

## **JENESYS2016 (In-bound Program) 13th Batch**

**Philippines / Theme: Culture (Japanese Language Communication**

**▪ Japanese Culture Exchange)**

**Vietnam / Theme: Culture (Japanese Language Communication**

**▪ Japanese Culture Exchange)**

**Myanmar / Theme: Culture (Japanese Language Communication**

**▪ Japanese Culture Exchange)**

**Laos / Theme: Technology (Environment Protection ▪ Disaster Prevention)**

### **Program Report**

#### **1. Program Overview**

As part of the Exchange Program “JENESYS 2016”, 25 Filipino college students, 26 high school and junior high school students from Vietnam, 24 college and graduate students from Myanmar and 25 Lao college, high school students and teachers stayed in Japan from February 7<sup>th</sup> to 14<sup>th</sup> to participate in the program aimed at promoting their understanding of Japan with regard to Japanese politics, economy, society, culture, history, education and foreign policy. Through visiting local governments and companies, school exchanges, homestay and other activities, the participants enjoyed a wide range of opportunities to improve their understanding of Japan and shared their individual interests and experiences through network in SNS. Based upon their findings and learning in Japan, each group of participants made a presentation in the final session and reported on the action plans to be taken after returning to their home countries.

**【Participating Countries / Number of Participants】** Philippines: 25, Vietnam: 26, Myanmar: 24, Laos: 25

**【Prefectures Visited】** Tokyo(All), Okayama(Philippines 25), Yamanashi(Vietnam 26), Osaka(Myanmar 24), Miyagi(Laos 25)

#### **2. Program Schedule**

##### **(1) Philippines**

Feb 7 (Tue) : Arrival at Narita International Airport  
【Orientation】

Feb 8 (Wed) :

**【Lecture on Japanese Culture/Key Note Lecture】**

Mr. Hideo Kimura

Executive Managing Director of Strategic International  
Management Associates (SIMA)

**【Observation of Historical Landmark / Observation of Traditional**

**Culture】** Edo-Tokyo Museum

Feb 9 (Thu) :

Travel to Okayama by Shinkansen  
**【Observation of Local Industry/Company】**  
Tamashima Misoshouyu Co. Ltd. / Kikuchi Sake Producing Co.  
Ltd. / Shiraga Shouten  
**【Observation of Historical Landmark】** Kurashiki Bikan Historical  
Quarter

Feb 10 (Fri) :

**【Observation of Historical Landmark】**  
Okayama Castle/ Korakuen / Okayama Prefectural Museum  
**【School Exchange】** Kibi International University (Exchange of  
Presentation)  
**【Meeting with Host Family】**  
**【Homestay】**

Feb 11 (Sat) :

**【Homestay】**

Feb 12 (Sun) :

**【Farewell Party with Host Family】**  
**【Workshop】**

Feb 13 (Mon) :

Travel back to Tokyo by Shinkansen  
**【Reporting Session】**

Feb 14 (Tue) :

Departure for Home Country

## **(2) Vietnam**

Feb 7 (Tue) :

Arrival at Narita International Airport  
**【Orientation】**

Feb 8 (Wed) :

**【Lecture on Japanese Culture/Key Note Lecture】**  
Executive Managing Director of Strategic International  
Management Associates (SIMA)  
**【Observation of Traditional Culture】** Edo-Tokyo Museum

Feb 9 (Thu) :

Travel to Yamanashi (local area) by bus  
**【School Exchange】** Kofu-Nishi High School

- Welcome reception
- Participation in classes
- Discussion

- Feb 10 (Fri) :
  - Participation in club activities
  - 【Courtesy Call on Local Government】 Deputy Governor of Yamanashi Prefecture
  - 【Cultural Experience】 Sai Lake "Iyashi no sato NENBA"
  - 【Observation of High Technology】 Yamanashi Prefectural Maglev Exhibition Center
  - 【Meeting with Host Family】
  - 【Homestay】
- Feb 11 (Sat) :
  - 【Homestay】
- Feb 12 (Sun) :
  - 【Farewell Party with Host Family】
  - 【Workshop】
- Feb 13 (Mon) :
  - Travel back to Tokyo by bus
  - 【Reporting Session】
- Feb 14 (Tue) :
  - Departure for Home Country

