



“Juntos!!

Japan-Latin America and the Caribbean Exchange Program”

SDGs in the Post COVID-19 Era

(Target countries/regions: Japan, the Latin America and the Caribbean countries)

1. Online exchange program overview

Juntos!! Japan-Latin America and the Caribbean Exchange program is a program to promote understanding of Japan by Ministry of Foreign Affairs of Japan. The theme for this year is “SDGs in the Post COVID-19 Era” and lectures by a variety of domestic experts and interactions among participants were held online in March 2022. The target participants are university students and working adults from Japan, Latin America and Caribbean country. They disseminated their learning and experience on SNS after each program.

[Objective]

Juntos!! Japan-Latin America and the Caribbean Exchange program is a program promoted by the Japanese government (Ministry of Foreign Affairs) to invite and dispatch human resources who will be leaders between Japan and Latin American countries in future.

The program aims to promote understanding of Japanese politics, economy, society, culture, history, and diplomatic policy through personal exchange, as well as to discover pro-Japanese and pro-Japanese intellectuals. The program also aims to improve the image of Japan in the international community, to promote continuous interest in Japan, to enhance understanding of Japan in the Latin American region, and to develop Japan-Latin America relations based on deep mutual understanding by actively disseminating information on Japan's diplomatic stance, attractiveness, etc. by the participants.

[Eligible Participants]

102 Latin American and Japanese undergraduate, graduate students and working adults
(96 from Latin America, 6 from Japan)

[Schedule]

Date	Contents	Participants' questions and reactions
1st March 9th Wed.	[Orientation]	The aims and objectives of the program were shared among the participants. Participants mentioned expectations for later programs.
2nd March 11th Fri.	[Keynote Speech] Ministry of Foreign Affairs of Japan: "SDGs in the Post COVID-19 Era" Lecturer: Mr. Atsushi Morita Deputy Director, Global Issues Cooperation Division, International Cooperation Bureau 1) Lecture 2) Q&A	Participants were proactive, asking questions about Japan's approach to the SDGs. Participants deepened their understanding of Japan's policies.
3rd March 11th Fri.	[Exchange Events for the Participants] 1) Orientation, Ice Break 2) Group Work: Exchange opinion about "Covid-19 in your country" and preparation for the whole group presentation 3) Whole group presentation 4) Overall comments	Participants compared the life before the pandemic with after the pandemic and discussed how the pandemic impact to our circumstances including environment, people, and the economy.
4th March 15th Tue.	[Theme-related Lecture] Theme: "Communities of Nikkei" Lecturer: Mr. Satoshi Yoshida, Director General, Latin America and Caribbean Department, JICA 1) Lecture 2) Q&A [Theme-related Lecture] "Nikkei Community current situation under Covid-19 pandemic" Lecturer : Ms. Fernanda Cobucci, Beneficência Nipo-Brasileira de São Paulo Mr. Leandro Ryuichi Iwamoto, Presidente Gestão 2022 Junior Chamber International Brasil-Japão 1) Lecture	There were various questions after the lecture. Some of the questions were related to Japan's approach to international cooperation, partnership between Japan and Nikkei Community in the world under Covid-19 pandemic, and effective impact of Japanese culture to deal with Covid-19.

	2) Q&A	
5th March 15th Tue.	<p>[Theme-related Lecture] “Citrus Ribbon Project” Chobitto 19+</p> <p>-Coexistence and Symbiosis-</p> <p>Lecturer: : Ms. Tomoka Kai, Associate Professor, Matsuyama University</p> <p>1) Lecture</p> <p>2) Q&A</p>	Participants’ questions were about what is important to spread the spirit of coexistence and symbiosis in a society where many people are dissatisfied with their jobs and the impact of covid-19, and why such activities have spread in Japan.
6th March 16th Wed.	<p>Participants from Latin-American countries:</p> <p>Japanese Farm-Stay Experience at Asakura City, Fukushima Prefecture</p> <p>1) Virtual Farm-Stay experience</p> <p>2) Introduction of Asakura City</p>	Participants were interested in the life at Asakura City and they said they want to visit the city someday.
	<p>Participants from Japan:</p> <p>Home-stay Experience in Peru</p> <p>1) Interaction with local people of Nikkei Community</p> <p>2) Virtual Home-stay experience</p> <p>3) Virtual visit to historical and cultural facilities</p>	<p>Questions were raised about clothing, meals, and natural disasters.</p> <p>They exchanged opinions about lifestyle difference between Japan and Peru.</p>
7th March 17th Thu.	<p>[Theme-related Lecture] The World's First Hydrogen Hotel – Efforts toward a decarbonized Society</p> <p>Lecturer: : Mr. Tasuo Kurosaki, Sales Manager, Kawasaki King Skyfront Tokyu REI Hotel</p> <p>1) Lecture</p> <p>2) Q&A</p>	Questions were raised about the challenges and innovations for expanding and continuing the initiative, and about the possibility of demonstrating it in a foreign country. There was also interest in the government subsidy program.
8th March 18th Fri.	<p>[Japanese Culture Experience] Experience of Japanese Festival “Bon Dance”</p> <p>1) Lecture “Overview and history background of Bon Dance”</p> <p>2) Dancing experience</p> <p>3) Q&A</p>	Participants were interested in manners of Bon Dance and Yukata. They enjoyed bon dancing with music.

