

JENESYS2018 ASEAN Inbound Program 5th Batch Program Report Sports Exchange (Football), Country: 5 Mekong Countries

1. Program Overview

123 youths, who belongs to the football team, and football officials from 5 Mekong countries (Cambodia, Thailand, Vietnam, Myanmar, Lao PDR) visited Japan from October 3 to October 10, 2018 under the scheme of “Japan Friendship Ties Programs: JENESYS2018” and participated in the program with the theme of “Youth Sports Exchange (Football).”

Under the cooperation of the Japan Football Association (JFA), they played exchange matches with Japanese teams (U-17 Japan national team, U-17 Shonan Bellmare, Educational Institution Shoshi Gakuen Shoshi High School) at the National Training Center J-Village in Fukushima prefecture to deepen the friendship among youths of the same generation and to experience the environment and attractiveness of football in Japan. On October 9, they made a courtesy call on Prime Minister Shinzo Abe and the leaders of the countries attending the “Mekong-Japan Summit Meeting” in Tokyo. Also, during the program, they disseminated their findings and interests in Japan by using Social Media. At the reporting session before returning home, they made a presentation on an action plan which utilizes the experience of their visit to Japan after their return to their home.

【Participating Countries and Numbers of Participants】

5 countries, 123 participants (Cambodia 24, Thailand 25, Vietnam 25, Myanmar 25, Lao PDR 24)

【Prefectures Visited】 Tokyo, Fukushima

2. Program Schedule

- Oct.3 (Wed) Arrival in Japan, Move to Fukushima from Tokyo
 【Orientation】
- Oct.4 (Thu) **【Lecture on Japanese Culture】** Mr. Takashi Matsunaga,
 Associate Director, International Relations Department of Japan Football
 Association (JFA)
 【Sports Exchange】 Football Training by each country
- Oct.5 (Fri) ,6(Sat) **【Sports Exchange】** Football Friendly Match
- Oct.7(Sun) **【Sports Exchange】** Football Friendly Match
 【Exchange Party with All Participants and Relevant Officials】
- Oct.8 (Mon) **【Sports Exchange】** Football Friendly Match
 Return to Tokyo, **【Workshop】**
- Oct.9 (Tue) **【Reporting Session】**

【Courtesy Call】 Prime Minister Shinzo Abe and the leaders of the five Mekong countries (Venue: State Guest House)

【Observation of Theme-related Facility】 Japan Football Museum

Oct.10 (Wed) 【Observation of Cutting-Edge Technology】 The National Museum of Emerging Science and Innovation “Miraikan” (Thailand, Vietnam)

Departure

3. Program Photos

	
Oct.3 【Orientation】	Oct.4 【Lecture on Japanese Culture】
	
Oct.5 - 8 【Sports Exchange】 Football Friendly Match	
	
Oct.7 【Exchange Party with All Participants and Relevant Officials】	Oct.9 【Reporting Session】

	
<p>Oct.9 【Courtesy Call】 Prime Minister Shinzo Abe and the leaders of the five Mekong countries</p>	<p>Oct.9 【Observation on Theme-related Facility】 Japan Football Museum</p>

4. Voice from Participants

◆ Student (Cambodia)

What remains in my heart since I came to Japan is that the Japanese people have strong courtesy and respect for fellow Japanese and people from other countries. It was also very well-ordered in terms of hygiene, and three kinds of garbage bins for sorting rubbish were placed everywhere. Tap water was also very clean and hygienic. The latest technologies were being utilized. And the speed of recovery from the disasters is spectacular; for example, Fukushima that we visited was severely damaged by the earthquake and tsunami seven years ago, but now it is very beautiful and there is a well-established football ground.

◆ Student (Thailand)

I joined the JENESYS 2018 Japan-Mekong Sports Exchange this time and I gained a lot of experience and knowledge. Japan is a developed and very beautiful country. Fukushima, which was devastated seven years ago, seems to be recovering as well. I was proud to be able to play football in such a meaningful place. This time, we experienced many matches. Among them, I was touched by the play of Shoshi High School, Shonan Bellmare, and the Japanese national team. They were very disciplined and were playing seriously with great mental strength. Besides, they were respectful of their coach and head manager, and teammates trusted each other. I was convinced that such wonderful play was possible because of that. By learning from them, I felt that I would also like to try my best to improve the Thai team.

