

JENESYS2018 ASEAN Inbound Program 24th Batch Program Report Sports Exchange (Women's Football), Country: 7 ASEAN countries

1. Program Overview

159 youths, who belongs to the football team, and football officials from 7 ASEAN countries (Cambodia, Singapore, Thailand, Vietnam, Malaysia, Myanmar, Lao PDR) visited Japan from February 28 to March 7, 2019 under the scheme of "Japan's Friendship Ties Programs: JENESYS2018" and participated in the program with the theme of "Sports Exchange (Women's Football)."

The delegation visited Tokyo and Okinawa prefecture. They attended a lecture regarding Japan's contribution to the Asian football to better understand Japan, did joint training, friendly match and cultural exchange at the Zanja Ball Park and Yomitan Athletics Stadium from March 1st to 6th. Besides football, they had a city tour and Japanese cultural experience. During the program, they deepened mutual understanding between countries, and cultivated friendships, and they disseminated their findings and interests in Japan by using Social Networking Service. At the reporting session before returning home, they made a presentation on an action plan which utilizes the experience of their visit to Japan after their return to their home.

【Participating Country and Numbers of Participants】 7 countries, 159 participants (Cambodia 23, Singapore 21, Thailand 23, Vietnam 23, Malaysia 23, Myanmar 23, Lao PDR 23)

【Prefectures Visited】 Tokyo, Okinawa

*This program was conducted in a cooperation of Japan Football Association (JFA)

2. Program Schedule

Feb.27 (Wed) Arrival in Japan, Move to Okinawa from Tokyo

Feb.28 (Thu) **【Orientation】**

Mar.1 (Fri) **【Sports Exchange】** Training by county

【Courtesy Call】 Mayor of Yomitan Village

【Keynote Lecture】 Ms. Tomomi MIYAMOTO, Coach, U-17 Japan Women's National Team

【Officials' Meeting】 Match Coordination Meeting

Mar.2 (Sat) - Mar.5 (Tue)

【Sports Exchange】 Training by county, Friendly Match

【Observation】 Yomitan Village

Mar.6 (Wed) **【Cultural Observation】** Yomitan Village, Zakimi Castle Ruins

【Cultural Experience】 Ryukyu Indigo Dyeing

【Reporting Session】

【Exchange Party with Local Residents and relevant Officials】

Mar.7 (Thu) Departure

3. Program Photos

	
<p>Feb.28 【Orientation】</p>	<p>Mar.1 【Sports Exchange】 Football Training by county (Singapore)</p>
	
<p>Mar.1 【Courtesy Call】 Mayor of Yomitan Village</p>	<p>Mar.1 【Keynote Lecture】</p>
	 
<p>Mar.2 - Mar.5 【Sports Exchange】 Football Training by county, Friendly Match (Okinawa Selection VS Vietnam) , (Thailand VS) Myanmar), (Cambodia VS Malaysia)</p>	
	
<p>Mar.2 - Mar.6 【Cultural Observation】 Yomitan Village (Lao PDR)</p>	<p>Mar.6 【 Cultural Experience】 Ryukyu Indigo Dyeing (Thailand)</p>

	
Mar.6 【Reporting Session】	Mar.6 【Exchange Party with Local Residents and relevant Officials】

4. Voice from Participants

◆ Student from Cambodia

I found out that Japanese people is honest and friendly, and Japan is a punctual country. I was surprised to know that they sorted waste and processed into usable one. Okinawa city is so beautiful, and the stadium is well maintained. I found out that everybody here are keeping traffic rules and living a hygienic life. The various goods are sold in high quality. I would like to visit Japan again.

◆ Student from Singapore

I was very surprised that the female Japanese football players after the age of 18 has decreased drastically. However, I was very impressed by the number of registered female football players in Japan. I was very inspired by Okinawa FC as the players were extremely fast and skillful. The Zakimi Castle is very beautiful and scenic. The tour guide was very informative. Therefore, my teammates and I learnt the rich history and culture of Okinawa.

◆ Student from Thailand

Before coming Japan, I thought Japan is very cold. However I found it's good weather when I arrived in Japan. At the place where I went, I learned something new that I did not know until now. Dying experience is first time for me, and I really enjoyed it. Furthermore, we learned origin of various places, and got new knowledge. I enjoyed walking along the beach, it was so beautiful. Japanese people are very kind and welcomed us warmly. It was a new experience in all such as accommodation, food, observation and making new friends from different countries. When asked about my hopes, I will say I would like to win the Japanese team at least once.

