pandemic, the catchphrase reflects the hope that the next 50 years will be full of Golden Opportunities for ASEAN and Japan's Friendship to be Golden again.

【Participants】 200 high school students, undergraduate students, and others from 9 ASEAN Member STATES (AMS), and Timor-Leste

(Breakdown) Brunei: 18, Cambodia: 29, Indonesia: 23, Lao PDR: 18, Malaysia: 21, Myanmar: 23, the Philippines: 13, Thailand: 12, Viet Nam: 15 and Timor-Leste: 28

【Locations】 Tokyo, Okinawa, Hokkaido, Gifu, Kochi

【Schedule】

Tuesday, August 8 【Webinar and Q&A Session】 “50 years of ASEAN-Japan relationships”
Lecturer : Mr. YAZAWA Hideki, Principal Deputy Director, Regional Policy Division, Asian and Oceanian Affairs Bureau,
Ministry of Foreign Affairs of Japan (MOFA)







- 【Orientation】 , 【Workshop】 Self-introductions by the participants**
- Wednesday, August 9 **【Webinar and Q&A Session】 “Japan and the United Nations”**
 Lecturer : Mr. KANETO Kentaro, Principal Deputy Director, United Nations Policy Division, Foreign Policy Bureau, Ministry of Foreign Affairs of Japan (MOFA)
【Cultural Experience】 Japanese Lesson by Japan International Cooperation Center (JICE)
 Lecturer 1: Ms. ASAMI Keiko, Expert of Japanese Language Education, Japanese Language Education Division, Intercultural Integration Department
 Lecturer 2: Ms. KOJIMA Chika, Chief Japanese Language Instructor, Japanese Language Education Division, Intercultural Integration Department,
【Workshop】 Exchange of opinions between the participants
- Thursday, August 10 **【Visit and Exchange of Opinions】**
 Mr. IKEDA Naofumi, Principal Officer, Okinawa Liaison Office, Ministry of Foreign Affairs of Japan (MOFA)
【Students Exchange】 Eisa Group "Ryukyu Kajimaya", Okinawa International University
【Workshop】 Dialogue between the participants
- Friday, August 11 **【Cultural Experience】 "ONLINE JAPAN TOUR"**
 Guides: 5 Japanese alumni who visited to AMS under JENESY2022 outbound program.
 (Contents)
 1) Hokkaido Tour (City Sightseeing in Hakodate City, Otaru City and Sapporo City, Hokkaido Gourmet, Night View from Mt. Hakodate)
 2) Gifu Tour (Tour of the history and culture of Gifu and Mino, Itadori River, Nagara River, and Gero Hot Springs)
 3) Kochi Tour [Kochi Gourmet, Nature such as Niko-Buchi (a blue stream pool located in Kiyomizu kamibun, Ino Town, Agawa Gun, selected as one of the top eighty-eight scenic spots of Shikoku)]
【Workshop】 Dialogue between the participants
- Saturday, August 12 **【Cultural Experience】 Okinawa Karate and Cuisine**
【Virtual Tour】 Yuntanza Museum (Zakimi Castle Ruins, World Heritage Site)
【Home Visit】 Yomitan Village (10 households)
【Workshop】 Participants Exchange
- Tuesday, August 15 **【Lecture, Observation, Q&A Session】 Zanpa Beach and Ino (reef lagoon)**
"About Coral Ecosystems and Marine Environmental Conservation"
 Lecturer: Mr. HOSHIHARA Takayasu, Natural Blue Co., Ltd.
【Workshop】 Participants sharing findings from the program

Wednesday, August 16 【Workshop】 Preparations for the Reporting Session (summarizing the program results, creating action plans for after returning home)
 Thursday, August 17 【Reporting Session】 Presentation of program findings and action plans

2. Program Photos

Online Exchange Program

	
<p>August 8 【Lecture by MOFA】 “ASEAN-Japan relationships”</p>	<p>August 8 【Orientation】 【Workshop】 Self-introductions by the participants</p>
	
<p>August 9 【Lecture by MOFA】 “Japan and the United Nations”</p>	<p>August 9 【Cultural Experience】 Japanese Lesson</p>
	
<p>August 10 【Exchange of Opinions】 Ministry of Foreign Affairs (MOFA) Okinawa Liaison Office</p>	<p>August 10 【Students Exchange】 "Ryukyu Kajimaya" Eisa performance</p>
	
<p>August 11 【Cultural Experience】 Japan Tour by Japanese ex-JENESYS program participants (straw-grilling bonito in Kochi)</p>	<p>August 12 【Cultural Experience】 Okinawan Karate (Yomitan Village)</p>

	
<p>August 12 【Cultural Experience】 Okinawan Cuisine (Yomitan Village)</p>	<p>August 12 【Observation】 Yuntanza Museum</p>
	
<p>August 12 【Home Visit】 AMS participants and Japanese hosts dancing kachashi^(note) together (note) Kachashi: dance that goes with Okinawan folk songs</p>	<p>August 15 【Lecture, Observation, Exchange of Opinions】 "Current Situation and Challenges facing Coral Ecosystems and Marine Environmental Conservation"</p>
	