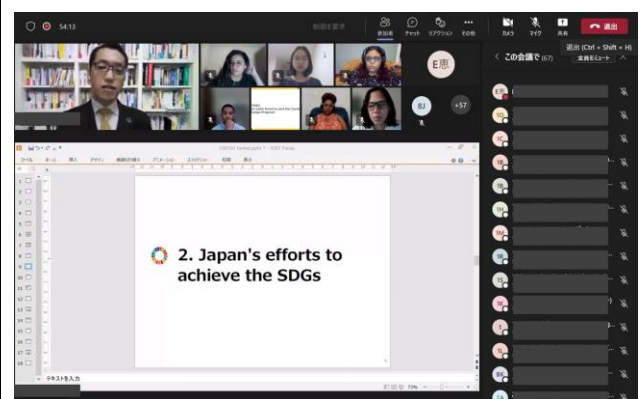
	<p>[Japanese Culture Experience] Experience of Japanese Radio Calisthenics</p> <p>1) Lecture "Overview of Radio Calisthenics and its role under Covid-19 situation"</p> <p>2) Gymnastic exercises</p> <p>3) Q&A</p>	<p>A question was how to improve the effectiveness of Radio Calisthenics. Participants were highly impressed with the ability to get a full-body workout with simple movements.</p>
<p>9th March 18th Fri.</p>	<p>[Theme-related Lecture] The Great East Japan Earthquake --My experience--</p>	<p>Participants expressed their expectations that cooperation between the two regions will be further deepened through disaster prevention activities.</p>
<p>10th March 22nd Tue.</p>	<p>[Exchange events for the participants] Consensus Building Game with Disaster Prevention Learning</p> <p>1) Opening</p> <p>2) Individual Work</p> <p>3) Group Work</p> <p>4) Commentary, Awards and Feedback</p>	<p>Whether or not earthquakes and tsunamis were close at hand, participants were keenly interested in disaster preparedness and what people do when disaster strikes.</p>
<p>11th March 23rd Wed.</p>	<p>[Theme-related Lecture] Ogasawara Islands "Ecotourism"</p> <p>Lecturer: Mr. Tohru Kashiwagi, Ogasawara Village Office</p> <p>1) Lecture</p> <p>2) Q&A</p>	<p>Questions were raised about how to communicate cooperation in environmental conservation to tourists and about the trends of foreign visitors to Ogasawara. Stimulated by the discovery of a new aspect of Japan, the participants became more eager to visit Japan.</p>
	<p>[Theme-related Lecture] Hiroshima "Peace Park Tour"</p> <p>1) Orientation</p> <p>2) Hiroshima Virtual Experience</p> <p>3) Word cloud</p> <p>4) Summary</p>	<p>Participants were inspired by lecture from the A-bomb survivor. They learnt and thought together what Hiroshima experienced and how they apply the learnings to their future lives.</p>
<p>12th March 24th Thu.</p>	<p>[Theme-related Lecture] "Overseas Development of Japanese Companies in the School Health Field: Efforts to</p>	<p>Questions were raised about perspective of circular economy and environment conservation</p>

	<p>Improve Global Sanitation & Hygiene” and “New Initiatives during the Covid-19 pandemic”. Lecturer: Mr. Yuuki Kobayashi, Development Manager, SATO Business Division Southeast Asia & Bangladesh, LIXIL Corporation</p> <p>1) Lecture 2) Q&A</p>	<p>as well as future business prospects. Improvement of sanitation and hygiene is an issue for everyday life for Latin Americans and participants had a special interest in the topic.</p>
<p>13th March 25th Fri.</p>	<p>[Japanese Culture Experience] Zazen Lecturer: Rev. Daiko Matsuyama, Deputy Head Priest, Taizo-in, Myoshinji Zen Buddhist Temple</p> <p>1) Explanation of Zazen (religious meditation) 2) Buddhist talk, sutra reading and zazen experience 3) Myoshinji Taizoin temple virtual visit tour 4) Q&A</p>	<p>Participants asked how to make dry landscape garden and religious outlook in Japan. The lecture helped to promote the understanding of Japan and inspired participants willingness to visit Japan.</p>
<p>14th March 25th Fri.</p>	<p>[Theme-related Lecture] Building and development of ICT system and Digital Terrestrial system in Latin America Lecturer: : Mr. Cristiano Blandez, Head of Innovations, NEC Latin America S.A.</p> <p>1) Lecture 2) Q&A</p>	<p>Questions were raised about corporate SDGs activity and digital innovation. Introduction of Japanese company’s proactive approach in Latin America was a good opportunity to think about collaboration between two regions.</p>
<p>15th March 29th Tue.</p>	<p>Reporting session</p> <p>1) Individual Work 2) Brainstorming by whole team 3) Whole presentation 4) Summary by the implementing organizer</p>	<p>Participants exchanged opinions on programs that led to understanding of Japan and programs that impressed with the SDGs initiatives. It was an opportunity to reflect on the whole program and to share plans for future activities that utilize the experience and knowledge they gained.</p>

2. Photo Record



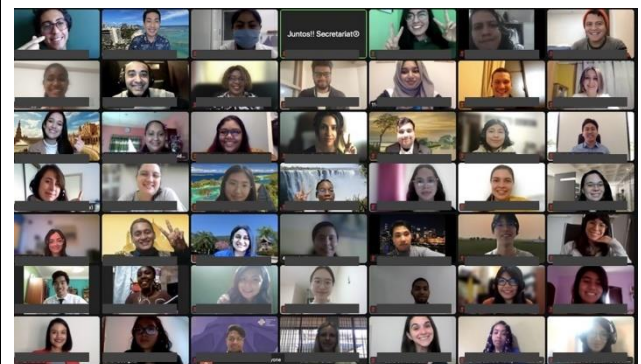
March 11th, 2022
[Keynote Speech] MOFA



March 11th, 2022
[Keynote Speech] MOFA



March 11th, 2022
[Exchange Events for the Participants]



March 11th, 2022
[Exchange Events for the Participants]



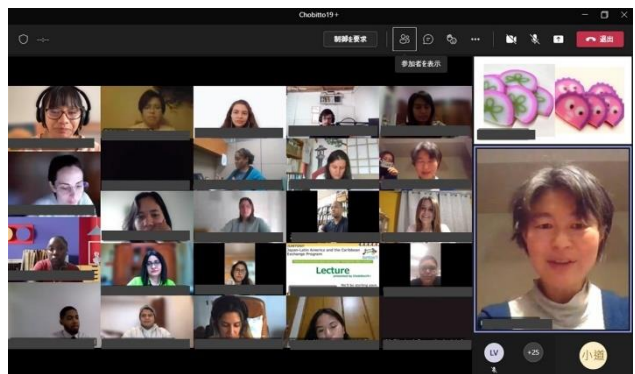
March 15th, 2022
[Theme-related Lecture]
Japan International Cooperation Agency (JICA)



