

## JENESYS2018 ASEAN Inbound Program 2nd Batch Japan-ASEAN Youth Sports Exchange (Rugby) Country: 10 ASEAN countries and Timor-Leste Program Report

### 1. Program Overview

164 youths and supervisors from 10 ASEAN countries and Timor-Leste visited Japan from September 18th to 25th 2018 under the scheme of “Japan's Friendship Ties Program JENESYS2018” and participated in the program with the theme of “Japan-ASEAN Youth Sports Exchange (Rugby) ”.

This group visited Shizuoka Prefecture and attended a lecture about cooperation between Japan and ASEAN through tag rugby and the 2019 Rugby World Cup. The lecture was delivered with the cooperation of the Japan Rugby Football Union. Youths from 12 countries, including Japan, took part in a joint tag rugby practice session. The participants were divided into several mixed teams and played a tag rugby game. After the sports exchange, they participated in an exchange party. The exchanges nurtured friendships with Japanese youths who were of the same generation. Throughout the programs such as a school visit and an observation of the cultural sight in Shizuoka Prefecture, they deepened their understanding of Japan. They then shared their interests and experiences through social media.

At the reporting session before leaving Japan, they paid a courtesy call and, they presented their action plans making use of their experiences in Japan, which are to be implemented on their return to their home countries.

#### **【Participating Countries and Numbers of Participants】**

11 countries, 164 participants (Indonesia15, Cambodia15, Singapore14, Thai 15, Philippines 15, Brunei 15, Vietnam 15, Malaysia 15, Myanmar 15, Lao15, Timor-Leste 15)

**【Prefectures Visited】** Tokyo, Shizuoka

### 2. Program Schedule

September, 17th (Mon) or 18th (Tue) Arriving in Japan

September, 18th (Tue) Move from Tokyo to Shizuoka

**【Orientation】** , **【Briefing for supervisors】**

September, 19th (Wed)

**【Lecture on the Local Government】** Introduction of Shizuoka prefectural region

Lecturer: Kenji Takakura, Director, Rugby World Cup 2019 Promotion Division,  
Sports Events Division, Shizuoka Prefectural Government

**【Observation of Regional Industry : Beverage manufacturing Industry】**

• Yakult Honsha Co. Ltd, Fuji Susono Plant (Indonesia Singapore, Philippines,

Brunei, Malaysia, Timor-Leste)

- ASAHI SOFT DRINKS CO. LTD, Fujisan Plant (Cambodia, Thai, Vietnam, Myanmar, Lao)

September, 20th (Thurs)

【Lecture on Outline of ASEAN】 Presentation by ASEAN Secretariat

【Observation of Historical Landmark】 Mishima Taisha shrine

【School Exchange】

Shizuoka Prefectural GOTEMBA MINAMI High School (Philippines, Brunei, Malaysia)

Shizuoka Prefectural GOTEMBA High School (Indonesia, Singapore, Timor-Leste)

Shizuoka Prefectural SUSONO High School (Cambodia, Myanmar, Lao)

Shizuoka Prefectural OYAMA High School (Thai, Vietnam)

September, 21st (Fri)

【Sports Exchange】 Explanation of Tag Rugby Rule for supervisors

【Lecture on Theme-related Field】

1. Lecturer: Mr. Takashi KIKUTANI (Former World Cup national team captain)
2. Lecturer: Mr. Masatoshi MUKOYAMA, Japan Rugby Football Union, Development Committee in charge of International Cooperation)

【Sports Exchange】 Explanation of Tag Rugby Rule, Joint Training, etc.

【Sports Exchange】 Lecture on Tag Rugby for supervisors

September, 22nd (Sat)

【Sports Exchange】 Joint Training of Tag Rugby, Friendly Tag Rugby Match

September, 23rd (Sun)

【Sports Exchange】 Friendly Tag Rugby Match

【Exchange Party with theme-related people】

【Workshop (preparation for the Reporting session )】

September, 24th (Mon) Move from Shizuoka to Tokyo

【Observation of Cutting-Edge Technology】 The National Museum of Emerging Science and Innovation “Miraikan”

September, 25th (Tue)

【Courtesy call】 Ministry of Foreign Affairs of Japan, 【Reporting session】

September, 25th (Tue) or 26th (Wed) Departure for Home country \*Based on flight schedules

### 3. Program Photos

	
<p>September, 18th 【Orientation】</p>	<p>September, 19th 【Lecture on the Local Government】 Shizuoka prefecture</p>



