

- 【Observation of Regional Industry/Company】 Kitami Mint Memorial Museum
- November 24 (Fri) 【Observation of Environment-related Facility】 On-neyu "Kitano Daichi no Suizokukan (Aquarium in the mountain)", Kamurin no Yakata
- 【School Exchange】 Divided into 7 groups and have exchanges with following high schools, vocational schools, and universities
- ①Hokkaido Kitami Hokuto High School (Thailand, Chinese Taipei)
 - ②Kitami Fuji Girls' Senior High School (Singapore, the Philippines)
 - ③Kitami Biyo Senmon Gakko (beauticians' school) (Cambodia, Myanmar)
 - ④Kitami Jyoho Business Sen-mon Gakko(Vocational school of Information and Business) & Okhotsk Shakaifukushi Senmon Gakko(Okhotsk Vocational School of Social Welfare) (Indonesia)
 - ⑤Japanese Red cross Hokkaido College of Nursing (Malaysia, Brunei)
 - ⑥National University Corporation Kitami Institute of Technology (Timor-Leste, Vietnam)
 - ⑦Hokkaido Rubeshibe High School (Laos)
- 【Film Festival Memorial Event】 Interaction with Japanese participants of the Film Festival and local people
- November 25 (Sat) 【Film Festival Memorial Event】 Okhotsk Kokusai Fureai Hiroba
- 【Film Festival】Asian International Children's Film Festival (Awarding Ceremony)
- 【Film Festival Memorial Event】 after-party
- November 26 (Sun) 【Workshop】
- 【Reporting Session】
- November 27 (Mon) Move to Tokyo (Leave Japan/Chinese Taipei team only)
- November 28 (Tue) 【Observation of Historical Landmark】 Asakusa
- 【Observation of Theme-related Facility】 Japan Institute of the Moving Image, Tokyo Visual Arts
- November 29 (Wed) Departure

3. Program Photos

	
<p>11/22 【Observation of Environment-related Facility】 Okhotsk Ryu-hyo Kan</p>	<p>11/23 【Welcome Ceremony】 Kitami City</p>



11/23 【Event for Film Festival】 Viewing the entry films of the festival



11/24 【Observation of Environment-related Facility】 On-neyu "Kitano Daichi no Suizokukan



11/24 【School Exchange】 Japanese Red cross Hokkaido College of Nursing



11/25 【Film Festival Memorial Event】 Okhotsk Kokusai Fureai Hiroba



11/25 【Film Festival】 Asian International Children's Film Festival (Awarding Ceremony)



11/26 【Reporting Session】

4. Voice from Participants

◆Indonesia, Student

What impressed me most was the school exchange program. The hands-on training was very easy to understand. We, along with all the other students, enjoyed playing various games and listening to the sound of the "Taisho-koto," a unique Japanese instrument. Also, in the hands-on training for dental health, we got to experience using a plaster press mold to make a

fake finger, not a fake tooth.

In Kitami, we were very excited to touch snow, which we had never seen in Indonesia. Every place we visited in Japan was kept beautiful and clean. It was very impressive that the streets were neatly lined with houses and the public transportation was well organized. Every driver drove safely, giving the pedestrian the right of way, which also impressed us.

◆Cambodia, Student

Before coming to Japan, the word “Japan” instantly reminded me of “sushi,” but I found during this visit that there are a lot of wonderful things in Japan other than sushi. I felt that Japanese people are very kind. Also, I was very impressed that Japanese people place great value on time. In Kitami, I saw snow for the first time in my life, which was a valuable experience that I will never forget for the rest of my life.

At the Okhotsk Ryu-hyo Kan, I realized the greatness of nature. We were very warmly welcomed by the people of Kitami. We will continue the relationship we established with friends from various countries during this visit. I think the JENESYS Program is the one that gives us experience, friendship, pleasure, and good memory.

◆Singapore, Student

The programs about the tea ceremony and the calligraphy segment left the most significant impression to me because of how these cultures are slowly dying in other countries especially the more developed ones. I am raised in a fashion that we should never bow or kneel before people because it brings shame to the family. In Japan, bowing and “sitting down” is a norm and more as a form of respect. They take respect very seriously. The whole idea of respect and coming for others is very impressive. Although we knew Japan and their people are very polite, it is surprising, how they are so polite to the extent that every small actions, they express their thankfulness and polite to everyone no matter race and religion. I am guided every time for everything from as easy as using the coin laundry machine to getting to the toilet from afar. It felt like a norm but more so as a respectable country. Gratefulness has been a topic that only been brought up in schools and charity, while in Japan, it’s practiced on a daily basis.

◆Thailand, Student

I was so moved during this visit to Japan that I couldn’t express my feelings with words. Everything went by in a moment. Any person who has participated in this program says that they have a good impression of Japan. It was very cold in Hokkaido, but I got to know warm-hearted people. The Japanese student who taught me Japanese calligraphy was very friendly. Though I spent very little time with him and there was a language barrier between us, I think our friendship and memory will remain in our heart forever. New land, different culture, everyone’s smile—all these things I experienced in this program are good memories for me.