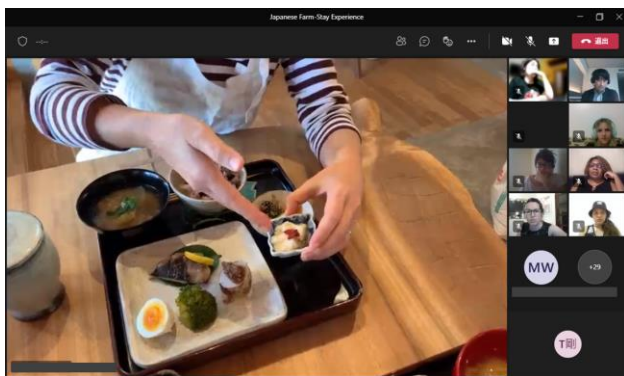
March 15th, 2022
[Theme-related Lecture]
Japan International Cooperation Agency (JICA)



March 15th, 2022
[Theme-related Lecture] Chobitto 19+



March 15th, 2022
[Theme-related Lecture] Chobitto 19+



March 16th, 2022
Virtual Farm Stay (Asakura city, Fukushima)



March 16th, 2022
Virtual Farm Stay (Asakura city, Fukushima)



March 16th, 2022
Virtual Home Stay Experience (Peru)



March 16th, 2022
Virtual Home Stay Experience (Peru)



March 17th, 2022

[Theme-related Lecture]

Kawasaki King Skyfront Tokyu REI Hotel



March 17th, 2022

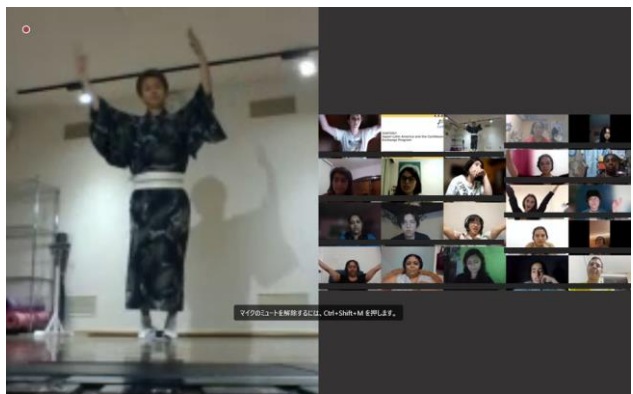
[Theme-related Lecture]

Kawasaki King Skyfront Tokyu REI Hotel



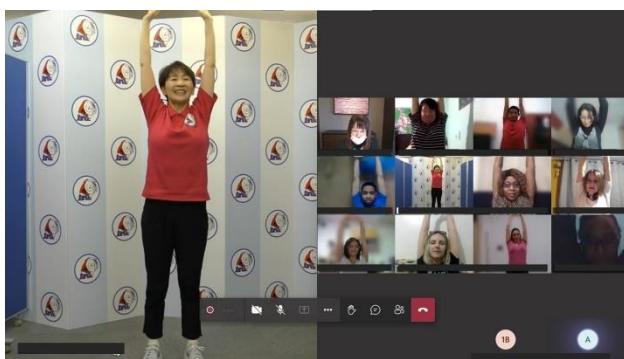
March 18th, 2022

[Japanese Culture Experience] Bon Dance



March 18th, 2022

[Japanese Culture Experience] Bon Dance



March 18th, 2022

[Japanese Culture Experience]

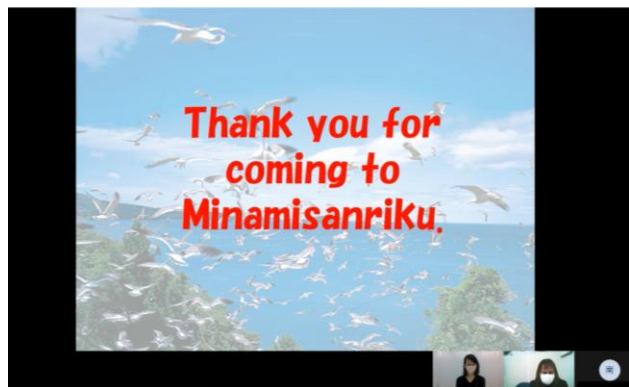
Radio Calisthenics



March 18th, 2022

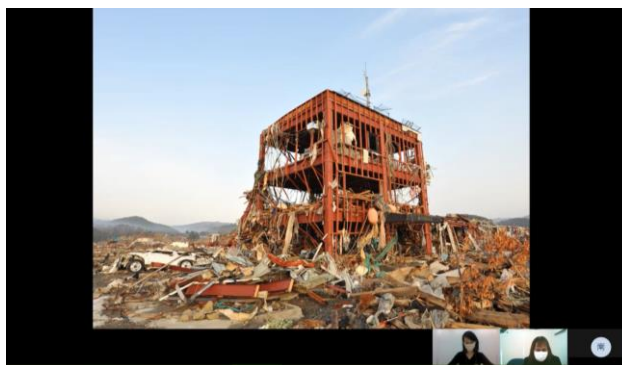
[Japanese Culture Experience]

