

JENESYS2017 In-bound Program 7th Batch Report Country: Laos, Myanmar

Theme: (Technology) Exchange in Technology of Environment /
Disaster Prevention

1. Program Overview

15 high school students and college students from Laos and 35 college students from Myanmar visited Japan from October 31 to November 7, 2017 as part of "JENESYS 2017" under the scheme of "Japan's Friendship Ties Program" and participated in the program with the theme of "Exchange in Technology of Environment / Disaster Prevention"

In the lectures that took place in the Metropolitan, the participants learned about social problems in Japan, such as the declining birthrate and aging population in rural areas, and the stagnating domestic economy, the expected roles of local communities, and disaster risk reduction activities performed by public facilities. The delegates from Laos visited Kumamoto Prefecture, which is promoting recovery from the earthquake that occurred in 2016. At the disaster control center in the Kumamoto Prefectural Government Office, they could actually learn disaster risk reduction activities. Moreover, they strengthened the bond with Japan through communication with local people at Kumamoto University and Kumamoto City International Center. They also experienced Japanese culture through a visit to Kumamoto Castle and homestay in Kikuchi City.

The delegates from Myanmar visited Iwate Prefecture, which experienced the Great East Japan Earthquake six years ago. At Iwate Prefectural University, they learned about the concept of Green Infrastructure, a disaster risk reduction system that takes advantage of vegetation, and they thought seriously about the possibility of introducing the idea to Myanmar. In Kamaishi City, they learned about the state when the earthquake occurred and the activities of the local area from local high school students and host families. They also performed a traditional Myanmarese dance and enjoyed cultural exchange.

Through the program, they also gained a broad understanding of Japan, and shared their interests and experiences by social media. Based on those findings in Japan, participants made group presentations in the final session and reported their action plans, which are to be implemented after returning home.

[Participating Countries and Numbers of Participants]

15 participants (Laos), 35 participants (Myanmar)

[Prefectures Visited]

Tokyo (All), Kumamoto (15 participants from Laos), Iwate (35 participants from Myanmar)

2. Program Schedule

Laos

October 31 (Tue) Arrival

[Orientation]

November 01 (Wed) [Lecture on Japanese Culture/Key Note Lecture]

[Observation of Theme-related Facility] The Tokyo Rinkai Disaster

Prevention Park "SONA AREA TOKYO"

Move to Kumamoto

November 02 (Thu) [Visit to Local Government] Kumamoto Prefectural Government

Disaster Prevention Center

[School Exchange] Kumamoto University

[Cultural Experience] Tea ceremony

November 03 (Fri) [Observation of Historical Landmark] Kumamoto Castle

[Exchange with Local Residents and Business Officials]

Kumamoto City International Center (Earthquake study)

[Meeting with Host Family]

[Homestay]

November 04 (Sat) [Homestay]

[Cultural Experience] Kendo experience (Japanese fencing)

Aizome experience (Indigo Dyeing), Making Japanese sweet

November 05 (Sun) [Exchange Meeting with Local Residents]

[Cultural Experience] experience of Ochamori (special tea

ceremony) [Observation of Historical Landmarks] Rengein Tanjyoji

temple,

(Workshop)

November 06 (Mon) Move to Tokyo

[Reporting Session]

November 07 (Tue) Departure

Myanmar

October 31 (Tue) Arrival

[Orientation]

November 01 (Wed) [Lecture on Japanese Culture/Key Note Lecture]

[Observation of Theme-related Facility] Ikebukuro Life Safety

Learning Center

November 02 (Thu) Move to Iwate

[School Exchange] Iwate Prefectural University

[Observation of Theme-related Facility] Unosumai area

[Exchange with Local Residents] Meeting with local high school

students

[Observation of Theme-related Facility] "Inochi no Michi"

Sanriku Hitotsunagi Nature School

[Meeting with Host Family]

November 04 (Sat) [Homestay]

[Cultural Experience] Tannai Kagura (Shinto theatrical dance)

November 05 (Sun) [Exchange Meeting with Local Residents]

[Workshop]

November 06 (Mon) Move to Tokyo

[Reporting Session]

November 07 (Tue) Departure

3. Program Photos

Laos



11/1 【Observation of Theme-related Facility】 The Tokyo Rinkai Disaster Prevention Park "SONA AREA TOKYO"



11/2 [Visit to Local Government] Kumamoto Prefectural Government Disaster Prevention Center



11/2 【School Exchange】 Kumamoto University



11/3 [Observation of Historical Landmark] Kumamoto Castle



11/4 [Cultural Experience] Making



11/5 [Exchange Meeting with Local

Japanese sweet



11/5 [Cultural Experience] experience of Ochamori (special tea ceremony)
[Observation of Historical Landmarks]
Rengein Tanjyoji temple,

Residents]



11/6 [Reporting Session]

Myanmar



11/1 【Lecture on Japanese Culture/Key Note Lecture】



11/2 【School Exchange】 Iwate Prefectural University



11/3 【Lecture on the Region】 Kamaishi city hall



11/3 【Observation of Theme-related Facility】 "Inochi no Michi" Sanriku Hitotsunagi Nature School



11/4 [Cultural Experience] Tannai Kagura (Shinto theatrical dance)



11/5 [Exchange Meeting with Local Residents]

4. Voice from Participants (abstract)

♦ Laos, Student

At Kumamoto University, we had an opportunity to learn about the student life of exchange students and Japanese students as well as the Japanese education system. We were also happy that we got the chance to talk about our culture and life in Laos.