### **(3) Myanmar**

- Feb 7 (Tue) :
  - Arrival at Narita International Airport
  - 【Orientation】
- Feb 8 (Wed) :
  - 【Lecture on Japanese Culture/Key Note Lecture】
  - Mr. Hideo Kimura,  
Executive Managing Director of Strategic International Management Associates (SIMA)
  - 【Observation of Traditional Culture】 Edo-Tokyo Museum
- Feb 9 (Thu) :
  - Travel to Osaka by Shinkansen
  - 【Courtesy Call / Lecture by Local Government】 Sakai City
  - 【Cultural Experience】 Daisenkousen (Japanese Garden)
  - Mausoleum of Emperor Nintoku
  - Experience of tea ceremony
- Feb 10 (Fri) :
  - 【 School Exchange 】 ECC Kokusai College of Foreign Languages
  - Welcome reception
  - Discussion

- 【Cultural Experience】** Osaka Museum of Housing and Living  
**【Observation of Historical Landmark】** Sumiyoshi Taisha  
**【Meeting with Host Family】**  
**【Homestay】**
- Feb 11 (Sat) :
- 【Homestay】**
- Feb 12 (Sun) :
- 【Farewell Party with Host Family】**  
**【Workshop】**
- Feb 13 (Mon) :
- Travel back to Tokyo by Shinkansen  
**【Reporting Session】**
- Feb 14 (Tue) :
- Departure for Home Country
- (4) Laos**
- Feb 7 (Tue) : Arrival at Narita International Airport  
**【Orientation】**
- Feb 8 (Wed) :
- 【Lecture on Japanese Culture/Key Note Lecture】**  
Mr. Hideo Kimura,  
Executive Managing Director of Strategic International  
Management Associates (SIMA)  
**【Environment】** Ariake Incineration Plant  
**【Observation of Commercial Facility】** Odaiba
- Feb 9 (Thu) :
- Travel to Miyagi by Shinkansen  
**【School Exchange】** Tohoku Institute of Technology
- Exchange Meeting
  - Participation in classes
  - Observation of Research Laboratories
- Feb 10 (Fri) :
- 【Courtesy Call on Local Government】** Minami-Sanriku Machi  
**【Observation of Disaster Prevention-related Facility】**  
Earthquake Story Tellers  
**【Meeting with Host Family】**  
**【Homestay】**
- Feb 11 (Sat) :
- 【Homestay】**
- Feb 12 (Sun) :

【Farewell Party with Host Family】

【Workshop】

Feb 13 (Mon) :

Travel back to Tokyo by Shinkansen

【Reporting Session】

【Observation of Historical Landmark】 Sensoji, Nakamise-Dori

Feb 14 (Tue) :

Departure for Home Country

### 3. Program Photos

#### Common Program : Tokyo

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| 2/7 【日本理解講義／基調講演】  | 2/13 【報告会】  |
| 【Lecture on Japanese Culture／Key Note Lecture】                                     | 【Reporting Session】   |

#### Philippines : Okayama

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| 2/9 【地域産業・企業視察】玉島味噌醤油合資会社   | 2/9 【地域産業・企業視察】株式会社白神紙商店   |
| 【Observation of Local   | 【Observation of Local  |

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| <p>Industry/Company】 Tamashima<br/>Misoshouyu Co. Ltd.</p>                         | <p>Industry/Company】 Shiraga Co. Ltd.</p>   |
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| <p>2/10【文化体験】岡山県立博物館</p>   | <p>2/10【歴史的建造物視察】岡山城・後楽園</p>  |
| <p>【Cultural Experience】 Okayama Prefectural Museum</p>                            | <p>【Observation of Historical Landmark】 Okayama Castle/ Korakuen</p>                |
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| <p>2/10【学校交流】吉備国際大学岡山キャンパス</p>   | <p>2/12【ホームステイ歓送会】岡山市</p>   |
| <p>【School Exchange】 Kibi International University</p>                             | <p>【Farewell Party with Host Family】</p>  |

**Vietnam : Yamanashi**



2/9【最先端技術視察】 山梨県立リニア見  
学センター

【Observation of Cutting-Edge  
Technology】  
Yamanashi Prefectural Maglev  
Exhibition Center