Radio Calisthenics



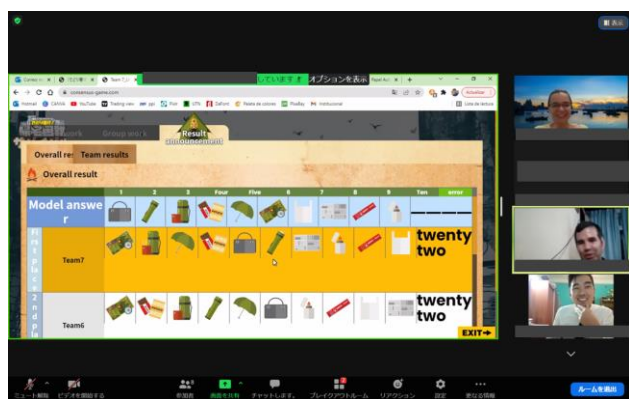
March 18th, 2022

[Theme-related Lecture] The Great East Japan Earthquake - My Experience -



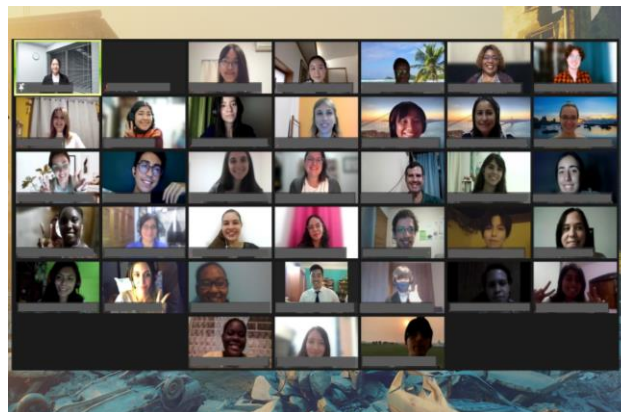
March 18th, 2022

[Theme-related Lecture] The Great East Japan Earthquake - My Experience -



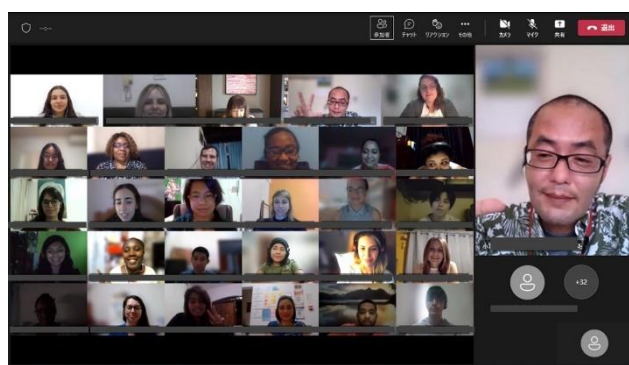
March 22nd, 2022

[Exchange events for the participants]



March 22nd, 2022

[Exchange events for the participants]



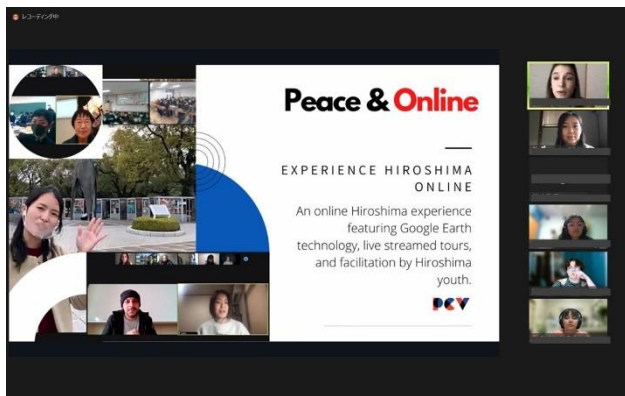
March 23rd, 2022

[Theme-related Lecture]
Ogasawara Islands and Ecotourism



March 23rd, 2022

[Theme-related Lecture]
Ogasawara Islands and Ecotourism



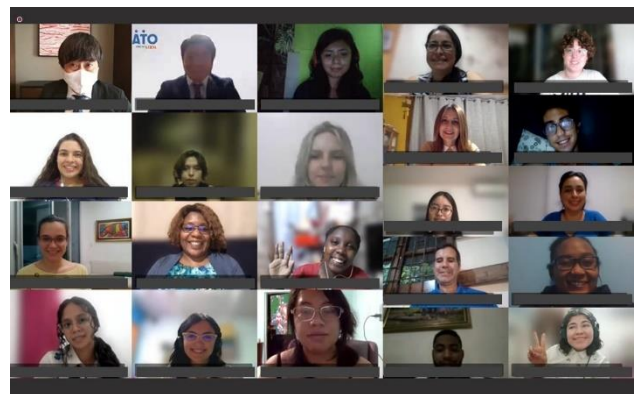
March 23rd, 2022
[Theme-related Lecture]
Hiroshima Peace Park Tour



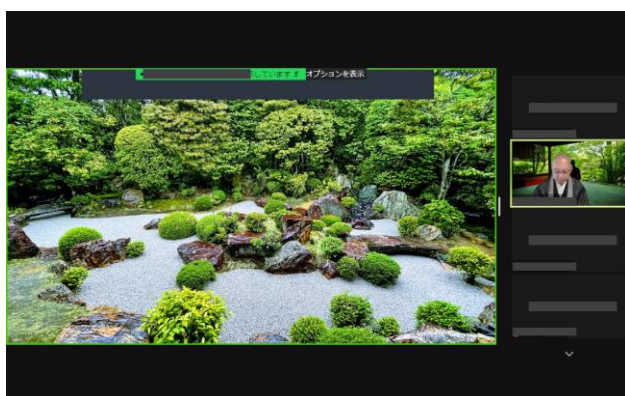
March 23rd, 2022
[Theme-related Lecture]
Hiroshima Peace Park Tour



