

JENESYS2018 ASEAN Inbound Program 19th Batch Program Report
Japanese Language Communication, Culture Exchange
Country : Cambodia, Thailand, Myanmar

1. Program Overview

60 youths including high school, University students and young adults, who were studying Japanese, from Cambodia, Thailand, Myanmar visited Japan from January 22 to January 29, 2019 under the scheme of “Japan Friendship Ties Programs” JENESYS2018” and participated in the program with the theme of “Japanese Language Communication, Culture Exchange”.

After attending the lecture and having some observation of Japanese culture in Tokyo, the delegation was divided into groups by their nationalities, with the Cambodian group visiting Ishikawa prefecture, the Thai group visiting Hokkaido and the Myanmar group visiting Yamagata prefecture. In local areas, they observed theme related sites and exchanged with Japanese relevant officials, participated in school exchange and homestay. Their understandings of Japan have been enriched through the observations and cultural experiences, and they shared their individual interests and experiences via Social Media. Based upon their findings and learning in Japan, they made a presentation in the final session and reported on the action plans to be taken after returning to their home countries.

【Participating Countries and Numbers of Participants】

3 countries, 60 participants (Cambodia 21, Thailand 15, Myanmar 24)

【Prefectures Visited】 Tokyo, Ishikawa (Cambodia), Hokkaido (Thailand), Yamagata (Myanmar),

2. Program Schedule

Jan.22 (Tue) Arrival in Japan,【Orientation】




Jan.23 (Wed) Cambodia:【Cultural Observation】Fukagawa Edo Museum
【Lecture on Japanese Culture】Mr. Yoshihito KINOSHITA,
 Volunteer coordinator, Volunteer Action Space VOLAS, Tokyo
 University of Foreign Studies
 Thailand・Myanmar:【Cultural Observation】Edo-Tokyo Museum,
 Sensoji-temple, Asakusa
【Lecture on Japanese Culture】 Mr. Hiroshige TSUCHIDA, Professor,
 Department of International Communication, Kanda University of
 International Studies










Jan.24 (Thu) Move from Tokyo to Local region
 Cambodia (Ishikawa):【Cultural Observation】 Kanazawa Castle,

Kenroku-en Garden (one of the three great Japanese garden)
 Thailand (Hokkaido): **【Cultural Observation and Experience】**Zazen (Zen meditation), Tea ceremony, Zuiryuji temple
 Myanmar (Yamagata): **【Cultural Observation】**Uesugi-jinja Shrine
【Lecture of the Region】Yonezawa City
 Jan.25 (Fri) Cambodia: Komatsu University
【Cultural Experience】Traditional Handicrafts Village “Yunokuni no Mori”, **【Homestay】**Komatsu city
 Thailand: **【School Exchange】**Sapporo Kaisei Secondary School
【Cultural Observation】Hokkaido Museum, **【Homestay】**Sapporo city
 Myanmar: **【School Exchange】**Yamagata University Faculty of Engineering, **【Cultural Experience】**Kinoene Daikokuten Honzan
【Homestay】Yonezawa City
 Jan.26 (Sat) **【Homestay】**
 Jan.27 (Sun) **【Homestay】**, **【Workshop】**
 Jan.28 (Mon) Return to Tokyo, Cambodia: **【Courtesy Call】**Mayor of Komatsu city
 Thailand・Myanmar: **【Observation】**Daiba
【Reporting Session】
 Jan.29 (Tue) Thailand: **【Cultural Observation】**Akihabara, Departure

3. Program Photos

【All Countries】 (Tokyo)

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| Jan.23: 【Cultural Observation】 Fukagawa Edo Museum | Jan.23 【Cultural Observation】 Sensoji-temple, Asakusa |
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| Jan.23 【Lecture on Japanese Culture】 (Cambodia) | Jan.23 【Lecture on Japanese Culture】 (Thailand, Myanmar) |