2/9【学校交流】 甲府西高等学校 剣道  
体験

【School Exchange】 Kofu-Nishi High  
School Kendo-experience



2/10【地方自治体表敬訪問】 山梨県副知  
事 表敬訪問

【Courtesy Call on Local Government】  
Deputy Governor of Yamanashi  
Prefecture



2/10【文化体験】 西湖いやしの里 根湯  
視察

【Cultural Experience】 Sai Lake  
"Iyashi no sato NENBA"



2/10【文化体験】 山梨県立富士山世界遺産



2/12【ホームステイ】 ホームステイ 歓送会

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| センター  |  |
| 【Cultural Experience】 Fujisan World Heritage Center | 【Homestay Farewell Party】 with Host Family |

**Myanmar : Osaka**

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| <p>2/9 【地域概要講義】堺市</p>   | <p>2/9 【文化体験】大仙公園（日本庭園）</p>  |
| <p>【Lecture on Outline of the Region】Sakai City</p>                                 | <p>【Cultural Experience】Daisen Park Japanese Garden</p>                              |
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| <p>2/10 【文化体験】お茶体験</p>  | <p>2/10 【学校交流】ECC 国際外語専門学校</p>   |
| <p>【Cultural Experience】Tea Ceremony</p>  | <p>【School Exchange】ECC Foreign Language Institute</p>                               |
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| <p>2/12 【ホームステイ 歓送会】</p>  | <p>2/12 【ワークショップ】</p>  |
| <p>【Farewell Party with Host Family】</p>  | <p>【Workshop】</p>  |

**Laos : Miyagi**

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| <p>2/9 【学校交流】 東北工業大学</p>  | <p>2/10【地方自治体表敬訪問・地域概要講義】<br/>南三陸町役場</p>   |
| <p>【School Exchange】<br/>Tohoku Institute of Technology</p>                         | <p>【Courtesy Call on Local Government】<br/>Minami-Sanriku Machi</p>                  |
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| <p>2/10 【防災施設関連視察】<br/>震災語り部ツアー</p>   | <p>2/11 【ホームステイ】 南三陸町</p>  |
| <p>【Observation of Disaster<br/>Prevention-related Facility】</p>                    | <p>【Homestay】 Minami-Sanriku Machi</p>   |
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| <p>2/12 【ホームステイ 歓送会】<br/>【Farewell Party with Host Family】</p>                      | <p>2/12 【ワークショップ】<br/>【Workshop】</p>   |

#### **4. Voice from Participants (Selection)**

##### **◆Filipino Student**

Japanese people really put a lot of importance on tradition, good manners, economy and progress. Even young people know the importance of historical areas. The companies we visited were all long time companies that still continue today. The tours showed how Japan has a perfect balance between keeping traditions and progressing forward. The Japanese people are also extremely kind, accommodating and easy to make friends with and will go out of their way for a guest. We were only together for a short time, but we cried when we said goodbye. It was an unforgettable experience and I will always be thankful to N family.

##### **◆Vietnam Student**

The keynote speech introducing us to Japan was concise and easy to understand, with a lot of information that I found meaningful. The school visit was wonderful. We were impressed by how tidy the school was and the way in which the students observed all the rules. The fact that Japanese students learn about traditional culture as well at school is a major difference from Vietnamese schools and is a good way of passing on traditional culture while leading a modern lifestyle.

At the Maglev Exhibition Center, Japan's outstanding technology made a lasting impression on me, while at Yamanashi Prefectural Office, the Vice Governor of Yamanashi Prefecture welcomed us warmly. This was my first experience of a homestay and it was absolutely splendid. My host family were very kind and looked after me well; they also had a good impression of Vietnam. Thanks to this experience, I was able to gain a deeper understanding of Japanese culture and the character of its people, from children through to adults.

##### **◆Lao Student**

Many things impressed me during my visit to Japan, especially the homestay program. On the first day of the homestay, my host father kindly taught me about Japanese etiquette, vocabulary, ways of speaking, and ways of keeping things neat and tidy. I had already heard that Japanese people were courteous and liked orderliness and cleanliness, but this was the first time that I had experienced it for myself. My host parents taught me about natural disasters, how to save myself in the event of such a disaster, and the damage that they can cause. Both of them had actually experienced the devastation caused by the earthquake and tsunami. My host father talked of his experiences and took me to see a disaster-stricken area. As well as an in-depth insight into how people who had lost everything felt, I gained a deeper understanding of the environment and natural disasters. There were words that I did not understand, but that was not a barrier to understanding for me. From my own feelings and the look in their eyes, I was able to learn, experience and understand many things concerning nature and culture.