March 24th, 2022
[Theme-related Lecture] LIXIL Corporation



March 24th, 2022
[Theme-related Lecture] LIXIL Corporation



March 25th, 2022
[Japanese Culture Experience] Zazen

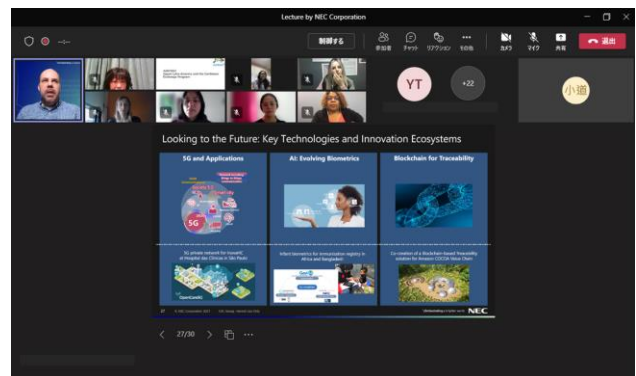


March 25th, 2022
[Japanese Culture Experience] Zazen



March 25th, 2022

[Theme-related Lecture] NEC Latin America



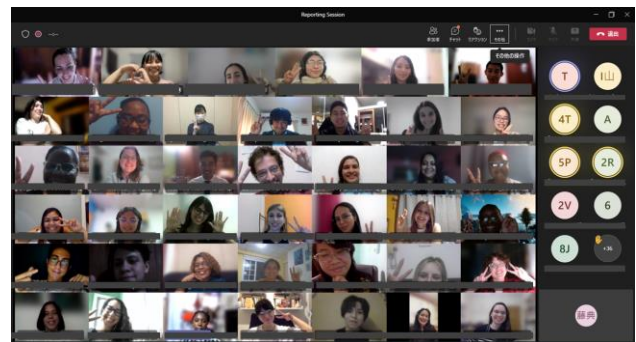
March 25th, 2022

[Theme-related Lecture] NEC Latin America



March 29th, 2022

[Reporting Session]



March 29th, 2022

[Reporting Session]

3. Feedback from participants (excerpt)

◆ **Argentina, Working Adult**

The program has provided me with insightful information. I'll apply the principles of Zazen to my daily life and the sustainability methods shown to my current job. I was surprised by the movements in Japan against discrimination. A similarity between Japanese and Argentinean companies is how many are trying to achieve SDGs; and in rural tourism, there are places here that are fomenting it too.

◆ **Venezuela, Working Adult**

The program itself was a perfect opportunity to connect and learn with Japan as a country and think about ways of applying the Japanese mindset for things in our country.

◆ **Brazil, Undergraduate Student**

The information provided by MOFA and JICA was really helpful to have a holistic understanding of Japan's foreign policy and its strategies in relation to the SDG themes. Some of these policies could be implemented by Japan in Latin American countries, especially those related to digitization and disaster relief measures.

◆ **Trinidad and Tobago, Working Adult**

Consensus building was very impressive and I hope to implement more of it in my country. The attitudes of caring for one another are truly commendable and I hope that we can learn from this.

◆ **Barbados, Working Adult**

I believe we in Barbados can learn a lot from Japan. Areas such as Disaster Awareness we can adapt better measures during our Hurricane season, Japan also has an excellent plan regarding SDGs and I would like to work alongside them to possibly integrate some of these into Barbados. Juntos was a wonderful program which greatly widened my scope and dream of one day working in Japan. Thank you very much for everything!

◆ **Brazil, Working Adult**

I worked in Japan as a volunteer, during this period, I met many wonderful people, and after returning home, I lost contact with many of them. I felt inspired to show them my culture, the same way I experienced during Juntos. I desire to help them again, especially the elderly who is always alone and rarely have the opportunity to experience new things. Overall, I just want to say I am really grateful for this initiative, and congratulations for this wonderful idea and program.

◆ **Dominican Republic, Working Adult**

I really enjoyed the program and for sure I will share my experience with others. This year I will be moving to Fukuoka as a MEXT scholarship grantee to start a master's degree. I will start by sharing my experience and making the program known to the candidates of this year's MEXT scholarship in my country.

◆ **Jamaica, Undergraduate student**

Since I am currently doing International Relations, I would love to implement these options to improve states relationships with each other and move them to willingly help one another so that we can all achieve a better home on earth.

◆ **Dominican Republic, Working Adult**

Through the Juntos Program I had the opportunity to learn about Japan's strong mindset of sustainability, innovation, cooperation, inclusion, and nationalism. There are a lot of practices we, Latin and Caribbean countries, should learn from Japan, so I am really glad that I was able to take part on this program and surely be a promoter of Japanese initiatives to meet the SDGs. Thank you so much! Until next time.

◆ **Guatemala, Undergraduate student**

I loved the program. This is my first time participating in such a beautiful program that not only did I learn a lot of Japanese culture but also about their relationship with the entire world.

Thanks to this program, I have become more motivated to continue studying hard to obtain a scholarship to go to Japan and study there. This program motivated me to share with my family and friends about Japanese culture and their relationship between Latin America.

◆ **Honduras, Undergraduate student**

Juntos!! was an exciting experience. Sharing with other participants and learn more about Japan and its fascinating culture, technology and much more, was really enjoyable. I'm deeply thankful for the opportunity.

◆ **Mexico, Undergraduate student**

There were so many valuable experiences I gained from this program, the effort that everyone put into their presentations was amazing. I think we can all learn from the Japanese way of doing things, always giving your best effort and trying to get everyone on board. By hearing everyone's thoughts and actions I feel more motivated to follow their steps and try to do something similar for the ones around me in whatever way I can.

◆ **Paraguay, Undergraduate student**

This program has surpassed my expectations. The presented activities were very interesting, and they showed different aspects of Japan's life. Even though there are big differences from my country's (Paraguay), I was able to find similarities, especially related to people's hospitality and capacity to make us feel welcome. I posted on social media about the program every chance I had as a "thank you" to the secretariat and those who received us.

◆ **Chile, Working adult**

"I am very surprised how the Japanese society is involved in Co-Create together in sustainable development from the homes of its inhabitants, companies, organizations, academia and of course the government taking collective actions to achieve the 17 SDGs. In particular, I want to highlight the "Japan SDG Award" to recognize companies or organizations that are making outstanding efforts to achieve the SDGs." Rosa Caroca 賈洛莎, International Consultant 2030 Agenda and 17 SDGs.

4. Feedback from receiving party (excerpt)

◆ **Host Family of Asakura City**

Lodging online was the new challenge and we learned a lot. We appreciate for giving us this opportunity.