At SONA AREA TOKYO and the disaster control center in Kumamoto Prefectural Government Office, we had an opportunity to learn about the damage caused by natural disasters in detail. We were impressed with the energy of Japanese people to recover and reconstruct immediately and efficiently after disasters occur.

The host family was very kind and caring for us at all times, which made us very happy.

♦ Laos, Student

I never thought that I could come to Japan, so staying in Japan was like a dream. I participated in programs and learned various things. At the disaster control center in Kumamoto Prefectural Government Office, I could learn how the city officials acted when the disaster occurred and the way to save residents.

At the visit to corporations and local government, I learned that all staff members have strong sense of responsibility for their own tasks, and they are performing various initiatives to increase the income of residents. I feel that Laos should learn from Japan with this sense of responsibility. The homestay was much better than I expected and my homestay father and mother treated me as their own child and took me to many places.

♦ Myanmar, Student

At the Ikebukuro Life Safety Learning Center, I participated in a lecture about measures to prevent disasters based on actual experiences and I think that my country should also be trained for natural disasters that may occur at any time. I felt very sad when I saw the film footage of the Great East Japan Earthquake. When I actually visited Kamaishi City and saw the current state of the city, I was moved by the 6-year effort to recover from the earthquake there. I was able to learn about the cooperation with local government administration by local residents from my host family and the cultural experience program at the residents' association. While all of the participants were students and young people, my host family always treated us with kindness and respected us.

♠ Myanmar, Student

I experienced so many things that I cannot choose just one as my best memory. First of all, I was moved by the well-regulated work and politeness of the airport staff when I landed at the airport. They worked hard and were very friendly. The actual Japan was much better place than I knew through books and lectures.

From the experience in Kamaishi City, I thought I could never feel failure or give up. People

in Kamaishi City were working hard on recovery and reconstruction after the tsunami caused by the Great East Japan Earthquake and the subsequent secondary disasters. Due to meeting these people, I gained the ability to make a wonderful life no matter what difficulties I face. I want to come back to Kamaishi City hundred times more.

5. Voice from Japanese Students/Schools/Host Families/Organizations

Host family

Since it was my first time to accept homestay students, I didn't know what to prepare. I didn't know much about Laos and I was a bit nervous, but my anxiety gradually dissipated while I made a welcome board and prepared the welcome party performance. The best thing happened by participating in this program was that my daughter was able to broaden her viewpoint through this exchange and gained much inspiration from it. She is very happy that she now has friends in Laos.

♦ Host family

Although they only stayed for two nights, I couldn't stop crying when we parted. Even though we spoke haltingly each other, we were indeed able to communicate. I was so happy that they played badminton with my grandchildren, took walks with us, and also complemented me on the food that I made for them. I now have three sons in Laos. Thank you very much for coming.

Myanmar

Host family

They were more sincere than I expected and they were really kind youngsters. We want them to become people who can go all over the world.

♦ Host family

They were very friendly and polite, and I had a great time together with them. We were able to communicate even it was haltingly. We talked about our cultures and other things, and the time passed really fast. I became to like Myanmar so much in these three days and want to visit there.

6. Dissemination by the participants



(Laos) About the program in Kumamoto (Facebook)
My day in Kumamoto
Kumamoto Prefectural Government
Disaster Prevention Center, School
exchange with Kumamoto University and
Tea experience in the hotel



(Laos) About the program in Tokyo (Facebook) My first day in Tokyo



(Myanmar) About Shinkansen bullet train (Facebook)

We went to Iwate prefecture by Shinkansen. Believe it or not, this movie was taken from the window of Shinkansen just using my smart phone without tripod. You can see how stable the Shinaknse ride is. It was very comfortable.



(Myanmar) About the program in Iwate (Facebook)

We have just finished the homestay program, a part of JENESYS program, and did workshop. Our hostfamily taught us local industries in their area. I'm sure that the knowledge we obtained during the program will help Maynmar's future. We will discuss how we share the information to

the people in Myanmar.

7. Action Plan Presented by Participants at the Reporting Session



Action Plan 1 (Laos)

Organize a seminar on countermeasure against natural disasters in Kumamoto Contents: 1) Situation of damage

- 2) Countermeasure against the earthquake
- 3) Disaster prevention



Action Plan 2 (Myanmar)

1. Share the information about disaster prevention

We advise people in Myanmar the threat of natural disaster and importance of disaster prevention by social media, newspaper, magazine or seminar.

2. Disposal of garbage and factory waste We share the correct information about garbage separation and disposal of factory waste to local citizens or schools.