

Sum up of radionuclide test results carried out since 19 March 2011  
(Up-to-date Report as of 19:00, 21 December 2011)

| Food origin<br>(Prefecture) | Food group          | Number of food<br>samples tested | Number of foods<br>positive at levels<br>exceeding provisional<br>regulation limits<br>(action levels) | Food concerned (numbers)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
|-----------------------------|---------------------|----------------------------------|--------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Fukushima                   | vegetable           | 7319                             | 292                                                                                                    | bamboo shoot (55), spinach (39), log-grown shiitake (outdoor) (41), broccoli (21), dried shiitake (15), umai (11), hatsutake (8), rapeseed (9), komatuna (6), sea oak (6), yuzu (6), apricot milkcap (7), kukitachina (5), cabbage (5), shinobuhayuna (5), kosaitai (4), dried dokudami (4), kiwi fruit (4), mizuna (3), ostrich fern (3), turnip (3), log-grown shiitake (hothouse cultivation) (3), wasabi (root) (3), hana wasabi (2), bitamina (2), santona (2), Japanese parsley (2), grifola frondosa (2), jersey cow mushroom (2), chestnut (2), log-grown phokota nameko (outdoor) (2), chiirena (1), wakame seaweed (1), hijiki (1), loquat (1), fig (1), matsutake mushroom (1), koutake (1), pomegranate (1), fried chicken mushroom (1), mushroomed-grown shiitake (hothouse cultivation) (1), persimmon (1), dried judas' ear fungus (1), bitter melone tea (1) |
|                             | fishery products    | 2300                             | 156                                                                                                    | common skate (33), ayu (21), greenling (18), rock fish (12), cherry salmon (9), juvenile sand lance (6), brown hakeling (7), stone flounder (6), northern sea urchin (6), lefteye flounder (5), goldeye rockfish (5), white bite (4), hen-clam (4), righteye flounder (4), japanese dace (3), japanese smelt (3), slime flounder (2), jacobever (2), blue mussel (1), sea urchin (1), char (1), japanese mitten crab (1), willow gudgeon (1), japanese seabass (1), fox jacobever (1), spotbelly rockfish (1)                                                                                                                                                                                                                                                                                                                                                                |
|                             | milk·dairy products | 548                              | 18                                                                                                     | raw milk (18)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|                             | meat·egg            | 4226                             | 109                                                                                                    | beef (59), boar meat (45), asian black bear meat (4), copper pheasant (1)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
|                             | grain               | 1844                             | 2                                                                                                      | wheat (1), unpolished rice (1)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| Ibaraki                     | others              | 117                              | 4                                                                                                      | raw tea leaf (1), rapeseed (1), dried nikko maple (1), tochu tea (1)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
|                             | subtotal            | 16354                            | 581                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|                             | vegetable           | 1162                             | 48                                                                                                     | spinach (29), parsley (7), log-grown shiitake (9), mizuna (1), red leaf lettuce (1), apricot milkcap (1)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
|                             | fishery products    | 828                              | 6                                                                                                      | juvenile sand lance (5), brown hakeling (1)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
|                             | milk·dairy products | 108                              | 5                                                                                                      | raw milk (5)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Tochigi                     | meat·egg            | 5719                             | 4                                                                                                      | boar meat (4)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|                             | grain               | 543                              | -                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|                             | others              | 65                               | 13                                                                                                     | raw tea leaf (13)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
|                             | subtotal            | 8425                             | 76                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|                             | vegetable           | 604                              | 31                                                                                                     | dried shiitake (9), spinach (9), brick cap (8), log-grown phokota nameko (3), garland chrysanthemum (2)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Gunma                       | fishery products    | 33                               | -                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|                             | milk·dairy products | 76                               | -                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|                             | meat·egg            | 5504                             | 18                                                                                                     | beef (10), sika deer meat (2), boar meat (2), bear meat (1)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