## **5. Voice from Japanese Participants**

### **◆Host Family**

Before this homestay, my husband and son did not have a very good impression of foreigners or other countries, thinking that going abroad was dangerous and generally preferring Japan, but as a result of hosting a homestay, they think differently about foreigners and other countries and seem to have become more interested in them. My daughter likes South Korea and has occasionally spent short periods studying there; she is also thinking about studying there long term. I am very pleased that my decision to apply to host a homestay, in the hope of encouraging my family to be more supportive of my daughter, has worked out so well.

### **◆Japanese Student**

Students from Laos came to visit us on this exchange to promote understanding of Japan. The Laotian students were very friendly and we immediately got on well, just from eating together. Most of the students were interested in Japan and we would like to introduce them to Japan (Sendai) again sometime if we have the opportunity. If we had more time, we would like to show them around local tourist attractions and make Japanese food together. The time we had was really limited, so I was amazed by how we hit it off straight away. They speak English better than we do, so I think we need to work on improving our English. I think we have to work on our speaking skills, rather than relying on nonverbal communication. Looking to the future, I believe that interaction with the rest of Asia is going to be the most important thing. I want to use social media fully to keep in touch, cherishing the links that we forged during this visit to maintain a relationship in which we can share information with each other, despite being in different countries. If they come back to Japan, I would like to help them out by showing them around tourist spots and doing a bit of interpreting.

### **◆Teacher**

After giving them a taste of the real Tohoku, touching the snow and taking photos, we had a lunch buffet in the university cafeteria. One of the things on the menu was *takoyaki* (octopus dumplings); evidently, some of them were trying it for the first time. The visiting students and those of our students with an interest in international exchange got to know each other better as they chatted, exchanging contact details and information about Laos and Japan. The Laotian students listened intently to two lectures about the environment and disaster prevention, followed by an explanation of dampers and the braces used as part of the earthquake-resistant structure to protect the university buildings. They were then shown the system that detects earthquakes with a seismic intensity of 1 or higher and displays details on a monitor, and were told that (according to the Japan Meteorological Agency) 10,681 earthquakes with a seismic intensity of 1 or higher were observed in 2011, the year of the Great East Japan Earthquake. Apparently, earthquakes hardly ever occur in Laos. I think that our visitors gained a deeper understanding of the situation in earthquake-prone Japan and

the need for constant improvement in technical capabilities and disaster prevention. Our students had prepared a folded paper box, paper cranes, paper *shuriken* stars, and other origami, which they distributed to the visiting students, along with origami paper and written instructions in English on how to fold the paper into these shapes. It was a pity that few students were at the university because it was outside the semester period. I think the Laotian students would have enjoyed it more if more students from our university had been able to participate. I have posted photographs from their visit and an article about it on the university's Facebook page and have forged links with a number of participating students, so I would like to continue sharing information in the future.



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| Technology (Facebook)<br>Yamanashi Prefectural Maglev Exhibition Center | Culture (Facebook)<br>Tea Ceremony at Kofu Nishi High School.<br>Learned Reconstruction of the City (Facebook) |
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## 7. Action Plan Presented at the Reporting Session by Participants