◆ **The Japan International Cooperation Agency (JICA)**

We appreciate for this opportunity to inform the activity of JICA and support for Japanese Community and relationship with Japanese Community.





◆ **Japan Bon Dance Association**

We appreciate for the opportunity to introduce Japanese traditional culture and art, "Bon Dance". Participants are interested in the dance and asked us various questions actively. We are also given the opportunity to reconsider about Japanese unique culture "Bon Dance". More than 1000 kinds of dance style and Bon dance held at everywhere in Japan. We hope you could continue informing Bon dance by Juntos!! or similar program.

◆ **Lixil Corporation**

I thought Juntos!! was the very meaningful program to build up good relationship between Japan and Latin America. It was great if the introduction of my company's activity was useful for the program.

5. Dissemination of participants to the public and press coverage, etc.

 <p>対日理解促進交流プログラム</p>	<h3>財経新聞</h3> <p>トップ 企業・産業 ▼ マーケット ▼ 経済 ▼ 経営・ビジネス ▼ 政治・社会 ▼ IT・サイエンス ▼</p> <p>ホーム / プレスリリース / 告知・募集 / 国・自治体・公共機関 / 株式会社JTB観光事業部</p> <p>令和 3 年度 Juntos!! 中南米対日理解促進交流プログラムにおいて、日本および中南米地域の大学生や社会人等を対象としたオンラインプログラムを実施しました</p> <p>プレスリリース発表元企業：株式会社JTB観光事業部 配信日時：2022-03-31 21:00:00</p> 
<p>March 24th, 2022 (NHK Matsuyama Broadcasting)</p> <p>A lecture about the Citrus Ribbon Project was featured on TV.</p>	<p>March 13th 2022 (Zaikei News Paper)</p> <p>https://www.zaikei.co.jp/releases/1621542/</p> <p>Juntos!! Japan-Latin America and the Caribbean Exchange Program under the theme of “SDGs in the Post Covid-19 Era”, a series of lectures and exchanges among participants held online was introduced.</p>
<p>What a wonderful experience! Today we visited Asakura city and enjoyed a little of green tourism. Thank you to Mr Hayashi and his family for showing us around</p> <p>#JUNTOS2021 #中南米対日理解促進 cc @Jlajuntos crossroadfukuoka.jp/nohaku/</p>  <p>9:48 AM · Mar 16, 2022 · Twitter for Android</p>	 <p>April 1 at 12:22 PM ·</p> <p>Earthquakes are terrible natural disasters that are often accompanied by tsunamis, destruction and even death. On Friday 18th March, 2022 we were fortunate to converse with Ms. Amelia Sasaki who survived a massive 9.0 earthquake (in 2011) in the Miyagi prefecture of Japan. It was a terrifying ordeal for all involved but they were able to pull through and rebuild over time.</p> <p>#juntos2021</p>
<p>March 16th, 2022 (Twitter)</p> <p>What a wonderful experience! Today we visited</p>	<p>April 1st, 2022 (Facebook)</p> <p>Earthquakes are terrible natural disasters that</p>

Asakura city and enjoyed a little of green tourism. Thank you to Mr. Hayashi and his family for showing us around.

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YOUTUBE.COM
Tokyo's hidden islands 小笠原諸島 Bonin Islands
心、島く島。小笠原諸島https://bit.ly/2Cy25ur小笠原村観光局https://www.visitogasawara.com東京...

Today we learned about the Ogasawara/Bonin Islands, one of Japan's hidden treasures. It's about a 24 hour boat ride from Tokyo, and the islands are not accessible by plane. The boat makes a trip once every six days. These islands are beautiful spots for eco-tourism. Watching this video was a bit emotional for me. It's so easy to get caught up in the hustle and bustle of our very urban lives. This serves as reminder for me of the incredible world we live in and how important ... See more

Like Comment Share

Hello! 🇯🇵 🇲🇽
I am so excited to share with you that I was selected to participate in the exchange program "Juntos!! Japan-Latin America and the Caribbean exchange program" to represent Mexico 🇲🇽
The exchange program started on Tuesday and will last the whole month; today I had my first conference given by the Ministry of Foreign Affairs of Japan Director Mr. Atsushi Morita.
I would like you to be able to follow my publications if you are interested in Japan as I will be sharing more information with you as it promotes understanding of Japanese politics, economy, society, culture, history, foreign policy etc. 🇯🇵 🇲🇽
#JUNTOS2021 #4RTOE31C2PNN078 And more...

See original: Save this post



107 12 Comments 1 Share

March 23rd, 2022 (Facebook)
Today we learned about the Ogasawara/Bonin Islands, one of Japan's hidden treasures. It's about a 24-hour boat ride from Tokyo, and the islands are not accessible by plane. The boat makes a trip once every six days. These islands are beautiful spots for eco-tourism. Watching this video was a bit emotional for me. It's so easy to get caught up in the hustle and bustle of our very urban lives. This serves as reminder for me of the incredible world we live in and

March 11th, 2022 (Facebook)
Hello.
I am very excited to share with you that I was selected to participate in the exchange program "Juntos!! Japan-Latin America and the Caribbean exchange program" to represent Mexico!
The exchange program started on Tuesday and will last the whole month. Today I had my first lecture given by the Ministry of Foreign Affairs of Japan director Mr. Atsushi Morita.
I would like you to follow my publications if you