|                             | grain               | 596                              | -                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|                             | others              | 14                               | 4                                                                                                      | raw tea leaf (2), unrefined tea leaf (2)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Saitama                     | subtotal            | 6827                             | 53                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|                             | vegetable           | 901                              | 11                                                                                                     | dried shiitake (8), spinach (2), kakina (1)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
|                             | fishery products    | 30                               | 10                                                                                                     | japanese smelt (5), japanese dace (3), char (2)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|                             | milk·dairy products | 120                              | -                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|                             | meat·egg            | 5748                             | -                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Chiba                       | grain               | 148                              | -                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|                             | others              | 12                               | 3                                                                                                      | raw tea leaf (1), unrefined tea leaf (2)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
|                             | subtotal            | 6959                             | 24                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|                             | vegetable           | 704                              | -                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|                             | fishery products    | 9                                | -                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Tokyo                       | milk·dairy products | 82                               | -                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|                             | meat·egg            | 156                              | -                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|                             | grain               | 198                              | -                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|                             | others              | 1823                             | 127                                                                                                    | refined tea leaf (118), unrefined tea leaf (9)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
|                             | subtotal            | 2972                             | 127                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Shizuoka                    | vegetable           | 973                              | 15                                                                                                     | garland chrysanthemum (4), parsley (2), spinach (2), log-grown shiitake (outdoor) (4), qing-geng-cai (1), celery (1), sanchu asian lettuce (1)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
|                             | fishery products    | 425                              | -                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|                             | milk·dairy products | 90                               | -                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|                             | meat·egg            | 245                              | -                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|                             | grain               | 380                              | -                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Hokkaido                    | others              | 37                               | 15                                                                                                     | raw tea leaf (6), unrefined tea leaf (7), refined tea leaf (2)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
|                             | subtotal            | 2150                             | 30                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|                             | vegetable           | 263                              | 1                                                                                                      | komatuna (1)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
|                             | fishery products    | 31                               | -                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|                             | milk·dairy products | 8                                | -                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Toyama                      | meat·egg            | 3                                | -                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|                             | grain               | 14                               | -                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|                             | others              | 69                               | 6                                                                                                      | refined tea leaf (5), raw tea leaf (1)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
|                             | subtotal            | 388                              | 7                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |

|           |                     |      |    |                                                        |
|-----------|---------------------|------|----|--------------------------------------------------------|
| Kanagawa  | vegetable           | 294  | 4  | dried shiitake (4)                                     |
|           | fishery products    | 147  | -  |                                                        |
|           | milk·dairy products | 93   | -  |                                                        |
|           | meat·egg            | 52   | -  |                                                        |
|           | grain               | 10   | -  |                                                        |
| Niigata   | others              | 83   | 17 | unrefined tea leaf (11), raw tea leaf (6)              |
|           | subtotal            | 679  | 21 |                                                        |
|           | vegetable           | 1070 | -  |                                                        |
|           | fishery products    | 59   | -  |                                                        |
|           | milk·dairy products | 76   | -  |                                                        |
| Nagano    | meat·egg            | 313  | -  |                                                        |