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| <p>Jan.27 【Farewell Party with Local Residents and relevant Officials】</p> | <p>Jan.28 【Courtesy Call】 Mayor of Komatsu city</p> |
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| <p>Jan.28 【Reporting Session】</p> | |
| <p>【Cambodia】 (Ishikawa)</p> | |
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| <p>Jan.24 【Cultural Observation】 Kanazawa Castle, Kenroku-en Garden</p> | <p>Jan.25 【School Exchange】 Komatsu University</p> |
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| <p>Jan.25 【School Exchange】 Komatsu University</p> | <p>Jan.25 【Cultural Experience】Traditional Handicrafts Village “Yunokuni no Mori”</p> |

【Thailand】 (Hokkaodo)



Jan.24 **【Japanese Observation and Experience】**
Zazen(Zen meditation), Tea ceremony, Zuiryuji temple



Jan.25 **【School Exchange】**Sapporo Kaisei Secondary School



Jan.25 **【Cultural Observation】**
Hokkaido Museum

Jan.27 **【Farewell Party with Local Residents and relevant Officials】**

【Myanmar】 (Yamagata)



Jan.24 **【Cultural Observation】**
Uesugi-jinja Shrine

Jan.24 **【Lecture on the Region】**
Yonezawa City

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| <p>Jan.25 【Cultural Experience】 Kinoene Daikokuten Honzan</p> | <p>Jan.25 【School Exchange】Yamagata University Faculty of Engineering</p> |
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| <p>Jan.26 【Homestay】</p> | <p>Jan.27 【Farewell Party with Local Residents and relevant Officials】</p> |

4. Voice from Participants

◆ University student (Cambodia)

This is my first visit to Japan, and I had never expected to see any of what I actually saw in Japan. Before I came to Japan, I had thought Japanese were all busy, and Japanese streets were full of people just as in Cambodia. However, there were not actually many people on streets in Japan, while there were many in the underground and trains. Furthermore, Japanese culture is extremely fine. When eating meals, I recognized there is a practice to say greetings before and after eating, rather than just starting to eat as people like. In restaurants and the hotel, we received wonderful hospitality, and everyone treated us kindly. During the homestay, my host family was very kind and warm hearted. They taught me various things such as Japanese culture, customs, and life. Such experiences of exchange in Japan are unforgettable.

◆ University student (Cambodia)

I am extremely glad that I could understand Japan in more detail, obtain new knowledge I had never known, and see cutting-edge technologies throughout the program. Through the exchange program, I was surprised that Japanese traditional lifestyle and several-hundred-year-old culture had been preserved while high-rise buildings were standing everywhere. Regarding climate, the temperature was low at around zero degree Celsius, and snow was falling. Experiencing this climate was totally new to me. I also could experience Japanese living and food culture in the homestay program. It was an unforgettable experience. My Japanese host family taught me various things, and took

me to many tourist spots, so that I became interested in Japanese customs. I was also able to exchange friendship with Japanese people during my stay in Japan.

◆ **High School Student (Thailand)**

Prof. Tsuchida's Lecture on Understanding Japan gave me a lot of very useful knowledge on the current Japanese society. I also got to know that Japan is also facing many problems even right now. For example, there is an issue of labor shortage in the aging society, where Japan has to accept foreign workers who are interested in working in Japan. As Japan often suffers natural disasters, it also needs cutting edge technologies to prevent or reduce damages caused by a disaster. For prevent and reduce disaster, priority is put on development of the newest disaster manage technologies. Sapporo Kaisei High School, an integrated junior and senior high school, introduces many experiments in its Chemistry lessons. The school facilities and teaching materials were wonderfully arranged. The number of school lessons is not too much, not too few, and carefully balanced. I see efforts have been made so that the students can enjoy learning without getting bored. I would like to tell people in Thailand how Japanese schools initiate the interest of their students and raise their willingness to study various things, in order to apply these efforts also in Thailand.

