1. Program Overview

96 university students from 10 ASEAN Members states, India and Timor-Leste visited Japan from March 18 to March 28, 2018 under the scheme of “Japan's Friendship Ties Program” and participated in the program with the theme of “Peace Building Exchange”.

The participants visited Nagasaki City and learned the preciousness of peace through testimony from an atomic bomb survivor and tours of the Peace Park and Nagasaki Atomic Bomb Museum. In addition, during the exchange meeting at Nagasaki University, the participants deepened their friendship with Japanese students through origami and discussions on four separate themes.

Besides the programs related to sports, through observations of historical landmarks and cutting edge technologies, the participants gained a broad understanding of Japan, and shared their interests and experiences by social media. Based on those findings in Japan, participants made group presentations in the final session and reported their action plans, which are to be implemented after returning home.

【Participating Countries and Numbers of Participants】
96 participants in total (Brunei 8, Cambodia 8, India 8, Indonesia 8, Lao PDR 8, Malaysia 8, Myanmar 8, Singapore 8, the Philippines 8, Thailand 8, Timor-Leste 8, Vietnam 8)

【Prefectures Visited】
Tokyo, Nagasaki

2. Program Schedule

March 18 (Sun)/March 19 (Mon) Arrival at Haneda/Narita International Airport
March 19 (Mon) 【Orientation 1】
March 20 (Tue) 【Orientation 2】
Move to Nagasaki
【Discussion】
March 21 (Wed) 【Lecture on Outline of ASEAN】 Presentation by ASEAN Secretariat (ASEC)
【Discussion】 in 4 small groups
【Lecture on Theme-related Field】 Testimony by Atomic Bomb Survivor
【Observation of Theme-related Facility】 Peace Memorial Park,
Nagasaki Peace Memorial Museum

March 22 (Thu)  【School Exchange】 Faculty of Education, Nagasaki University  【Discussion】

March 23 (Fri)  【Cultural Experience】 Tea Ceremony, Origami (folding paper)  
               【Observation of Historical Landmark】 Samurai house, Oomura-jyo castle, Kimono fitting experience  
               【Courtesy Call】 Nagasaki city office  【Discussion】

March 24 (Sat)  【Theme-related Observation】 Observation in Nagasaki city (Dejima, Urakami Cathedral, Glover Garden, etc.)  
                【Discussion】

March 25 (Sun)  Move to Tokyo  
                【Workshop】

March 26 (Mon)  【Panel discussion】  
                【Observation of Cutting-Edge Technology】 The National Museum of Emerging Science and Innovation “Miraikan”

March 27 (Tue)  【Reporting Session】  
                【Observation】

March 27 (Tue)/March 28 (Wed)  Departure

3. Program Photos

<table>
<thead>
<tr>
<th>3/20【Orientation 2】</th>
<th>3/21【Observation of Theme-related Facility】 Peace Memorial Park</th>
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<tbody>
<tr>
<td><img src="image" alt="3/20 Orientation" /></td>
<td><img src="image" alt="3/21 Observation" /></td>
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<tr>
<th>3/23【Observation of Historical Landmark】 Kimono fitting experience</th>
<th>3/23【Discussion】</th>
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<tr>
<td><img src="image" alt="3/23 Observation" /></td>
<td><img src="image" alt="3/23 Discussion" /></td>
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4. Voice from Participants (abstract)

◆ India, Student

The culture of punctuality, respects for labor, loyalty, determination and most of all compassion for the community has left a deep impression. The volunteerism and efforts towards spreading the message of peace, while mitigating any radical elements on society is a lesson to learn. The advanced standard of living we see today is a result of decades of hard work and mutual understanding. All of us, on our way to greater economic, social and political development must learn from examples like that of Japan. This program has also helped us appreciate different opinions on various themes. Such platforms and exchanges are crucial in an increasingly globalized world. JENESYS has truly opened a new world of hope and potential/possibilities. We, too, can strive for and achieve the sustainable development goals as ASEAN and its partners work together and with the rest of the world.

◆ Indonesia, Student

Before visiting Japan, I thought Japanese people are somewhat individualistic and do not care for the others. But that impression changed at the first time I stepped at Haneda. I learned so much about Japanese manner, including their punctuality and respect to other people who are older. It makes me more polite and be more compassionate. I am very impressed on how the city of Nagasaki can turned into a prosperous area despite its dark time at 1945. It took not more than 100 years to make it lively again. Of course such a change doesn’t happen if it wasn’t for the hard work. Japanese work ethic is another thing to be applied in myself. I am glad I have visited all the places and understand the essence of Japanese culture in this program. All is positive, thus I’m going to promote the values of Japan to all people I know in order for us to be great like Japan!