September, 19th Yakult Honsha Co. Ltd,  
Fuji Susono Plant



September, 19th ASAHI SOFT DRINKS  
CO. LTD, Fujisan Plant



September, 20th **【School Exchange】**  
Shizuoka Prefectural GOTEMBA MINAMI  
High School



September, 20th **【School Exchange】**  
Shizuoka Prefectural GOTEMBA High  
School



September, 20th **【School Exchange】**  
Shizuoka Prefectural SUSONO High School



September, 20th **【School Exchange】**  
Shizuoka Prefectural OYAMA High School



September, 20th **【 Observation of  
Historical Landmark】** Mishima Taisha shrine



September, 20th **【Lecture on Outline of  
ASEAN】** Presentation by ASEAN Secretariat





September, 21st 【Sports Exchange】  
Joint Training of Tag Rugby



September, 22nd 【Sports Exchange】  
Friendly Tag Rugby Match



September, 23rd 【Sports Exchange】  
Friendly Tag Rugby Match



September, 23rd 【Exchange Party with  
theme-related people】



September, 25th 【Reporting session】



September, 25th 【Courtesy call】

Mr. Iwao HORII, Parliamentary Vice-Minister for Foreign Affairs of Japan

[https://www.mofa.go.jp/mofaj/a\\_o/rc/page25\\_001621.html](https://www.mofa.go.jp/mofaj/a_o/rc/page25_001621.html)

#### **4. Voice from Participants**

##### **◆ Lao participant**

I was moved by the keynote lecture, which explained Japanese punctuality and the use of modern technology in Japan. The lecture was interpreted into our own language, Laotian. Listening to the explanation, I could gain new knowledge of the origins and history of tag rugby as well as the plan of action for the future of ASEAN. In the school exchange program, I was impressed to see the students in Japan change from their outdoor shoes into indoor shoes when entering the school building to keep the inside of the school clean and to keep it from getting dirty. I received a kind welcome and participated in some club activities. I made rice balls and did *judo*, neither of which I had done before. This was also impressive. At the drinking-water factory, in order to supply safe and tasty water to their customers, they used natural underground water drawn from a well as the base ingredient, but carried out strict water analysis and product inspections using modern technology. Learning those facts while touring the factory was again very impressive.

##### **◆ Indonesian participant**

The lecture on Japanese culture and sports was very beneficial to tell my friends after I got home. In the school exchange, the students were very kind and polite, and told me about many different things. The lecture delivered by Shizuoka Prefecture was also very good. My lodgings were comfortable and the activities were very enjoyable. The Japanese people helped us to understand everything and carry out the activities smoothly. So, I came to like everything in Japan. Because Japan helped me a lot, I want to visit Japan again in the future for study or work, or as an active athlete there. Moreover, I was glad that I could see the modern technology used in Japanese facilities. The Japanese people were all friendly, polite and kind, and I could communicate easily with them, which I was glad about.

##### **◆ Malaysian participant**

The lectures were very interesting. I could understand most of the content, but some parts were difficult to understand due to the language barrier. The exchange during the visit to the school was very interesting, and I enjoyed it. I could see the differences between Malaysian schools and Japanese ones. My lodgings were very comfortable and I could feel relaxed. Moreover, there was also a view of Mt. Fuji.

##### **◆ Singaporean participant**

All the lectures were easy to understand and well prepared. The school buildings in Japan were of special construction, resistant to every form of natural disaster. During the visit to the factory, the staff all welcomed us as guests and were very friendly.

The lodgings were wonderful and very comfortable. I was also staying close to where the students from other countries were staying so we could visit each other and deepen our friendships. Mishima Grand Shrine, which I visited on the visit to the cultural facility, had an amazing construction. I could learn many things about Japanese culture through the visit. I learned how deeply shrines are rooted in Japanese life.

## 5. Voice from Japanese High Schools



### ◆ Teacher

After the students saw our students do *Bakkomi* (aerobics), which is a PE class warm-up exercise at our school, there was a round of applause from the Thai and Vietnamese students, and it brought the visit to life. During the exchange with the English club, a document camera was available. Seeing the images, I could learn more about the traditional culture in Thailand and Vietnam. The English club students at our school were very aware that the Thai and Vietnamese students were on a higher level, both from their English ability and from the fact that they spared no effort to learn, which did encourage them. While observing the club activities, they showed a strong interest especially in Japanese archery and the tea ceremony. They asked many questions about the tools and techniques for Japanese archery. During the club activities at the gym, those students who knew how to play volleyball and basketball unexpectedly joined in with the practice, and playing volleyball and basketball together brought the practice to life. Our school's students were greatly encouraged by the Thai and Vietnamese students, and were able to have a valuable experience. I want to cooperate with Japan's international exchange program in the future too, if there is a chance, thereby recreating the interest in our school students.