<p>August 17 【Reporting Session】 Presentation of program findings and action plans</p>	<p>August 17 【Reporting Session】 Group photo</p>

3. Voices from Participants (excerpt)

◆ High School Student (Brunei)

I really like all of the activities .What attracted me is when we were all in the home visit part because I was really amazed by the way Japanese cook Goya (bitter melon) as in Brunei we cook differently. Other than that, I love the performance (Eisa Dance). I wish to see them physically and practice with them. Furthermore, I also love when I saw the students eat various food. In Brunei, it is impossible to eat animal that are still alive and uncooked. Lastly, I would love to try diving even though I don't know how to swim and I hate animals but after seeing the video, it changed my mind and I feel it is a need to see the creatures and the animals.

◆ Undergraduate Student (Cambodia)

My impression is on Japanese culture like learning new Japanese phrases and words. I am very passionate about Japan because of its amazing culture and of course anime. Having gained to learn about Japan society is my favorite and my great honor. During the online tour to the museum, traditional music, Karate and the role of United Nations are all my favorite. A tour in Hokkaido and

Okinawa are the best part that I have set my plan in life now that I must go to Hokkaido at least once in this life.

◆ Undergraduate Student (Myanmar)

I am impressed by several aspects of Japan provided during the program. The thing that impressed me is that how Japanese rich culture and traditions from many years ago still survive and appreciated by Japanese people and people from around the world, at the same time technologies are being advanced in the country.

4. Voices from the Receiving Parties (excerpt)

◆ Cooperating Organization

I'm sure that when countries in Southeast Asia think of Japan, they have strong impressions of Tokyo, the cutting-edge city, Kyoto, the atmospheric ancient capital, and Hokkaido, the snow-covered prefecture. Therefore, through this program in Yomitan Village, Okinawa, we aimed to give the participants a sense and understanding that Japan has not only the large and well-known cities, but also unique local cultures and foods similar to those of countries in the ASEAN region. The best way to do this would have been to have the participants come in person, but since we were still in the midst of COVID-19, the program was conducted online. However, even though we could not be in direct contact, we felt there was still a chance that we could understand each other. Through the LIVE broadcast from each of the households during the home visits, our organization was also able to reconnect with the community. I think it would be wonderful if we could continue to have programs where words are not necessary, such as programs where we can perform traditional arts like Eisa with each other, or play music from other countries with instruments like the sanshin.

5. Disseminations by the Participants (excerpt), Articles, etc.



โซระขออนุญาตใช้พื้นที่ตรงนี้ในการประชาสัมพันธ์เกี่ยวกับความรู้สึกที่ได้เข้าร่วมอบรมในโครงการ Jenesys Japan and ASEAN relationship วันที่ 2 นะคะ

Translation I will use this space to publicize my feeling of participating in the Jenesys Japan and ASEAN relationship training program today

2nd day was finished!!
It's been another day that I have more knowledge such as "what is principal organs of the united nation" and "what is security council", have to thank you mr. Kaneto Kentaro for a lot of information today!

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#JENESYS_ASEAN #JENESYS



<p>August 9, 2023 (Facebook)</p> <p>High School Student (Thailand)</p> <p>Jenesys Japan and ASEAN relationship training program.</p> <p>2nd day was finished!! (Japan and the United Nations): It's been another day that I have more knowledge such as "what is principal organs of the united nation" and "what is security council". I have to thank Mr. Kaneto Kentaro for a lot of information today!</p>	<p>August 11, 2023 (Instagram)</p> <p>High School Student (Myanmar)</p> <p>Day 4: The lesson gives me an opportunity to revise my Japanese language skills that I've learnt for 4 years in secondary school. Each sentence in Japanese word that is in the group of verb needs to add "MASU" and "DESU" as words that links subjects and predicates. I also learnt on how to do greetings in Japanese, such as "OHAYO GOZAIMAU" (Good morning), "KONNICHIIWA" (Hello or good afternoon) and "KONBANWA" (Good evening, specifically for night time). Common phrases in Japanese such as "MATA ASHITA" (See you tomorrow), "SAYONARA" (Goodbye), "DOZO YOROSHIKU ONEGAI SHIMASU" (pleased to meet you). Thanks for the professors sharing the basic knowledge of Japanese language.</p>
	
<p>August 16, 2023 (Instagram)</p> <p>High School Student (Cambodia)</p> <p>I learned a lot throughout the six days of the JENESYS ASEAN-Japan Golden Friendship exchange. Since the first day, the lecture on the ASEAN-Japan connection has given me a lot to think about, including what friendship looks like and how significant it is to ASEAN-Japan relations. And on the second day, in addition to</p>	<p>August 24, 2023 (Facebook)</p> <p>Charamura Yomitan (Organization that conducts community development projects and exchange projects through home / farm stay programs)</p> <p>On August 9 and 12, I participated in an online Japan-ASEAN Youth Exchange Program called the "JENESYS 2023: ASEAN-Japan Golden Friendship Exchange."</p> <p>High school and undergraduate students from</p>