◆Chinese Taipei, Student

What left the deepest impression on me was a visit to Hokkaido Kitami Hokuto High School. I was able to interact on a one-on-one basis from the beginning to the end of the visit. So, I was able to understand Japanese students deeply. It was a short visit, but in the future I would like to keep in touch with them in order to be able to understand Japanese culture and Japanese people more deeply.

◆Timor-Leste, Student

I liked Japan from the moment when I saw Japanese people interacting politely and respectfully with those around them. I am proud that my country was able to participate in this exchange program. It is really as wonderful to share the culture of my own country with people from other countries as to listen and learn about different cultures. I was very happy to dress in a Japanese traditional kimono, which had been my dream, and to see a performance of "lai-nuki" (a traditional martial art of Japan). I would like to share my experience with people in Timor-Leste.

◆the Philippines, Student

Starting from day1 up until now lectures have always been something new to learn, it is an honor and brings great privilege for each delegate. The schools also gave so much joy to us. We were not only able to apply the language we've learned, but we were also able to understand and meet new friends. The exchange programs also gave warmth in my heart because I was able to get out of my comfort zone and boost up my confidence to approach other delegates from different countries. I've always dreamed of staying in Japan and up until now I still can't believe that this is reality.

◆Brunei, Student

Every experience in this program was really fantastic. Wherever I went, I felt I was very much welcomed and I was able to enjoy every moment. The exchange with other students was especially the most enjoyable part of this program. I was able to make a lot of friends from Asian countries, and to learn sociality. Also, I was able to master basic Japanese. In cultural exchange settings, I was able to learn the differences between countries through culture, music, ethnic costume, etc.

◆Vietnam, Student

This time I was able to participate in the film festival because the film I had made was nominated. By participating in the JENESYS Program, I learned various things. I was able to visit Japan to be awarded, but more than that, I was able to enjoy valuable experiences in my life. I was able to interact with a lot of friends from Asian countries, and to see the wonderful nature and landscape in Kitami, which was a really good experience. In the exchange program, I was able to make a lot of Japanese friends.

◆Malaysia, Student

Most memorable moment was how Japanese people give full respect to their culture and introduce it to others. The mochi making was very fascinating because we could know how Japanese stay with their culture. The word when they say when a man is pounding mochi is like a melody of doing it together.

Also, the most unforgettable moment was to see the snow and how happy our team to see, touch and to feel the coolness.

I got know knowledge about film making at Japan Institute of Moving Image. I hope I can learn more about film making in here.

◆Myanmar, Student

I have gained a lot of experience, such as visiting the place where Japanese mint (hakka) is grown, participating in a traditional Japanese tea ceremony, in which mutual respect is shown, and attending an easy-to-follow lesson in how to dress in a kimono. I was surprised that in Japan, even primary school children participated in a chorus festivals and played some instrument. They really played very well. Schools in Japan were very interesting. Hands-on training is combined with lecture-based learning, which develops a lot of excellent human resources. In the school exchange program, I visited Kitami Biyo Senmon Gakko (beauticians' school) and the Tokyo Visual Arts College, both of which interested me and were an ideal place for me to study at. In the future, I would like to come to Japan as an exchange student. Also, I would like to share this experience with my friends and recommend that they come to Japan.

◆Lao PDR, Student

In the school exchange program, I played a role as an aged person in a social welfare class, which enabled me to experience the daily life of an aged person. Also, I was able to see how Japanese people are learning. I was happy to meet the Mayor of Kitami, whom in ordinary times, I couldn't meet, and to exchange souvenirs with each other. I found that as we had done, everybody from other countries worked together seriously to make their own film. It was a wonderful thing to be able to watch a lot of wonderful films.

5. Voice from Japanese Students/Schools/Host Families/Organizations

◆ Host School Official

Every participant was very enthusiastic and active, which stimulated our school students to try hard to overcome the language barrier. I think our school students were able to recognize the importance of communication once again. It was impressive that after the end of the program, they seemed reluctant to leave the scene, took a lot of pictures and smiled beaming smiles.


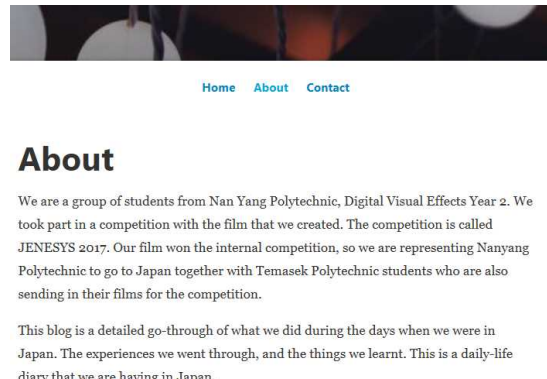
◆ **Host School Official**

I think that as would-be beauticians who have to deal directly with customers, our students were able to realize the importance not only of language, but also of facial expression, gestures, and eye contact in order to communicate with others. The students from both sides seem to have sensed that they can understand what the other side feels if they are willing to make themselves understood in one way or another. It was good for them to have a valuable experience.