◆ **High School Student (Thailand)**

In my seated meditation experience in Zuiryu-ji temple, I got to know about the difference between Japanese priests and Thai priests. I also recognized that seated meditation is to guide myself to meditation by controlling my own breath and concentrating on the breathing through eliminating distraction. After the seated meditation, I received a bowl of tea, listening to the chief priest's explanation on the difference between Japanese priests and Thai priests. Japanese priests are allowed to have a family, and let their child take over the temple. Also they are allowed to have other jobs such as a teaching job, etc. even after becoming a priest. Sapporo Kaisei High School was an excellent school. I have never seen such a school in Thailand. The students were diligent and generous, and the teachers were also very good at teaching. The students owned small luncheon cloths, with which they covered their desks, and all the students eat their lunch together. It gave me a heartwarming feeling, and I experienced this for the first time. In the homestay program, the family's grandmother cooked us our breakfast, which was very delicious. Shoveling out snow on the passage in front of the host family house in the morning was enjoyable because we have no snowfall in Thailand. Among the other things I experienced with the host family were origami folding and wearing a beautiful Kimono, and I am very grateful for these experiences.

◆ **University Student (Myanmar)**

In Edo-Tokyo Museum displays things explaining the gradual change of Japanese lifestyle from the Edo period to modern in two separate groups. I respect the way people put importance on history. I felt a bit nervous before visiting my host family in the homestay program, but I was glad that the host family kindly welcomed us. I was also

very glad that they said to me that I can think of Yonezawa City as my hometown and that they will take care of me as my father and mother in Japan when I visit Japan as worker in the future. It was very cold outside, but it was really fun playing with snow.

◆ **Young Adult (Myanmar)**

What still remains in my mind is an event that occurred when I entered a bookseller in Yonezawa City in Yamagata. I saw customers, from young persons to older persons, quietly searching for a book they wanted, sorting out the books, or reading a book. I thought that Japan has developed because Japanese people read a lot. I felt that Japanese people have an objective perspective as well as thoughtfulness, which enabled them to yield precedence to the other and to think about the other. Even looking at a restroom, I felt that the facility had been made so that users can use it easily. Sometimes I had difficulty with snow, but I felt Japanese were thinking positively that the water before becoming snow was clean and plentiful.

5. Voice from Japanese Locals

◆ **Student** (Komatsu University)

Friendship exchange with Cambodian college students was a very precious experience to me. The presentation program gave me a good opportunity to think about issues that Cambodia is currently facing. When Cambodian college students talked about possible solutions to the issues, it was impressive to me that they took Japan as a model. Quite honestly, I was glad to hear that Japan was regarded as the standard. At the same time, I also wanted the Cambodian college students to know the issues Japan was facing. In the interval time and lunch break, we were excited in talking about both countries' cultures and languages. I was surprised that Cambodian students had higher skills in English speaking than Japanese students. They said English speaking lessons were compulsory in Cambodia, and I thought I should make harder efforts to study English. We were both college students, which helped each of us having a relaxed talk. I enjoyed spending the time with them.

◆ **Host Family** (Komatsu city, Ishikawa)

We went shopping with the Cambodian students, and they made us Cambodian dishes. After the meal, they taught us dancing. Our family had an exciting time with them. The three days and two nights passed so quickly, but we enjoyed spending the time with the students, because they were so kind, caring, and wonderful. We promised that I and my daughter would see them again next time in Cambodia.

◆ **Student** (Sapporo Kaisei Secondary School)

I was moved to see the Thai students' sincere attitude to learn Japanese actively. I thought that I should study English as a second language harder. I became more interested in foreign countries after listening to the students talking a lot about Thailand.

◆ **Host family** (Yonezawa City, Yamagata)

We enjoyed spending a happy time with the students, without having a language problem.