◆ Student (Vietnam)

I had images of Japan that there are many volcanoes and disasters while having many advanced technologies and being a clean and beautiful country. After visiting Japan and experiencing a lot of things, I further noticed that “cars go on the left side, there are many large public baths, it is convenient like a paradise, as technologies are introduced in toilets, and garbage is sorted out.” And I also noticed that the Japanese people are cooperative, friendly, and in particular, constantly focusing on their work seriously. After returning home, I would like to make a habit to be punctual which I learned in Japan and

to have a sense of responsibility in my daily life and work. I sincerely express my gratitude to the Japanese government and those who have taken care of me for providing me with the opportunity to participate in this meaningful program.

◆ **Student (Myanmar)**

I had a lot of good experiences in the JENESYS2018 program and football matches. I was able to actually experience high levels of Japan such as food, life, and traditional culture. I felt that sports in Japan are at a global level and that science and technology are very advanced. Actually, I played with Japanese teams and felt the high level of their play. Also, I heard that it is possible for us to play in the J-League. I will try my best to be able to become active in the J-League someday.

◆ **Student (Lao PDR)**

Through my visit to Japan this time, I was impressed by the following. Cool climate, culture, good manners of the Japanese people, cutting-edge technologies: modern toilets, clean bedrooms in which rubbish is being separated, etc. Japan is economically developed and blessed with the bounty of nature, and there are plenty of trees and greens. The transportation system is convenient and everyone keeps order and rules. It seems that they use time efficiently as they work in a planned manner. The Japanese people are faithful, they have good manners, and everyone is handsome/beautiful. The accommodations at J-Village (a national football training center) are clean and beautiful, and a special place. Is also a place where the Argentina national team stayed during the 2002 FIFA World Cup, and it has a pitch with international standard. I thank the JENESYS2018 for providing me with such a chance. After returning home, I would like to make use of these experiences to improve my football skills and to let people in Laos maintain order, manners, and cleanliness.

◆ **Team Leader (Lao PDR)**


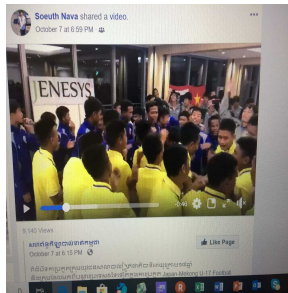


I was moved because the lecture on sports and culture in Japan was easy to understand. Also, I was glad that they addressed each country's players to make efforts to play football in Japan, which really encourages the players. The Lao team was able to play with the team of Shoshi High School of Japan, and I was deeply moved that I was able to watch the play of those good high school football players who have good patience. From my experience of taking a player to the hospital, I was deeply moved by the excellent service of a Japanese hospital, good response of doctors to patients, cleanliness inside the hospital, and so on.

◆ **Student (Thailand)**

I was moved by the discipline in Japan and Japanese football. The Japanese people are very disciplined both on and off the football field. They help each other with good teamwork and are self-managed as professionals. It is quite obvious that this is very different from my country. I love the playing style of Japanese football. They have a clear direction. I was studying in Thailand by watching the play of Japanese J.League teams. They play quickly at a very high level. They help each other and cooperate to play. And the important thing is to "bravely play against tall and sturdy foreign players

without flinching.” I played football in Japan this time and learned that the level of football in Japan is very high. Not only the higher-ranking players on the national team but also the lower-ranking players have excellent abilities, and even the Japanese high school football club is a very skilled, wonderful team. They are good at breaking through a small space and they play with teamwork. They are good at trapping the ball first and they can shoot with great accuracy. I learned the high quality of Japanese football. After returning home, I will train harder than before, keep practicing, and spend a disciplined life, and I would surely like to play in the J.League someday.

5. Dissemination by the participants

	
<p>(Cambodia) We were able to play with the U-17 Japan national team, and our dream is to play on the pitch of the J-League one day.</p>	<p>(Cambodia) I cannot forget that night when a friendship was cultivated through the performance at the exchange dinner party.</p>
	<p>วันนี้ได้แลกเปลี่ยนความรู้กับ โค้ชทีม โซชิ ออิตตมู นักสอนทีมชาติญี่ปุ่นรุ่นไม่เกิน 17 ปี การพัฒนาเยาวชนในประเทศญี่ปุ่นจะฝึกให้เด็ก วิ่งจ้องและวิเคราะห์สถานการณ์ เพื่อให้นักเตะรู้จัก คิดและนำไปใช้เวลาลงไปเล่น นอกจากนี้นักเตะจะต้องเล่นเป็น เล่นเก่ง เร็วขึ้นดี มีน้ำใจรู้จักช่วยเหลือผู้อื่นด้วย ในสนามแข่งนักเตะจะสัมผัสบอลประมาณ 20% อีกประมาณ 80% นักเตะจะต้องคิดและรู้จัก Recovery ร่างกายตัวเอง ขณะแข่งด้วย 🇯🇵🙏</p> <p>#Jenesys 2018 #Japan #Jice</p> 
<p>(Thailand) Thank you for giving me the valuable experience.</p>	<p>(Thailand) Today we exchanged opinions with the head manager of Shoshi High School football team and a coach of the past U-17 Japan national team. Fostering youths in Japan places emphasis on nurturing the ability to judge and analyze situations so that the players think on their own and make the most of their play in the field. In addition, they are nurturing players so that they are excellent in both study and sports and have a considerate mind to help others.</p>