|           | grain               | 11   | -  |                                                        |
|           | others              | 12   | -  |                                                        |
|           | subtotal            | 1541 | 0  |                                                        |
|           | vegetable           | 421  | 1  | cyanametsumutake (mushroom) (1)                        |
| Aomori    | fishery products    | 9    | -  |                                                        |
|           | milk·dairy products | 18   | -  |                                                        |
|           | meat·egg            | 3242 | -  |                                                        |
|           | grain               | 93   | -  |                                                        |
|           | others              | 5    | -  |                                                        |
| Iwate     | subtotal            | 3788 | 1  |                                                        |
|           | vegetable           | 397  | -  |                                                        |
|           | fishery products    | 226  | -  |                                                        |
|           | milk·dairy products | 12   | -  |                                                        |
|           | meat·egg            | 140  | -  |                                                        |
| Miyagi    | grain               | 53   | -  |                                                        |
|           | subtotal            | 828  | 0  |                                                        |
|           | vegetable           | 195  | -  |                                                        |
|           | fishery products    | 276  | -  |                                                        |
|           | milk·dairy products | 155  | -  |                                                        |
| Akita     | meat·egg            | 3919 | 23 | beef (22), bear meat (1)                               |
|           | grain               | 136  | -  |                                                        |
|           | others              | 5    | -  |                                                        |
|           | subtotal            | 4686 | 23 |                                                        |
|           | vegetable           | 376  | 2  | log-grown late fall oyster (1), log-grown shiitake (1) |
| Yamagata  | fishery products    | 390  | -  |                                                        |
|           | milk·dairy products | 120  | -  |                                                        |
|           | meat·egg            | 7025 | 56 | beef (56)                                              |
|           | grain               | 527  | -  |                                                        |
|           | others              | 9    | 1  | rice bran (1)                                          |
| Yamanashi | subtotal            | 8447 | 59 |                                                        |
|           | vegetable           | 41   | -  |                                                        |
|           | fishery products    | 8    | -  |                                                        |
|           | milk·dairy products | 3    | -  |                                                        |
|           | meat·egg            | 806  | 2  | beef (2)                                               |
| Shizuoka  | grain               | 85   | -  |                                                        |
|           | subtotal            | 943  | 2  |                                                        |
|           | vegetable           | 347  | -  |                                                        |
|           | fishery products    | 16   | -  |                                                        |
|           | milk·dairy products | 12   | -  |                                                        |
| Hokkaido  | meat·egg            | 7745 | 2  | beef (2)                                               |
|           | grain               | 317  | -  |                                                        |
|           | others              | 6    | -  |                                                        |
|           | subtotal            | 8443 | 2  |                                                        |
|           | vegetable           | 98   | -  |                                                        |
| Toyama    | milk·dairy products | 6    | -  |                                                        |
|           | meat·egg            | 62   | -  |                                                        |
|           | grain               | 57   | -  |                                                        |
|           | others              | 11   | -  |                                                        |
|           | subtotal            | 234  | 0  |                                                        |
| Shizuoka  | vegetable           | 92   | 3  | dried shiitake (3)                                     |
|           | fishery products    | 45   | -  |                                                        |
|           | milk·dairy products | 9    | -  |                                                        |
|           | meat·egg            | 635  | -  |                                                        |
|           | grain               | 14   | -  |                                                        |
| Hokkaido  | others              | 183  | 7  | refined tea leaf (7)                                   |
|           | subtotal            | 978  | 10 |                                                        |
|           | vegetable           | 30   | -  |                                                        |
|           | fishery products    | 312  | -  |                                                        |
|           | milk·dairy products | 21   | -  |                                                        |
| Toyama    | meat·egg            | 637  | -  |                                                        |
|           | grain               | 7    | -  |                                                        |
|           | others              | 1    | -  |                                                        |
|           | subtotal            | 1008 | 0  |                                                        |
|           | meat·egg            | 59   | -  |                                                        |
|           | grain               | 95   | -  |                                                        |
|           | subtotal            | 154  | 0  |                                                        |

|           |                    |             |          |
|-----------|--------------------|-------------|----------|