We were surprised that they knew even more about Japan than us. We talked about Myanmar with the students watching an NHK TV program about Myanmar we had recorded the other day, and we could obtain many kinds of information on Myanmar.

◆ **Student** (Yamagata University Faculty of Engineering)

When we first met the students from Myanmar, I was surprised they introduced themselves in Japanese. As they all spoke Japanese fluently I talked with them as if they were Japanese friends. When we made snow lanterns together, they were very excited, like child, to see snow they could not usually see. I also enjoyed playing with the snow with them. Although we did not talk a lot, we could deepen our friendship with the students from Myanmar through playing with snow. Spending the time together with the Myanmar students who liked Japan, I was very glad to know there were people overseas who liked Japan. At the same time, I felt confidence in myself living in such a country, Japan. Although globalization is advancing, we have only a few opportunities to exchange friendship with people from overseas in the countryside like Yamagata. I would like to preserve the friendship with the Myanmar students who visited Japan this time.







◆ **Student** (Yamagata Prefectural Yonezawa Woman's Junior College)

Through this exchange program, knowing and actually seeing the culture of Myanmar, and observing "activities in Japan" of the students from Myanmar were precious experiences to me. I was surprised to see the students from Myanmar fluently speaking Japanese. Their fluency in Japanese widened the scope of our talk with them, so that I was able to understand the school system in Myanmar, which I was personally interested in. I most enjoyed having Myanmar dance with them, and I also actually felt that music and dance enable us to exchange friendship by bridging cultural differences.



◆ **Local Organization** (Yonezawa city)

The students from Myanmar were very vigorous, and had lovable personalities. I was very glad to see them curiously listening to the speech with shining eyes. The students were very fluent in speaking Japanese, and the host families commented that they were able to make a closer friendship with visiting students than before. The farewell party was impressive as we could imagine the participants had made very close friendships with each other. Although the temperature was low, the weather was fine throughout the program, and the students from Myanmar enjoyed beautiful snow view. They noticed that the snow is not only a nuisance but can be utilized and be enjoyed in the rural life by actually experiencing it. I believe such experience was very special to them.

6. Dissemination by the participants

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| <p>(Cambodia) In college exchange at Komatsu University, we made a presentation on our country on behalf of Cambodian people. Making a presentation on a global stage was my dream, which was realized.</p>  | <p>(Cambodia) This is so dream-like. We had snow. Our homestay in Komatsu City became our wonderful memory.</p>  |
| <p>(Thailand) On the second day, we visited Edo-Tokyo Museum. It introduces Japan's long history and culture.</p>  | <p>(Thailand) On the third day, we left Tokyo, and arrived at Hokkaido. We learned seated meditation from Japanese priests. It is important to meditate without moving. They hit me when I moved [smile]. I was nervous at the beginning, but gradually I came to feel pleasant. Afterwards, a bowl of tea was served. It was bitter but delicious.</p>  |
| <p>(Myanmar) Dishes in Yonezawa were the most delicious in the world. The food melted as soon as I put it in my mouth. I have heard that Yonezawa is famous for beef, but I think everything I tasted today was delicious. Fruits, rice, and too many other items were delicious, so I will post them later. Myanmar people in Japan, and anyone who likes delicious food, please come to Yonezawa.</p>  | <p>(Myanmar) We visited a temple in Asakusa. It have been built a long time ago. At the time of World War II, it caught fire, but it has been conserved as a cultural asset maintaining its original appearance. I think it is great. It is a place where you can experience traditional Japanese culture all at once.</p>  |