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| <p><b>Open Japanese Cultural Festival</b></p> <p><b>Activities</b></p> <ul style="list-style-type: none"> <li>• Professional lectures about Japanese culture (e.g. chopsticks, tea ceremony, kimono, traditional games, calligraphy, origami, Ikebana, pop culture, etc.)</li> <li>• Japanese food</li> <li>• Cultural booths</li> <li>• Film viewing</li> <li>• Workshops</li> </ul> | <p><b>Action plan</b></p> <p><b>3R – Reduce, Reuse and Recycle</b></p> <ul style="list-style-type: none"> <li>• Why: pollution problem affects environment, social economy</li> <li>• When: after returned from 2 to 6 months</li> <li>• Who: students who joined in JENESYS</li> <li>• To whom: students who study at the same school, near our livings</li> <li>• What: Advise how to classify garbage, educate the young</li> <li>• How: make banners, advise in the class time, hold a garbage classification week</li> </ul> |
| <p>【フィリピン】</p> <p>2017年10月ダバオ市にて日本文化と伝統を紹介するプロジェクトフィリピン - 日本フェスティバルを開催する。誰でも参加できるオープンな形とし、講義、書道、茶道体験、日本食、映画上映、その他の活動を計画中。</p>   | <p>【ベトナム】</p> <ul style="list-style-type: none"> <li>• 帰国後2か月～6か月：JENESYS2016プログラム参加者が学校内及び住んでいる地域内で3R運動を行う。</li> <li>• バナーやポスターを作り、ごみ分別週間を催し、地域の小中学校生向けのごみ分別指導を計画・実施する。</li> </ul>   |
| <p>【Philippines】 Holding an open festival in Davao which introduces Japanese culture and tradition, such as calligraphy, tea ceremony, traditional Japanese food, movies, to the public. The projected schedule of the event is in October, 2017.</p>   | <p>【Vietnam】</p> <ul style="list-style-type: none"> <li>- 2 to 6 months after the Jenesys program, the participants will implement the “3R” (Reduce, Reuse, Recycle) activity in their schools or communities.</li> <li>- This is an enlightenment project to increase the awareness of how to reduce and separate the garbage for recycling among local elementary school students.</li> </ul>   |

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| <p style="text-align: center;"><b>Our Action Plan</b></p> <ul style="list-style-type: none"> <li>• Project name: "Learn Environment Protection and Disaster Prevention with JENESYS"</li> <li>• Why: To represent Japanese culture, environmental awareness and disaster prevention in Japan.</li> <li>• Who will do it?: JENESYS 2016 2<sup>nd</sup> batch member</li> <li>• When: After 1 month</li> <li>• Who will receive it?: High School students, Lao citizen</li> <li>• Where: During the Debate competition.</li> <li>• What: Video Presentation(About environment and disaster prevention), Q&amp;A with prize, Photo presentation, Present Recycle items etc. (Total budget: 800,000)</li> <li>• How: Setting up education booth in an event, for members who live in other province that is not Vientiane Capital will promote from person to person and through facebook.</li> </ul> | <p style="text-align: center;"><b>Our Action Plan</b></p> <ul style="list-style-type: none"> <li>• Project name: "Learn Environment Protection and Disaster Prevention with JENESYS"</li> <li>• Why: To represent Japanese culture, environmental awareness and disaster prevention in Japan.</li> <li>• Who will do it?: JENESYS 2016 2<sup>nd</sup> batch member</li> <li>• When: After 1 month</li> <li>• Who will receive it?: High School students, Lao citizen</li> <li>• Where: During the Debate competition.</li> <li>• What: Video Presentation(About environment and disaster prevention), Q&amp;A with prize, Photo presentation, Present Recycle items etc. (Total budget: 800,000)</li> <li>• How: Setting up education booth in an event, for members who live in other province that is not Vientiane Capital will promote from person to person and through facebook.</li> </ul> |
| <p><b>【ミャンマー】</b><br/> <b>アクション・プランの発表</b><br/> <b>なぜ： 良い振る舞いや制度を真似るため。情報や知識の共有、また日本語と文化の共有をするため。</b><br/> <b>いつ： 帰国後1か月以内</b><br/> <b>誰が： 訪日団全員。誰に： 各大学</b><br/> <b>どのように： 各大学での発表。英会話クラブのミーティング。弁論クラブでのプレゼンテーション。</b></p>   | <p><b>【ラオス】</b><br/> <b>ビエンチャンで行われるディベート大会において、今回得た体験や知識を発信する場所（ブース）を設ける。</b><br/> <b>日本の環境保護および防災に関するビデオの上映。クイズを出して正解者に賞品を提供、リサイクル製品の展示などを行う。</b></p>  |
| <p><b>【Myanmar】</b><br/> <b>Why: To follow the goodness of Japanese manner and rules, and share with us its knowledge, information, language and culture.</b><br/> <b>When: within 1 month after JENESYS</b><br/> <b>Who: All participants</b><br/> <b>Whom: To the college students in the same school of the participants.</b><br/> <b>How: Make presentations at each college in the English Speaking Society or Debating Club.</b></p>  | <p><b>【Laos】 Setting up an education booth during the Debate Competition in Vientiane and voice out our experience and acknowledge gained in JENESYS. Video Presentation (about Japanese environment protection and disaster prevention)</b><br/> <b>Q&amp;A with prize, Photo presentation, Recycle items display etc.</b></p>   |