◆ Cambodia, Student

This program has provided me so many things nit only to exchange our connection between the youths who came from ASEAN, but to experience many things. The lectures about the atomic bomb were impressive and taught me how to build peace and spread it to everyone in my country. The school exchange program held in Nagasaki University was really a bright
idea because it strengthened our relationships between the delegates and the Japanese students. We could learn, discuss and share our ideas together to find a solution. I would like to thank JENESYS for making this happen, letting us being together, and exchanging all the experiences as well as the friendship among all of us.

◆ Singapore, Student

The lecture by ASEAN Secretariat which touch on the point of education and youth left an impression on me as education was one of the main idea that my group talked about. I am interested to see how education can help improve situations of developing countries and I am also interested to be involved in the programs mentioned to play my part. The visit to Nagasaki University also left an impression on me as through the discussion with the students, I got to understand more about Japan’s economy and education system. It would be great if future batches also include Japanese students in the group. I was amazed to see how fit and healthy the elderly in Japan were during our visit to Peace Park as most of our guides were senior citizens.

◆ Thailand, Student

For me, the most significant impression for the testimony by the survivor is that we can receive the real information form the people who are in those situation and more understand their feeling and appreciate with the information that they have shared to us. School exchange program is like the opportunity for us to exchange the information and opinions of us and find the solution together and we can learn about the way to solve the issue between us and compare which way is better. I am impressive about the history of Nagasaki and the observation place in Nagasaki, my experience here is such a memorable experience for me because it is change my perspective about the problems in not only my country but also in the world and it make me want to do something to solve it or can disseminate this issue to others people and realize about peace. I think peace is something that all of us can do it and make the world livelier. My experience in Nagasaki teach me that maybe it is time to make peace happen in the world and stop the situation that can bring us to the war again because we’ve already seen how bad it is after the war and realize about the A-bomb maybe we shouldn’t have it any more because it causes a big problem not only about the effect of it with the country but also the feeling of the people who cause from this problem that we might can restore or recover our country but we cannot recover the emotion of the people who caused by it, so I think it is the time for us to make peace happen in our world.

◆ Timor-Leste, Student

We discussed with Nagasaki University students about the information or topics what we learned during the program in Japan. We also shared the history, culture and advanced technology. According to the program, I also appreciate for the lecturer, Director of Nagasaki Atomic Bomb Museum. He remarkably explained the history of Atomic Bomb. I learn a lot to
create peace in the world and give freedom to every single people in this world. Moreover, I appreciate the places that I visited during the program. It brought me many benefits and thousands experience to learn about traditional Japan. People are very respectful. As a new youth generation for the ASEAN future, I would like to say thanks and make contribution for better ASEAN future through my experiences in JENESYS program.

◆ the Philippines, Student
Japanese people are very welcoming and polite. All through the program, I have seen those type of people a lot. The people are always willing to help out when you need assistance and very respectful. Their sense of being on time and working hard are impressive as well. Japan is a very safe country and the people obediently follow the traffic rules. The whole experience was life-changing. I hope to come back and experience more the company of Japanese people and their unique culture and tradition.

◆ Brunei, Student
Japanese people are full of kind and honest people. I lost my bag and wallet, when we visited the Glover Garden. I was so disappointed with my carelessness. But it turned out that my bag and wallet were kept safely by a cashier of an ice cream shop of the garden. I was so impressed by the action and manners of the Japanese people through that incident.

◆ Vietnam, Student
I have only heard and learned about the atomic bombing in Nagasaki in 1945 through text books and newspapers, but have never questioned myself “How did the people who lived through that horrifying moment feel like?” “What kind of experiences were they forced to endure?” However, I was very fortunate to be able to come to Japan through the JENESYS program and was able to actually listen to the emotional and empowering speeches from survivors of the A-bomb. We all were shocked at how tremendous and terrifying the effects of that disaster were. Most importantly, the moment that had the greatest impact on me was when our group stood at ground zero, bowing our head to pay respect to thousands of passing victims. Imagining that at the exact place 73 years ago, the bomb had destroyed the city and left it in white ashes and corrupted buildings, but now that same area is such a beautiful and peaceful park, made me realize peace has such an importance in our life.