◆ **Student participating in the exchange program**

This was my first participation in the international exchange program, but I thought I would manage somehow because we are the same Asian people. When I actually met them face-to-face, I got nervous. However, they approached me with smiles on their faces and were very polite. Though Japanese people are internationally recognized as polite, I felt there are a lot of people in other countries who are more polite and wonderful than Japanese people.

6. Dissemination by the participants

 <p>The screenshot shows a Facebook post from the user 'mrwinataa'. The post features a photograph of a traditional Japanese temple building with a large tree in the foreground. The caption includes the text: 'mrwinataa fly. #Japan #Asakusatemple #Asakusa #JENESYS2017 #Singaporesthruback #Indonesia Photograph By: @Indaziah kitarodesmonda Bape an ngono e'. There are also icons for likes and comments, and a 'Like' button.</p>	 <p>The screenshot shows a web page with a navigation menu at the top containing 'Home', 'About', and 'Contact'. Below the menu is a section titled 'About' with the following text: 'We are a group of students from Nan Yang Polytechnic, Digital Visual Effects Year 2. We took part in a competition with the film that we created. The competition is called JENESYS 2017. Our film won the internal competition, so we are representing Nanyang Polytechnic to go to Japan together with Temasek Polytechnic students who are also sending in their films for the competition. This blog is a detailed go-through of what we did during the days when we were in Japan. The experiences we went through, and the things we learnt. This is a daily-life diary that we are having in Japan.'</p>
<p>(Indonesia) About Asakusa (Facebook) Japan A temple in Asakusa</p>	<p>(Singapore) About program (Blog) This blog is a detailed go-through of what we did during the days when we were in Japan. The experiences we went through, and things we learnt.</p>



(Thailand) About program (Facebook)
 It is more than a race. It is more than a trip. It is a cultural exchange. This is my first experience in Japan. Thank you all in this trip.



(the Philippines) About the 5th day of the program (Facebook)
 We interact with Japanese students, learn more about Japanese culture and lastly, experience the traditional Japanese tea ceremony.

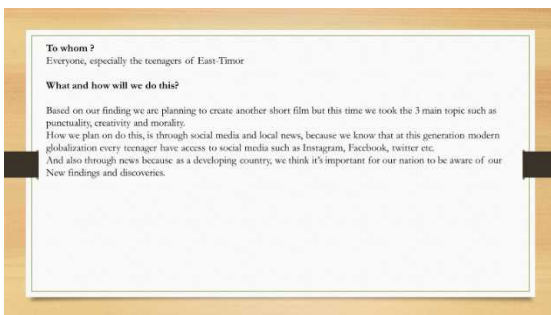


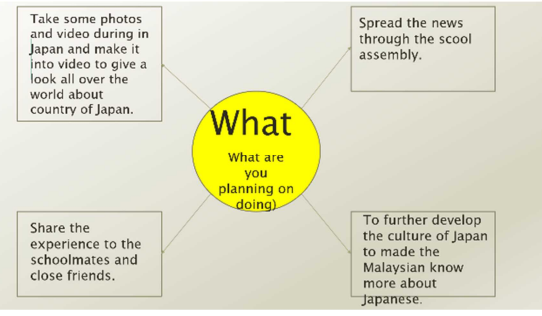


(Vietnam) About Tokyo (Facebook)
 Tokyo and us.
 Japanese bicycle manners are awesome!



(Myanmar) About cultural exchange (Facebook)
 Japan's traditional culture, Tea experience.

7. Action Plan Presented by Participants at the Reporting Session

	<p>2</p> <p>After the program, we'll be making a vlog that would summarize the experiences from the program.</p> 
<p>Action Plan 1 (Timor-Leste) Based on our findings, we are planning to create a short film, mainly about punctuality, creativity and morality, and shared the film through Social medias and any local news.</p>	<p>Action Plan 2 (the Philippines)</p> <ol style="list-style-type: none"> 1) Make a vlog that would summarize the experiences from the program. 2) Make an instructional video on how to join the JENESYS program. 3) Share experiences through the general assemblies in our schools. Showing the vlog and the instructional video about JENESYS.
	
<p>Action Plan (Vietnam)</p> <ol style="list-style-type: none"> 1) Organize conferences 2) Create a public Facebook page to upload pictures and information of our trip to Japan. 3) Share the stories of our trips to friends, families and relatives. 4) Observe the process of activities on the page. 	<p>Action Plan 4 (Malaysia)</p> <p>Share the experience to friends, family or local communities.</p> <p>How: at a school assembly or event, by social medias, family assembly etc.</p>