7. Action Plan Presented by Participants at the Reporting Session

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| <p>@ជំនាញប្រជាពលរដ្ឋ [សម្លេងអូឌីយ៉ោ] [សៀវភៅចក្ខុវិស័យ]</p> <hr/> <p>គណនី : សហគមន៍ខ្មែរ-ជប៉ុន នាយកដ្ឋានការទាក់ទាញ និងផ្សារភ្ជាប់អាស៊ាន ថ្នាក់បណ្ណាល័យ : តួនាទីបេក្ខជន ទីស្តីការគណៈរដ្ឋមន្ត្រី ភ្នំពេញ</p> <hr/> <p>-RUPP: របស់ បេក្ខជន -RULE: របស់ បេក្ខជន -UR: របស់ បេក្ខជន -RUFA: របស់ បេក្ខជន -AR: របស់ បេក្ខជន</p> <hr/> <p>ស្វាគមន៍ : សម្ភាសន៍ បេក្ខជន JENESYS 2018 មាននៅ : ផ្ទះសំបែងបេក្ខជន ផ្ទះសំបែងបេក្ខជន : ផ្ទះសំបែងបេក្ខជន</p> <hr/> <p>ទី : ផ្ទៃក្នុងបេក្ខជន បើសិនជាបេក្ខជន : បេក្ខជនបេក្ខជន បេក្ខជន : បេក្ខជនបេក្ខជន បេក្ខជន : បេក្ខជនបេក្ខជន បេក្ខជន : បេក្ខជនបេក្ខជន</p> | <h2>Cambodia</h2> <p>We share our experience concerning Japanese lifestyle and traditional Japanese culture with people of our age or the younger generation in Cambodia.</p> <p>As the participants came from different universities, the activities will be conducted at each university.</p> |
| <h2>Action Plan</h2> <p>Name ชื่อโครงการ : มารูจิ JENESYS กันและ WHY ทำทำไม</p> <ul style="list-style-type: none"> - ต้องการที่จะบอกต่อเกี่ยวกับประสบการณ์ที่หาห้องเรียนไม่ได้และเกี่ยวกับโครงการ jenesys <p>TO WHOM ทำกับใคร</p> <ul style="list-style-type: none"> - นักเรียนสายญี่ปุ่นในรุ่นต่อไปและรุ่นน้องที่สนใจในการศึกษาต่อในสาขาภาษาญี่ปุ่นโรงเรียน <p>WHATทำอะไร</p> <ul style="list-style-type: none"> - บอกต่อประสบการณ์ที่ได้ประสบพบเจอมาในประเทศญี่ปุ่น <p>WHATทำอย่างไร</p> <ul style="list-style-type: none"> - เล่าเกี่ยวกับประสบการณ์ที่ได้รับ ในประเทศญี่ปุ่น โดยมีการเล่าปากต่อกันให้กับทางโรงเรียนและเพื่อน รวมถึงการนำเสนอเหตุการณ์ต่างๆที่ได้ประสบพบเจอก็คงจะยังเผยแพร่ใน Social Media เช่น Facebook หรือเด็กดีหรือเพจใน Facebook เป็นต้น | <h2>[Thailand] Title: “Let’s learn about JENESYS!”</h2> <p>Targeting our classmates and juniors who are learning Japanese in our high school, we will pass on their experiences in Japan, which we could not learn in class in Thailand, and information on the JENESYS program, utilizing Facebook and other Social Media.</p> |
| <p style="text-align: center;">アクションプラン帰国後、日本での体験活かした活動をしよう！</p>  <p style="text-align: center;">ミャンマー と 日本の文化の架け橋</p> <p style="text-align: center;">ソーシャルメディアに日本語と英語で投稿します。</p> <div style="margin-top: 20px; border: 1px solid #ccc; padding: 10px;">  </div> | <h2>[Myanmar]</h2> <ul style="list-style-type: none"> Putting a post of what we learnt and saw in Japan on our Facebook group page in order to pass it on to friends in Myanmar. Only because we are good at using Japanese, we are able to describe Japanese culture and Myanmar culture to Japanese who are interested in Myanmar. We will guide tourists as Japanese language volunteers at tourist sites in Myanmar. We hold a round-table talk with the Japanese living in Myanmar in order to provide opportunities for both Japanese people and Myanmar people to deepen mutual understanding. |