| Ishikawa  | meat-egg           | 95          | -        |
|           | grain              | 40          | -        |
|           | <b>subtotal</b>    | <b>135</b>  | <b>0</b> |
| Fukui     | meat-egg           | 65          | -        |
|           | grain              | 106         | -        |
|           | <b>subtotal</b>    | <b>171</b>  | <b>0</b> |
| Gifu      | vegetable          | 12          | -        |
|           | milk-dairyproducts | 3           | -        |
|           | meat-egg           | 161         | -        |
|           | grain              | 6           | -        |
|           | <b>subtotal</b>    | <b>182</b>  | <b>0</b> |
| Aichi     | vegetable          | 2           | -        |
|           | fishery products   | 12          | -        |
|           | milk-dairyproducts | 4           | -        |
|           | meat-egg           | 45          | -        |
|           | others             | 9           | -        |
|           | <b>subtotal</b>    | <b>72</b>   | <b>0</b> |
| Mie       | fishery products   | 22          | -        |
|           | meat-egg           | 93          | -        |
|           | grain              | 4           | -        |
|           | <b>subtotal</b>    | <b>119</b>  | <b>0</b> |
| Shiga     | meat-egg           | 15          | -        |
|           | grain              | 9           | -        |
|           | <b>subtotal</b>    | <b>24</b>   | <b>0</b> |
| Kyoto     | vegetable          | 39          | -        |
|           | fishery products   | 31          | -        |
|           | milk-dairyproducts | 7           | -        |
|           | meat-egg           | 502         | -        |
|           | grain              | 21          | -        |
|           | others             | 2           | -        |
|           | <b>subtotal</b>    | <b>602</b>  | <b>0</b> |
| Osaka     | meat-egg           | 15          | -        |
|           | <b>subtotal</b>    | <b>15</b>   | <b>0</b> |
| Hyogo     | vegetable          | 24          | -        |
|           | fishery products   | 6           | -        |
|           | milk-dairyproducts | 4           | -        |
|           | meat-egg           | 228         | -        |
|           | grain              | 26          | -        |
|           | <b>subtotal</b>    | <b>288</b>  | <b>0</b> |
| Nara      | meat-egg           | 7           | -        |
|           | <b>subtotal</b>    | <b>7</b>    | <b>0</b> |
| Wakayama  | fishery products   | 5           | -        |
|           | meat-egg           | 37          | -        |
|           | <b>subtotal</b>    | <b>42</b>   | <b>0</b> |
| Tottori   | vegetable          | 2           | -        |
|           | meat-egg           | 2004        | -        |
|           | <b>subtotal</b>    | <b>2006</b> | <b>0</b> |
| Shimane   | meat-egg           | 1307        | -        |
|           | <b>subtotal</b>    | <b>1307</b> | <b>0</b> |
| Okayama   | meat-egg           | 81          | -        |
|           | <b>subtotal</b>    | <b>81</b>   | <b>0</b> |
| Hiroshima | vegetable          | 5           | -        |
|           | fishery products   | 1           | -        |
|           | milk-dairyproducts | 1           | -        |
|           | meat-egg           | 9           | -        |
|           | grain              | 1           | -        |
|           | <b>subtotal</b>    | <b>17</b>   | <b>0</b> |
| Yamaguchi | meat-egg           | 2           | -        |
|           | grain              | 1           | -        |
|           | <b>subtotal</b>    | <b>3</b>    | <b>0</b> |
| Tokushima | vegetable          | 1           | -        |
|           | fishery products   | 1           | -        |
|           | meat-egg           | 42          | -        |
|           | <b>subtotal</b>    | <b>44</b>   | <b>0</b> |
| Kagawa    | vegetable          | 2           | -        |
|           | milk-dairyproducts | 1           | -        |
|           | meat-egg           | 192         | -        |
|           | grain              | 3           | -        |
|           | <b>subtotal</b>    | <b>198</b>  | <b>0</b> |
| Ehime     | vegetable          | 3           | -        |
|           | meat-egg           | 60          | -        |
|           | <b>subtotal</b>    | <b>63</b>   | <b>0</b> |
| Kochi     | vegetable          | 5           | -        |
|           | fishery products   | 11          | -        |
|           | meat-egg           | 2           | -        |
|           | grain              | 1           | -        |
|           | <b>subtotal</b>    | <b>19</b>   | <b>0</b> |
| Fukuoka   | meat-egg           | 1           | -        |
|           | <b>subtotal</b>    | <b>1</b>    | <b>0</b> |

|              |                    |              |             |
|--------------|--------------------|--------------|-------------|
| Saga         | meat-egg           | 98           | -           |
|              | grain              | 1            | -           |
|              | <b>subtotal</b>    | <b>99</b>    | <b>0</b>    |
| Nagasaki     | vegetable          | 1            | -           |
|              | meat-egg           | 84           | -           |
|              | <b>subtotal</b>    | <b>85</b>    | <b>0</b>    |
| Kumamoto     | meat-egg           | 21           | -           |
|              | grain              | 2            | -           |
|              | <b>subtotal</b>    | <b>23</b>    | <b>0</b>    |
| Oita         | vegetable          | 1            | -           |
|              | milk-dairyproducts | 1            | -           |
|              | meat-egg           | 4            | -           |
|              | <b>subtotal</b>    | <b>6</b>     | <b>0</b>    |
| Miyazaki     | fishery products   | 4            | -           |
|              | meat-egg           | 47           | -           |
|              | others             | 2            | -           |
|              | <b>subtotal</b>    | <b>53</b>    | <b>0</b>    |
| Kagoshima    | fishery products   | 1            | -           |
|              | meat-egg           | 700          | -           |
|              | others             | 1            | -           |
|              | <b>subtotal</b>    | <b>702</b>   | <b>0</b>    |
| Okinawa      | meat-egg           | 4            | -           |
|              | <b>subtotal</b>    | <b>4</b>     | <b>0</b>    |
| Others       | vegetable          | 11           | -           |
|              | fishery products   | 16           | -           |
|              | milk-dairyproducts | 230          | -           |
|              | meat-egg           | 18           | -           |
|              | grain              | 5            | -           |
|              | others             | 139          | -           |
|              | <b>subtotal</b>    | <b>419</b>   | <b>0</b>    |
| <b>total</b> |                    | <b>82591</b> | <b>1016</b> |

Restriction of distribution and/or consumption within the whole and/or part of prefecture are imposed for the underlined foods.