◆ Malaysia, Student
I found the sharing session with Nagasaki University students was enlightening. There is no meaning in state-to-state relations without people-to-people relations being given emphasis first because as I have experienced through JENESYS, the unexpected special bonds created with friends of various nationals here in Japan have changed a lot of my own established prejudices. Hence, I believe that if we all can find a common ground to stand united, we could all work out to tolerate our differences towards peace building/preservation.
◆ Myanmar, Student

Lecturers seem to have willingness to share their experiences to us. That is impressive for me. Moreover, they want to let us know about Nagasaki and the cons of Nuclear Weapons and what they are doing. About school exchange, no sooner I arrive at Nagasaki University, I felt warm because both students from that University and those who are in charge treat me kindly. That is nice. In addition, students from that University presented about their culture willingly and one of them taught and explained how to fold Japanese Crane and We share our experience, culture and knowledge actively and happily. Regarding to the visiting places, first and foremost, I would like to mention about A-Bomb Museum and Peace Park. I felt these places highlight the cons of A-Bombing and the importance of peace. I impressively saw that every statue has respective meaning concerned with peace. Secondary, I have seen a breathtaking beauty of Japan at Tokyo, Omura, and Nagasaki and so on. Moreover I felt I am very lucky to have a chance to taste Japanese culture at Dejima, Glavor Garden, Kajiyama Palace, and Old Residence of Masataka Kusumoto. Finally, I am really impressive to see “Robot Dance” at National Museum of Emerging Science and Innovation (Miraikan). I have been facing a lot of unforgettable experiences during my stay in Japan. Of them, discussion time is also exciting. I am really impressive to learn different members from different countries take part actively and they willingly share their information about not only their country but also social peace. In fact, I am really impressive towards JENESYS program about social peace building and I do hope we can vividly see the role of youths in building social peace in the world through that program.

◆ Lao PDR, Student

There are some programs that I think it give me the most significant is lecture, visited history place, school exchange, participants and coordinator. First is lecture. There are lecture about ASEAN and history of Nagasaki from survivor. I learned somethings new for ASEAN such as 3 pillars, the goal of ASEAN community and ASEAN integration and etc. I can use all of it in my studying when I come back to my country. Next it’s about history of Nagasaki it’s make me know more than before I come to Japan and more understand that how hard they do to make peace and lose too much Goal of my life is world need to have peace and I’ll the one who do it. Second is visiting history place it’s give more educate than I know and lesson to improve my mind and the way that I may use it for solve problem.

5. Voice from Japanese Students/Schools/Host Families/Organizations

◆ The person in-charge of accepting school exchange

It was really exciting for our students when we took in the party of students visiting Japan. Many of the students who participated in the exchange meeting commented that they wanted to improve their English and learn to acquire skills that would help them adjust to a global society. I also noticed some occasions where students promoted interactions on their own by showing exchange students around Nagasaki City, which seemed to increase their
awareness of international exchanges. Participation in this discussion also gave us valuable experience in seeing how students with different cultural backgrounds view various issues.

6. Dissemination by the participants

<table>
<thead>
<tr>
<th>(Group A) About the program (Instagram)</th>
<th>(Group B) About reporting session (Facebook)</th>
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<tbody>
<tr>
<td>Who would have expected that these two people from two different countries share a lot more in common than just representing their respective states in Japan. This is my new best friend, Shwetha from India and I have to say that the cultural exchange we experienced here is just out of this world. She's an aspiring writer and has one of the most beautiful hearts. We both are also the writers for our group’s Declaration of Action pertaining to “Youth’s Roles in Solving Local, Regional and International Conflicts” to be presented to ASEC on 27 March 2018</td>
<td>Last discussion, Last present, Last party, but our friendships will never be the last.</td>
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<tr>
<th>(Group C) About peace (Facebook)</th>
<th>(Group D) About the program (Facebook)</th>
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<tbody>
<tr>
<td>War and Peace are what people make of.</td>
<td>An exciting workshop about ASEAN facilitated by ASEC. Followed by a sharing of experiences of an A-bomb survivor during the bombing in 1945. Indeed a very enriching activity for all the delegates.</td>
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7. Action Plan Presented by Participants at the Reporting Session

**Action Plan 1 (Group A)**
1) Share our JENESYS story on SNS.
2) Organize Japanese culture video contest to get more people share more about Japanese culture.
3) Start tradition preservation clubs at university to teach traditional crafts class to children.
4) Promote peace, Share about peace.
5) Cultural exchange: become host, tour guide to SEA youths.
6) Promote and volunteer in peace making NGO.

**Action Plan 2 (Group B)**
1) We used our individual Facebook and Instagram. We posted photos of our learning and experiences in Japan.
2) Create local support group. Allow experience & learning among youth.
3) Become catalyst to policy making.

**Action Plan 3 (Group C)**
- Individual activities
  1) Maintaining stability across the world.
  2) Understanding and Accepting.
  3) Advocate peacebuilding policies through social media.
  4) Make an article related to our experience.
- Activities in community and society
  1) Conduct researches and phenomenological studies.
  2) Initiating simple social media campaign.
  3) Tell and communicate within the society.
  4) Promoting Non-Governmental Organization involvements.

**Action Plan 4 (Group D)**
1) Propagate volunteerism in youth.
2) Raising awareness.
3) Skill development in youth.