<p>how important it is to be good stewards. For our own sake, and for the sake of the planet entrusted to us. I hope to be able to go to these islands someday.</p>	<p>are interested in Japan as I will be sharing more information with you, as it promotes the understanding of Japanese politics, economy, society, culture, history, foreign policy, etc.</p>
<p>Had a very interesting talk today about environmentally friendly entrepreneurship and a more than considerable level of self-sustainable economy. The next hotel chain, with support from the Ministry of the Environment of Japan, managed, for example, to obtain 30% of its energy from obtaining hydrogen based on plastic waste from a domestic waste processing plant c ercana as well as part of the hotel waste same.</p> <p>https://www.tokyuhotelsjapan.com/global/kawasaki-r/restaurant/ware... See more</p> <p> See original · Rate this translation</p>	<p>Well friends, this year I was not made to go back to Japan again but I signed up for this program to continue learning from this country, so I share with you 🇯🇵</p> <p>Today's theme is Bon odori, the dance they usually do at festivals and that has more than a thousand variants around the country. Ageha Bijō, who is a prominent Japanese folk dance instructor and cultural ambassador of it, taught us some steps and shared the history of some dances. I did not record it because the quality was not very good but I leave you a capture of my favorite posture and I share a video of these dances that I had the opportunity to watch live when I was in Tokyo. 🇯🇵</p> <p>In case you were wondering, these dances are more than a thousand years old and are believed to be a way to pay tribute to the ancestors and pray for good crops.</p> <p>#JUNTOS2021 #中国米対日提携促進</p> <p> See original · Rate this translation</p>
<p>March 17th, 2022 (Facebook)</p> <p>Had a very interesting talk today about environmentally friendly entrepreneurship and a more than considerable level of self-sustainable economy. The next hotel chain, with support from the Ministry of the Environment of Japan, managed, for example, to obtain 30% of its energy from obtaining hydrogen based on plastic waste from a domestic, waste processing plant disposal as well as part of the hotel waste same.</p>	<p>March 18th, 2022 (Facebook)</p> <p>Well friends, this year I was not made to go back to Japan again but I signed up for this program to continue learning from this country, so I shared with you.</p> <p>Today's theme is Bon odori, the dance they usually do at festivals and that has more than a thousand variants around the country. Ageha Bijō who is a prominent Japanese folk dance is instructor and cultural ambassador of it, taught us some steps and shared the history of some dances. I did not record it because the quality was not very good but I leave you a capture of my favorite posture and I share a video of these dances that I had the opportunity to watch live when I was in Tokyo.</p> <p>In case you were wondering, these dances are more than a thousand years old and are believed to be a way to pay tribute to the ancestors and pray for good crops.</p>



April 1 at 10:30 AM · 🌐

This COVID-19 pandemic disrupted many of our daily habits and routines. However, the one thing that should remain constant is good health (internally and externally). Juntos introduced me to two (2) simple methods and they are Zazen (meditation) and Radio- Taiso (physical exercises).

N.B. To understand both methods I've attached pictures and video links.

April 1st, 2022 (Facebook)

This COVID-19 pandemic disrupted many of our daily habits and routines. However, the one thing that should remain constant is good health (internally and externally). Juntos introduced me to two (2) simple methods and they are Zazen (meditation) and Radio- Taiso (physical exercises).

N.B. To understand both methods I've attached pictures and video links.

🇺🇸 Today's talk was very interesting. Getting to know JICA and its activities with Japanese migrants and their descendants in South America and the Caribbean.

Thank you, Mr. Satoshi Yoshida, Fernanda Cobucci and Leandro Luamoto 🙏

#JUNTOS2021 #中南米対日理解促進





You

10:04 AM · Mar 15, 2022 · Twitter Web App

March 11th, 2022 (Facebook)

Today's talk was very interesting. Getting to know JICA and its activities with Japanese migrants and their descendants in South America and the Caribbean. Thank you Mr. Satoshi Yoshida, Fernanda Cobucci and Leandro Luamoto.

 <p>ASOBI x BOSAI: Tecnología y juego (asobi) para prevenir riesgos (bosai)</p> <p>Si bien el territorio de Japón constituye únicamente el 0.2% de la superficie terrestre, Japón concentra el 20% de los terremotos superiores a magnitud 6.0 que experimenta el planeta.</p> <p>Ante este escenario, es esencial que la población sea educada en cuanto a los métodos de prevención de riesgos, para así salvarse a sí mismos y a las demás personas ante los desastres de esta naturaleza.</p> <p>"Changing BOSAI through ASOBI"</p> <p>arwen_bike. その色が「いいね」しました 20 ね</p> <p>コメントを追加... 投稿する</p>	 <p>Another great lecture at the JUNTOS program Japan- Latin America and the Caribbean with Jlac Juntos</p> <p>I really liked the initiative of the Citrus Ribbon project. It is a project that was born out of the disappointment of how people with Covid-19 were being treated when the pandemic started. I wrote down some interesting things I learned and I wanted to share it with you.</p> <p>When they started they didn't have strategies and no plans whatsoever. They just had the motivation and des... See more</p> <p>Children in Tokyo create citrus ribbons in bid to end coronavirus discrimination (see fragment from The Walrus)</p> <p>TOKYO — Children made "citrus ribbons" out of yellow and yellow-green construction paper at an elementary school in Japan's capital on Jan. 26 in an effort to eliminate discrimination and prejudice against medical personnel who are fighting the new coronavirus and those who have been infected.</p> <p>On Jan. 26, 2021, in the 4th grade class, Sachiko Nishimura, an arts and...</p> <p>The citrus ribbon movement was created in April of 2021 by artists, educators and business professionals in Tokyo. It aims to help the community understand and appreciate those associated with the coronavirus.</p> <p>The three ribbon loops represent: Home, Community, Workplace/School</p> <p>City/Region: Osaka Welcome back Exclusion: No home</p> <p>The Citrus Ribbon Project The Citrus Ribbon Project</p>
<p>April 2nd, 2022 (Instagram)</p> <p>Although the territory of Japan constitutes only 0.2% of the earth's surface, it accounts for 20% of the earthquakes greater than magnitude 6.0 that the planet experiences.</p> <p>Faced with this scenario, it is essential that the population be educated in risk prevention methods, in order to save themselves and others from disasters of this nature.</p> <p>It is from this data that the ASOBI x BOSAI initiative was born, in charge of the start-up IKUSA inc., whose mission is to change the way of teaching risk prevention through the use of technology and games, making it an instance in which all kinds of people can participate, from adults to children, to learn while having fun.</p> <p>The motto of the ASOBI x BOSAI initiative is to change the feeling of "should" to a "want" to participate, and with this, to increase the number of people who survive natural disaster events.</p>	<p>March 18th, 2022 (Facebook)</p> <p>Another great lecture at the JUNTOS program Japan- Latin America and the Caribbean with Jlac Juntos.</p> <p>I really liked the initiative of the Citrus Ribbon project. It is a project that was born out of the disappointment of how people with Covid-19 were being treated when the pandemic started. I wrote down some interesting things I learned and I wanted to share it with you.</p> <p>When they started, they didn't have strategies and no plans whatsoever. They just had the motivation and desire to help the most vulnerable.</p> <p>The logo has 3 loops that represent the places where we may meet our family and feel safe: Home, Community, and workplace or school. The logo was created during the brainstorming of the group.</p> <p>The lecturer Mrs. Tomoka Kai said that she hopes in the future projects like this one won't</p>