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters  
(Restriction of distribution in Fukushima Prefecture)

As of 21 Dec 2011

|                                                         |                                                   |            | Restriction of distribution                                                                                                                                                                                                                                                                                                                                                                                            |
|---------------------------------------------------------|---------------------------------------------------|------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                         |                                                   |            | Fukushima prefecture                                                                                                                                                                                                                                                                                                                                                                                                   |
|                                                         |                                                   |            | Individual areas                                                                                                                                                                                                                                                                                                                                                                                                       |
|                                                         | whole area                                        |            |                                                                                                                                                                                                                                                                                                                                                                                                                        |
| raw milk                                                | 3/21~ (excluding areas listed on the right cells) | 3/21~4/8   | Kitakata-shi, Bandai-machi, Inawashiro-machi, Mishima-machi, Aizumisato-machi, Shimogo-machi, Minamiaizu-machi                                                                                                                                                                                                                                                                                                         |
|                                                         |                                                   | 3/21~4/16  | Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kunimi-machi, Otama-mura, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding Miyakoji area), Miharu-machi, Ono-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Hirata-mura, Furudono-machi, Shirakawa-shi, Yabuki-machi, Izumizaki-mura, Nakajima-mura, Nishigo-mura, Samegawa-mura, Hanawa-machi, Yamatsuri-machi, Iwaki-shi                            |
|                                                         |                                                   | 3/21~4/21  | Soma-shi, Shinchi-machi                                                                                                                                                                                                                                                                                                                                                                                                |
|                                                         |                                                   | 3/21~5/1   | Minamisoma-shi (limited to Kashima-ku excluding Karasuzaki, Ouchi, Kawago and Shionosaki area), Kawamata-machi (excluding Yamakiya area)                                                                                                                                                                                                                                                                               |
|                                                         |                                                   | 3/21~6/8   | Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)                                                             |
|                                                         |                                                   | 3/21~10/7  | Aizuwakamatsu-shi, Kori-machi, Tenei-mura, Hinoemata-mura, Tadami-machi, Kitashiobara-mura, Nishiaizu-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Kanayama-machi, Showa-mura, Tanagura-machi, Tamakawa-mura, Hirono-machi, Naraha-machi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)                                                                            |
|                                                         |                                                   | 3/21~11/4  | Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura                                                                                                                                                                                                                                                                      |
| non-head type leafy vegetables, e.g. spinach, komatsuna | spinach, kakina                                   | 3/21~5/4   | Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura                                                                                                                                                                                                                                                                      |
|                                                         |                                                   | 3/21~5/11  | Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kanayama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi                                                                                                                                           |
|                                                         |                                                   | 3/21~5/25  | Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)                                                                                                                                                                                                                                                       |
|                                                         |                                                   | 3/21~6/1   | Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura                                                                                                                                                   |
|                                                         |                                                   | 3/21~6/23  | Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura                                                                                                                                                                                                                                                                                  |
|                                                         | all the other                                     | 3/21~11/4  | Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)                                                                                                                                                                                                                                                                                                |
|                                                         |                                                   | 3/23~5/4   | Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura                                                                                                                                                                                                                                                                      |
|                                                         |                                                   | 3/23~5/11  | Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kanayama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi                                                                                                                                           |
|                                                         |                                                   | 3/23~5/25  | Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)                                                                                                                                                                                                                                                       |
|                                                         |                                                   | 3/23~6/1   | Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura                                                                                                                                                   |
| head type leafy vegetables, e.g. cabbage                | 3/23~ (excluding areas listed on the right cells) | 3/23~6/23  | Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura                                                                                                                                                                                                                                                                                  |
|                                                         |                                                   | 3/23~11/4  | Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)                                                                                                                                                                                                                                                                                                |
|                                                         |                                                   | 3/23~4/27  | Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kanayama-machi, Syowa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi                                                                                                                                          |
|                                                         |                                                   | 3/23~5/4   | Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura                                                                                                                                        |
|                                                         |                                                   | 3/23~5/11  | Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura, Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura                                                                                                                                          |
|                                                         | 3/23~ (excluding areas listed on the right cells) | 3/23~5/25  | Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)                                                                                                                                                                                                                                                       |