 <p>Trần Quang Thịnh Thứ Ba lúc 20:28 · 🌐</p> <p>Japan 2018: 1 đất nước tuyệt vời ❤️ #JENESYS2018 #JICE #JAPAN #VIETNAM</p>	 <p>Trung Hiếu is 🥰 feeling glad with Duy and 3 others. Triết and 2 others at Fukushima Japan. October 3 at 20:03 · 🌐</p> <p>Ready.....🙌🙌🙌 #jenesys2018 🇻🇳🇯🇵❤️</p>
<p>(Vietnam) 2018 in Japan, a wonderful country</p>	<p>(Vietnam) Visiting Fukushima</p>
 <p>Myanmar Football Federation October 6 at 13:56 · 🌐</p> <p>ဂျပန် ဝေခေါင်ယူဘို ဖိတ်ခေါ်ခံလာ: ပွဲကြိုချက် Japan 3 - 1 Myanmar (FT) Vietnam 5 - 0 Cambodia (FT)</p>	 <p>Si Thu Win is with Nyi Nyi Latt and 3 others. October 4 at 19:39 · 🌐</p> <p>Really inspiring J-Village National Training Center. This venue was used by the Argentina National Team as their official camp for the 2002 FIFA World Cup. Now we (Myanmar U17 Team) are here together with Bellmare (Japan), Cambodia, Japan, Laos, Sho... See More</p>
<p>(Myanmar) At the Japan-Mekong Regional Exchange Match, the score was 3 to 1 by Japan and Myanmar (FT) respectively, and 5 to 0 by Vietnam and Cambodia (FT) respectively.</p>	<p>(Myanmar) J-Village seems to have been used by Argentina's national team as an official campground at the 2002 FIFA World Cup. Now, our U-17 Myanmar national team is with Shonan Bellmare, Cambodia, Laos, the Japanese national team, Shoshi High School, and the Thai national team.</p>

6. Action Plan Presented by Participants at the Reporting Session

【Cambodia】 After returning home, we will carry out the project “sharing our experiences in Japan.”

- On November 4, we will hold seminars and share our experiences in Japan by using videos and photographs to encourage all players of the football academy, which we belong to, in order to let them better understand our experiences and strengthen the football world.

【Thailand】 After returning home, we would like to contribute to the development of Thai football by carrying out the following things. Specifically, they are as follows.

- We will practice seriously like a match every time
- We will be strictly punctual and aware of our own responsibility from the preparatory stage.
- We will cooperatively manage football equipment and uniforms for practice and matches
- We will respect each other, train our mental strength to do our best in practice and

<p>matches, and warn each other when we do the wrong things</p> <ul style="list-style-type: none"> • We will continue to be players and coaches who are appropriate for the Thai national team • We will draft a code of conduct as players of the Thai national team and formulate this code. After that, we will act in accordance with the code of conduct faithfully under the direction of the coach and staff.
<p>【Vietnam】 We will promote the Japanese culture of “punctuality.”</p> <ul style="list-style-type: none"> • After returning to Vietnam, we will ensure that all participating members arrive 5 to 10 minutes earlier than the starting time for various events that take place in our daily lives and work. This will increase our sense of responsibility towards ourselves and society, leading to further growth of ourselves and society.
<p>【Myanmar】 We will implement a project called “Fellowship/Bonds/Friendship.” Specifically, the outcomes/experiences of the program will be transmitted by Facebook, publications, and Instagram in order to facilitate teams being more friendly to each other and deepening their friendships and to clarify that there is only one language in football.</p>
<p>【Lao PDR】 We would like people in Laos to know more about Japanese culture and personality, so we will share our experiences in this program via group Facebook with the school to which we belong and friends of the Laotian football center, etc.</p>