<p>learning a lot of Japanese from the classes in the language, I also learnt a lot from the United Nations lecture. I can see what the UN is like and what it was designed for. The EISA dance, a traditional Japanese dance, is performed on the third day. That was really cultural. The dance was stunning and incredible, and I loved seeing it. The same day, I also discovered that JENESYS had a large number of Programs in Okinawa greatly motivates me to pursue my academic goals and realize my future goals. Day 4 was incredible! I was able to view the Japan internet tour, which gave me the impression that I was there in person. I appreciate the effort they put forward. On Day 5 of the exchange program, we saw and learned about a ton of interesting and amazing things. The Okinawa culinary lesson, home visit, and contact with the host family were among the things we learned about. A visit to the Yuntanza Museum is also included. Watching and learning about it was so much fun! Day 6 was such a great exchange day; I loved the virtual tour of Okinawa and the water creatures she displayed. And additionally, the talk on "coral ecosystems" was absolutely fascinating! We learn a great deal about corals. But we also learn that there're lots of plastics around the ocean, so save the corals! And the other animals from the ocean!</p>	<p>ASEAN Member States and Timor-Leste interacted with Yomitan residents via Zoom over the screen, where the residents shared information about Okinawa's cuisine, lifestyle, dialect, sanshin, and bingata culture. Although the exchange took place over a screen, the students from each country were very engaged in the event and asked many questions and made many comments throughout the session. The Cambodian high school students seemed to be impressed by the discussions they had with the families and learned about the relationship between the two countries.</p> <p>Interacting with people from different cultures and languages leads to the discovery of similarities and understanding of differences. We are pleased that university students and working youths cooperated with Churamura Yomitan as supporters, expanding the circle of friendship (not only overseas, but also within Japan).</p> <p>I am filled with gratitude to everyone who contributed to the implementation of this international exchange and to the private households (Japanese families) that received the participants. I hope to be part of this program again in the future.</p>
	<p>August 29, 2023 Yogyakarta State University, Online School Paper Article: The article introduces the JENESYS Project promoted by the Japanese government and that undergraduate students in the Faculty of Mathematics and Natural Sciences participated in the program.</p>

6. Results and Action Plans Presented at the Reporting Session

All 20 groups gave presentations (Locations: Tokyo, Okinawa, Hokkaido, Gifu, Kochi)

  	  
<p>【What we Learned】 On the occasion of the 50th anniversary of ASEAN-Japan relations, we reflected on the relationship between Japan and ASEAN. There were also many opportunities to experience the Japanese language and culture, and to make new discoveries about the charms of Japan's regions.</p> <p>【Action Plan】 We launched a blog called "Food review series (Note: Japanese food introduction website)" and will be regularly updating and publishing information from this month until the end of October. The blog will focus on cuisine and food culture, posting information on dishes and their history, origin, ingredients, popularity, frequency that they are prepared, and where to buy them.</p>	<p>【What we Learned】 Among the various programs there were, the rich nature, eisa, karate, coral ecosystem, and the marine plastic issues in Okinawa left the deepest impressions on us. As ASEAN and Japan share common challenges, we realized once again the importance of cooperative efforts.</p> <p>【Action Plan】 We would like to gradually expand our activities by inviting volunteers to participate in the Garbage Recycle Campaign "Green Cycle" at high schools and universities in AMS for nine months from September to May next year. The objective is to preserve nature and protect living creatures such as turtles, corals, and fish. Specifically, we will collect trash, sort plastic waste, and sell recycled resources, and use the proceeds to fund the organization.</p>

  	   
<p>【What we Learned】 We learned about Japan's long-standing contributions to the international community and AMS, as well as the food culture and traditions of Japan, especially that of Okinawa. We also learned about the very high level of environmental awareness in Japan.</p> <p>We were moved by the strong respect Japanese people have for their ancestors, and we found it interesting that seasonal events based on traditions are held in many parts of Japan.</p> <p>【Action Plan】 In November, we will conduct a webinar on Shinto and Japanese festivals for students and others interested in Japan to disseminate information about what we learned from the program. We would like to make this an interactive program by inviting Japanese friends as guest speakers and incorporating quizzes and other activities.</p>	<p>【What we Learned】 We learned that Japan's oceans are a rich environment inhabited by a wide variety of organisms, with various forms of corals that support other organisms. We also learned that coral bleaching and microplastics are serious issues in Japan.</p> <p>【Action Plan】 We believe that we need all the help we can get from youths to address issues related to the marine environment, so we are launching an organization to promote marine environmental conservation activities, such as educational activities and practical training in conservation activities in coastal areas, with young group members aged 18 to 30 living in Japan and ASEAN Member States. We also plan to invite local environmental groups, government organizations, and educational institutions to participate in the project.</p>

Implementation Agency: Japan International Cooperation Center (JICE)