|                                                         |                                                   | 3/23~10/28 | Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)                                                                                                                                                                                                                                                                   |
|                                                         |                                                   | 3/23~4/27  | Shirakawa-shi, Yabuki-machi, Nishigou-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura                                                                                                                                                                                                                                                                                |
|                                                         |                                                   | 3/23~5/4   | Iwaki-shi                                                                                                                                                                                                                                                                                                                                                                                                              |
|                                                         |                                                   | 3/23~5/11  | Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Tenei-mura, Ishikawa-machi, Tanagawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi                                                                                                                                                   |
| flowerhead brassicas, e.g. broccoli, cauliflower        | 3/23~ (excluding areas listed on the right cells) | 3/23~5/18  | Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kanayama-machi, Syowa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi                                                                                                                                           |
|                                                         |                                                   | 3/23~6/15  | Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-mura (excluding Yamakiya area), Otama-mura                                                                                                                 |
|                                                         |                                                   | 3/23~5/18  | Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kanayama-machi, Syowa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi                                                                                                                                          |
|                                                         |                                                   | 3/23~10/28 | Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)                                                                                                                                                                                                                                                                   |
|                                                         |                                                   | 3/23~5/4   | Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Otama-mura, Tenei-mura, Tamakawa-mura, Hirata-mura |
|                                                         | 3/23~ (excluding areas listed on the right cells) | 3/23~5/18  | Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-machi, Izumizaki-mura, Nakajima-mura, Samegawa-mura, Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kanayama-machi, Syowa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi  |
|                                                         |                                                   | 3/23~6/23  | Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)                                                                                                                                                                                                                                                       |
|                                                         |                                                   | 3/23~11/4  | Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)                                                                                                                                                                                                                                                                                                |
|                                                         |                                                   | 3/23~5/18  | Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-machi, Izumizaki-mura, Nakajima-mura, Samegawa-mura, Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kanayama-machi, Syowa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi |
|                                                         |                                                   | 4/13~      | Date-shi, Iitate-mura, Soma-shi, Minamisoma-shi, Namie-machi, Futaba-machi, Okuma-machi, Tomioka-machi, Naraha-machi, Hirono-machi, Kawamata-machi, Katsurao-mura, Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kawauchi-mura (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)                                     |
| Vegetable                                               | turnip                                            | 4/18~      | Fukushima-shi                                                                                                                                                                                                                                                                                                                                                                                                          |
|                                                         |                                                   | 4/13~4/25  | Iwaki-shi                                                                                                                                                                                                                                                                                                                                                                                                              |
|                                                         |                                                   | 4/25~      | Motomiya-shi                                                                                                                                                                                                                                                                                                                                                                                                           |
|                                                         |                                                   | 4/13~5/16  | Shinchi-machi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)                                                                                                                                                                                                                                                                                                  |
|                                                         |                                                   | 4/13~5/23  | Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)                                                                                                                                                                                                                                                                                                              |
|                                                         | log-grown shiitake (grown outdoor)                | 10/18~     | Nihonmatsu-shi                                                                                                                                                                                                                                                                                                                                                                                                         |
|                                                         |                                                   | 7/19~      | Date-shi                                                                                                                                                                                                                                                                                                                                                                                                               |
|                                                         |                                                   | 7/22~      | Shinchi-machi                                                                                                                                                                                                                                                                                                                                                                                                          |
|                                                         |                                                   | 7/19~9/7   | Motomiya-shi                                                                                                                                                                                                                                                                                                                                                                                                           |
|                                                         |                                                   | 11/14~     | Kawamata-machi                                                                                                                                                                                                                                                                                                                                                                                                         |
| log-grown shiitake (hothouse cultivation)               | -                                                 | 10/31~     | Soma-shi, Iwaki-shi                                                                                                                                                                                                                                                                                                                                                                                                    |
|                                                         |                                                   |            |                                                                                                                                                                                                                                                                                                                                                                                                                        |