◆ Student from Vietnam

We were glad to have an exchange matches with many countries. The accommodation and food was delicious, and the ground was very good, too. The program that touched the history of Japan was a lot of learning and fun. We were able to admire many beautiful views of Okinawa Prefecture and I was able to understand Japanese well. When I came to Okinawa, I felt familiarity because sugarcane trees, hibiscus flowers and roads are similar to those in Vietnam. I went to a Japanese public baths, and I relaxed every time I took a bath there. Thanks to that we were able to learn to communicate with people, manners, etc. I will introduce to my friends what I learned from Japan. I thought that Japan is a country where we should study abroad.

◆ **Student from Malaysia**

This program really helps all those ASEAN countries to strengthen their relationship. I think this is a wonderful thing that Japan promotes to continue this sports exchange. Surely, this program will make Asian development together and be better in the future. Keep up the good works, Japan.

◆ **Student from Myanmar**

I was very happy to be part of this program. Daily life and development of Japan, I could see it with my eyes. We need to learn regularity, safety and culture. I thought that Japanese food would not fit for me, but food was very delicious. I want to go to Japan again. Thank you JENESYS program! I hope in the future JENESYS hosts many exchange games.

◆ **Student from Lao PDR**

I was happy to see the beautiful sea and scenery of Japan. I want to learn more about Japan with an interesting history. The warm hospitality of the Japanese respected the others, always smiling, and taught me everything if I do not understand such as manners. What impressed me was the story of U-19's director Ms. Miyamoto at the keynote speech. I thought she was very beautiful with a strong core. I understand she trained a lot of strong and good manners players. As we took a memorial photo together before returning home, it was a precious memory. Also, I was very happy to see the smiles of all my teammates, coaches and leaders through this program. I also knew each other better than before, and I felt that the team was more united. I would like to thank you for visiting Japan for the first time this time, and hope that this program will continue.

5. Voice from Japanese Locals

◆ **Football Team official (Vicsale Okinawa FC Nabiita U18)**

Although we did not understand each other well because of language barrier, we all interacted in a friendly manner, took pictures, and had fun. At the exchange event, each country performed dance and singing along with the local music. We all here enjoyed this party a lot. Since there is little chance to play against other countries, this friendly match was a very good experience for me. I would like to actively participate if I have the opportunity to interact with foreign players.

6. Dissemination by the Participants

	
<p>(Cambodia) Good Bye OKINAWA. We enjoyed dyeing experience at the Murasaki Village.</p>	<p>(Singapore) Day 2. First training in Japan</p>

7. Action Plan Presented by Participants at the Reporting Session

【Cambodia Team】

- We will disseminate our concerns related to football during our stay in Japan by SNS.
- We will share the information we obtained in Japan with our parents, brothers and sisters, friends, and acquaintances.

【Singapore Team】 Project title: Okinawa x SG (Singapore)

- We will share with our families and friends the pictures we took in Okinawa and what we felt toward Japanese culture and customs.

【Thailand Team】 Theme: Waste sorting

- As we have learned good manners of the Japanese while watching a soccer game, and we would like people to make and follow rules to dispose of waste, we will carry out an activity for waste sorting with the participants of this programme and our friends who did not go to Japan.

【Vietnam Team】 Theme: Awareness raising

- We will disseminate the following to people around us, and we, the participants, will also move into action:

Being punctual, making a plan, actively giving a greeting, expressing gratitude to others, keeping public places clean (not littering, etc.), washing hands before eating, clearing up a meeting room after using, etc.

【Malaysia Team】

- We will talk about our experience in football in Japan with our teammates and families while showing our pictures, and make use of SNS to share the experience.
- We will write a brief report to the manager of the football team, and ask the manager to submit it together with the report of the manager to the Secretary-General of the Malaysia Football Association.

【Myanmar Team】

- The Myanmar U-19 women's football team and the Myanmar women's football association will hold a lecture and press conference with respect to the experience in this programme and awareness.
- We will write an article about this experience in Japan in a football magazine.
- We will disseminate JENESYS2018 to football fans all over Myanmar through SNS.

【Lao PDA Team】 Theme: Punctuality

- For people in Laos who have not yet come to know the importance of punctuality, we will publish and disseminate our experience we acquired in this programme (including punctuality) on the website of the Laos football Association and social media. We will also utilize local newspapers as much as possible to introduce Japanese life and punctuality.
- We, the participants, will make effort personally to incorporate punctuality into daily life, and encourage our friends to do the same.