<p>Together with my fellow members of the Juntos program!!! Together we had the opportunity to participate in one of these activities and it was a super fun and playful instance, in which we were able to discuss in groups different possibilities of action to finally discover the right way to act.</p> <p>ASOBI x BOSAI seemed to me a great initiative, and I would love it to be replicated in Chilean territory, since we have a seismic activity of very similar intensity to the Japanese one.</p>	<p>be needed because we'll live in a better society. And one of her advices was: Don't "create" (force) kindness, we all have kindness in ourselves; we can be kind in the simplest of things: a tiny conversation.</p> <p>This projects really inspires me!</p> <p>Thank you for showing us this.</p>
<p>3/15 Peru trip online 🇵🇪</p> <p>From home scenery to food, the local atmosphere that I've never felt in any online event so far!</p> <p>This is also a reference for upcoming different cultural exchange events.</p> <p>Local Japanese people's thoughts on Japan</p> <p>Once again, it's a challenge to think about our own culture... See more</p> <p>See original Rate this translation</p> 	<p>It's my pleasure to inform you that I was selected in the "TOGETHER!! Japan-Latin America and the Caribbean Exchange Program" and it is an honor for me to be able to represent my country 🇯🇵</p> <p>The activities are scheduled for the whole month so they will keep you updated on the topic. We started today with a presentation from Japan's Foreign Ministry 🌟</p> <p>I only have to thank the Secretary of Togetherness!! for the opportunity and ask whoever reads this to always fight for their ... See more</p> <p>See original Rate this translation</p>  <p>You and 303 others 101 Comments 1 Share</p>
<p>March 18th, 2022 (Facebook)</p> <p>3/15 Peru trip online</p> <p>From home scenery to food, the local atmosphere that I've never felt in any online event so far!</p> <p>This is also a reference for upcoming different cultural exchange events.</p> <p>Local Japanese people's thoughts in Japan.</p> <p>Once again, it's a challenge to think about our own culture.</p>	<p>March 11th, 2022 (Facebook)</p> <p>It is my pleasure to inform you that I have been selected for the "JUNTOS!! Japan-Latin America and the Caribbean Exchange Program" and it is an honor for me to be able to represent my country.</p> <p>The activities are scheduled for the whole month so they will keep you updated on the topic. We started today with a presentation by the Ministry of Foreign Affairs of Japan.</p> <p>I only have to thank the Secretary of</p>

	<p>Togetherness!! for the opportunity and ask whoever reads this to always fight for their dreams.</p>
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6. Action plan after the Program

- ◆Share learnt Japanese culture and relationship with Latin America to my family and friends.
- ◆Attend another programs which is able to learn about Japan.
- ◆Study abroad in Japan. In order to get the scholarship, I will continue studying hard.

- ◆After the Covid-19 pandemic, visit Japan with friends who met through this program. (Argentina)
- ◆Spread the new information gained to our client. (Argentina)
- ◆Share what I have learned with others in order to enhance our preparedness in the event of a natural disaster. (El Salvador)
- ◆Strengthen the relationship with Embassy of the own country and study more about both Japanese people and SDGs. (El Salvador)
- ◆Share expression method of Japanese culture and art with community of future artists. (Panama)
- ◆I want to teach to children what I learnt, peace and discipline, respect for ancestors who build up Nikkei Community and their roots as a future teacher. (Panama)
- ◆Plan to implement consensus-building game method in my country. (Trinidad and Tobago)
- ◆Since I am involved in international relationship work, I will use what I learn to my work such as spirit of mutual assistance and willingness to help each other, and improve mutual relationship in the state. (Jamaica)
- ◆Begin by sharing this experience and informing candidates for this year's MEXT scholarship in my country about the program. (Dominican Republic)
- ◆As a foreign study student, I stand at the side of helping implementation of Juntos!! program. (Dominican Republic)
- ◆Implement the research program to use technology for secure data of security at medical science field. (Brazil)
- ◆Plan and implement a study group on cultural concepts of science and nature in Japan and the West. (Brazil)
- ◆Check embassy and consulate websites regularly.
- ◆Continue studying about Japan, since I can learn a lot about how to achieve SDGs from Japan.
- ◆Study Japanese language.
- ◆Write and present a master thesis regarding Japan's international cooperation policy. Continue researching about Japan.

- ◆Continue teaching Japanese diplomatic policy, history, geography, tourist destinations as a professor of Tourism Geography and International Politics courses in Rosario National University. (Lectures are usually twice a year in September or October.)
- ◆As a member of research group studying International Politics and Economy, share the experience of this program with the graduate student members and inform about Japan to them.
- ◆Visit Asakura city for Green tourism, Kawasaki King Skyfront Tokyu REI Hotel and Hiroshima city someday.
- ◆Keep up my antennae for the dissemination of such events, and continue to have opportunities for cultural exchange with Latin America even after the program is over. (Japan)
- ◆As soon as the program is end, clarify my future vision to work at a Japanese company which is active in the Latin America and the world. (Japan)

Implementing Organization: JTB Corp.