| log-grown pholiota nameko                               | -                                                 |            |                                                                                                                                                                                                                                                                                                                                                                                                                        |

|                 |                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|-----------------|----------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| wild mushroom   | -                                            | 9/6~: Tanagura-machi, Furudono-machi (limited to wild mushroom belonging to mycorrhizal fungi)<br>9/15~: Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Soma-shi, Minamisoma-shi, Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharuru-machi, Ono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Inawashiro-machi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Otama-mura, Tenei-mura, Tamakawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samekawa-mura, Kawauchi-mura, Katsurao-mura, Iitate-mura |
| bamboo shoot    | -                                            | 10/18~: Kitakata-shi<br>5/9~: Date-shi, Soma-shi, Miharuru-machi<br>5/13~: Minamisoma-shi, Motomiya-shi, Kori-machi, Kawamata-machi, Nishigo-mura<br>5/9~5/30: Hirata-mura<br>5/9~6/8: Iwaki-shi<br>5/9~6/21: Tenei-mura<br>5/13~6/21: Kunimi-machi                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| ostrich fern    | -                                            | 5/9~: Fukushima-shi, Kori-machi                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| ume             | -                                            | 6/2~: Fukushima-shi, Date-shi, Kori-machi                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| yuzu            | -                                            | 6/6~: Soma-shi, Minamisoma-shi                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| chestnut        | -                                            | 8/29~: Fukushima-shi, Minamisoma-shi                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| kiwi fruit      | -                                            | 10/14~: Date-shi, Kori-machi<br>9/20~: Date-shi, Minamisoma-shi<br>12/9~: Soma-shi, Minamisoma-shi                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Grain           | Rice (produced in 2011)                      | 11/17~: Fukushima-shi (limiting former Oguni-mura area)<br>11/29~: Date-shi (limiting former Oguni-mura and former Tsukidate-machi area)<br>12/5~: Fukushima-shi (limiting former Fukushima-shi area)<br>12/8~: Nihonmatsu-shi (limiting former Shibukawa-mura area)<br>12/9~: Date-shi (limiting former Hashirazawa-mura and former Tominari-mura area)<br>12/19~: Date-shi (limiting former Kakeda-machi area)                                                                                                                                                                                                                                                                                                                             |
| Fishery product | sand lance (juvenile)                        | 4/20~                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
|                 | cherry salmon yamame (excluding farmed fish) | 6/6~: Akimoto Lake, Hibara Lake, Onogawa Lake and rivers flowing into these Lakes, Nagase River (limiting upper reaches from the junction with Su River), Abukuma River (including its branches but limiting inside Fukushima prefecture)<br>6/17~: Mano River (including its branches)                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|                 | japanese dace                                | 6/17~: Mano River (including its branches)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
|                 | ayu (excluding farmed fish)                  | 6/27~: Abukuma River (limiting lower reaches from Shinobu Dam but including its branches), Mano River (including its branches), Niida River (including its branches)<br>6/27~: Abukuma River (limiting lower reaches from Shinobu Dam but including its branches), Mano River (including its branches), Niida River (including its branches)                                                                                                                                                                                                                                                                                                                                                                                                 |
| meat+egg        | beef                                         | 7/19~<br>(8/25~: Excluding cattle which are managed based on shipment and inspection policy set by Fukushima prefecture)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
|                 | boar meat                                    | 11/9~: Soma-shi, Minamisoma-shi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Kawauchi-mura, Katsurao-mura, Iitate-mura<br>11/25~: Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Otama-mura<br>12/2~: Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharuru-machi, Ono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Tenei-mura, Tamagawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura                                                                                                  |
|                 | bear meat                                    | 12/2~: Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Miharuru-machi, Ono-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Otama-mura, Tenei-mura, Tamagawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura                                                                                                                                                                                                                                                                                                       |

\* Instructions still imposed are expressed in italic type.



The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters  
(Restriction of distribution in prefectures other than Fukushima Prefecture)

As of 21 Dec 2011

|           |                                                         |                                                                                                                            | Restriction of distribution                                             |                                                                                                                           |                                                                                                                       |                                                |                  |                                                                               |                                     |                                                                                                                                                                                                                                                     |                     |                  |                                                                                                                       |                  | As of 21 Dec 201                                                                                                    |                  |   |
|-----------|---------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|------------------------------------------------|------------------|-------------------------------------------------------------------------------|-------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------|------------------|-----------------------------------------------------------------------------------------------------------------------|------------------|---------------------------------------------------------------------------------------------------------------------|------------------|---|
|           |                                                         |                                                                                                                            | Ibaraki prefecture                                                      |                                                                                                                           | Tochigi prefecture                                                                                                    |                                                | Gunma prefecture |                                                                               | Chiba prefecture                    |                                                                                                                                                                                                                                                     | Kanagawa prefecture |                  | Miyagi prefecture                                                                                                     |                  | Iwate prefecture                                                                                                    |                  |   |
|           |                                                         |                                                                                                                            | whole area                                                              | individual areas                                                                                                          | whole area                                                                                                            | individual areas                               | whole area       | individual areas                                                              | whole area                          | individual areas                                                                                                                                                                                                                                    | whole area          | individual areas | whole area                                                                                                            | individual areas | whole area                                                                                                          | individual areas |   |
| raw milk  |                                                         |                                                                                                                            | 3/23~4/10                                                               | -                                                                                                                         | -                                                                                                                     | -                                              | -                | -                                                                             | -                                   | -                                                                                                                                                                                                                                                   | -                   | -                | -                                                                                                                     | -                | -                                                                                                                   | -                |   |