### ◆ Student

It's not too much to say that their culture and their lives are quite different from ours, and the exchange with them was very exciting and fresh. While I learned about the similarities and the differences between our thinking and theirs, we also deepened our understanding and our interest in each other's countries. Moreover, as I spoke to them more and more, I gradually came to understand the difference in their accent and their English pronunciation. Then I could enjoy our conversations. I could learn a great many things, which I didn't know before, and gain much knowledge, through such a valuable experience.


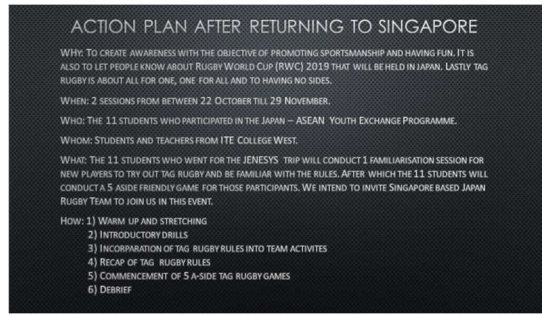
## 6. Dissemination by the participants

<p>#Day4 Rugby pokes my heart today BIG TIME. It unites ASEAN and the World. As a sport enthusiast, can't wait to form my hometown's first Rugby team. "One for all. All for one." 🍌 means five Core Values of Rugby.</p> 	<p>It's the first time for me to visit Japan and I was so excited to meet new friends from different countries! During my stay there, I really enjoyed playing Tag Rugby! Thank you for the experience 💖 #JENESYS #JICE #JAPAN... Afficher la suite</p> 
<p>(Philippines) Day4: Rugby pokes my heart today BIG TIME. It unites ASEAN and the World. As a sport enthusiast, can't wait to form</p>	<p>(Lao) It's the first time for me to visit Japan and I was so excited to meet new friends from different countries! During my stay there, I</p>



<p>my hometown's first Rugby team. "One for all, All for one." means five Core Value of Rugby.</p>	<p>rely enjoyed playing Tag Rugby! Thank you for the experience.</p>
<p>Visited Gotemba Minami High School. We were able to interact with their students. It was truly a memorable experience. Even though we only visited for a short time, we are able to witness how disciplined, courteous and friendly their students are. The school had complete f... もっと見る</p> 	<p>"ศาลเจ้ามิชิมะ" เป็นศาลเจ้าชินโต ตั้งอยู่ในเมืองมิชิมะ มีเทพโอยามัตสึมิ-โนะ-มิตโตะ และ เทพีสึมิยาฮาเอะ โดโทชิโรมุ ชิ-โนะ-คามิ หรือ เทพีแห่งความสุขและโชคละชะตา เมืองมิชิมะรุ่งเรืองในฐานะที่เป็นเมืองที่ฝึกในสมัยก่อน และความศักดิ์สิทธิ์ของศาลเจ้าแห่งนี้มีความเป็นมาช้านาน   </p>
<p>(Philippines)  Visited Gotemba Minami High School. We were able to interact with their students. It was truly a memorable experience. Even though we only visited for a short time, we are able to witness how disciplined, courteous and friendly their students are.</p>	<p>(Thai)  Mishima Great Shrine is a shrine located in the City of Mishima and enshrining <i>Oyamatsumi no mikoto</i> and <i>Kotoshironushi no mikoto</i> and to give blessings for better fortune. Mishima has long prospered as a post-station town with its awe-inspiring shrine.</p>

### 7. Action Plan Presented by Participants at the Reporting Session

	
<p>(Timor-Leste)</p> <ul style="list-style-type: none"> <li>◆ Spread of tag rugby <ul style="list-style-type: none"> <li>- Playing tag rugby in schools.</li> <li>- Playing tag rugby in PE class.</li> <li>- Interschool tag rugby games.</li> </ul> </li> <li>◆ Waste management <ul style="list-style-type: none"> <li>- Reviewing how we discard trash (separation of organic and inorganic trash)</li> </ul> </li> </ul>	<p>(Singapore)</p> <ul style="list-style-type: none"> <li>◆ The following activities will be carried out to develop interest in promoting sportsmanship and the pleasures of sports. <ul style="list-style-type: none"> <li>- Publicizing the Rugby World Cup which will be held in Japan next year as widely as possible.</li> <li>- Informing the spirit of "All for One and One for All" and No-Side.</li> </ul> </li> </ul>