| vegetable | non-head type leafy vegetables, e.g. spinach, komatsuna | spinach                                                                                                                    | 3/21~4/17<br>excluding areas listed on the right cells                  | 3/21~6/1<br>Kitaibaraki-shi,<br>Takahagi-shi                                                                              | 3/21~4/27                                                                                                             | 3/21~4/21<br>Nasushiobara-shi,<br>Shioya-machi | 3/21~4/8         | -                                                                             | -                                   | 4/4~4/22<br>Asahi-shi, Katori-shi,<br>Tako-machi                                                                                                                                                                                                    | -                   | -                | -                                                                                                                     | -                | -                                                                                                                   | -                |   |
|           |                                                         | kakina                                                                                                                     | 3/21~4/17                                                               | -                                                                                                                         | 3/21~4/14                                                                                                             | -                                              | 3/21~4/8         | -                                                                             | -                                   | -                                                                                                                                                                                                                                                   | -                   | -                | -                                                                                                                     | -                | -                                                                                                                   | -                |   |
|           |                                                         | garland chrysanthemum, qing-gong-cai, sanchu asian lettuce                                                                 | -                                                                       | -                                                                                                                         | -                                                                                                                     | -                                              | -                | -                                                                             | -                                   | 4/4~4/22<br>Asahi-shi                                                                                                                                                                                                                               | -                   | -                | -                                                                                                                     | -                | -                                                                                                                   | -                | - |
|           |                                                         | parsley                                                                                                                    | 3/23~4/17                                                               | -                                                                                                                         | -                                                                                                                     | -                                              | -                | -                                                                             | -                                   | 4/4~4/22<br>Asahi-shi                                                                                                                                                                                                                               | -                   | -                | -                                                                                                                     | -                | -                                                                                                                   | -                | - |
|           | celery                                                  | -                                                                                                                          | -                                                                       | -                                                                                                                         | -                                                                                                                     | -                                              | -                | -                                                                             | 4/4~4/22<br>Asahi-shi               | -                                                                                                                                                                                                                                                   | -                   | -                | -                                                                                                                     | -                | -                                                                                                                   | -                |   |
|           | log-grown shiitake (outdoor)                            | -                                                                                                                          | 10/14~<br>Tsuchiura-shi,<br>Namegata-shi,<br>Hokota-shi,<br>Omitama-shi | -                                                                                                                         | -                                                                                                                     | -                                              | -                | -                                                                             | 10/11~<br>Abiko-shi,<br>Kimitsu-shi | -                                                                                                                                                                                                                                                   | -                   | -                | -                                                                                                                     | -                | -                                                                                                                   | -                |   |
|           | log-grown shiitake (hothouse cultivation)               | -                                                                                                                          | 11/10~<br>Ibaraki-machi,<br>Ami-machi                                   | -                                                                                                                         | -                                                                                                                     | -                                              | -                | -                                                                             | 11/18~<br>Nagareyama-shi            | -                                                                                                                                                                                                                                                   | -                   | -                | -                                                                                                                     | -                | -                                                                                                                   | -                |   |
|           | log-grown brick cap (outdoor)                           | -                                                                                                                          | 10/14~<br>Tsuchiura-shi,<br>Hokota-shi                                  | -                                                                                                                         | -                                                                                                                     | -                                              | -                | -                                                                             | -                                   | -                                                                                                                                                                                                                                                   | -                   | -                | -                                                                                                                     | -                | -                                                                                                                   | -                |   |
|           | log-grown pholiota nameko                               | -                                                                                                                          | 11/10~<br>Ibaraki-machi                                                 | -                                                                                                                         | -                                                                                                                     | -                                              | -                | -                                                                             | -                                   | -                                                                                                                                                                                                                                                   | -                   | -                | -                                                                                                                     | -                | -                                                                                                                   | -                |   |
|           | meat                                                    | beef                                                                                                                       | -                                                                       | -                                                                                                                         | 8/2~<br>(8/25~: Excluding cattle which are managed based on shipment and inspection policy set by Tochigi prefecture) | -                                              | -                | -                                                                             | -                                   | -                                                                                                                                                                                                                                                   | -                   | -                | 1/28~<br>(8/19~: Excluding cattle which are managed based on shipment and inspection policy set by Miyagi prefecture) | -                | 8/1~<br>(8/25~: Excluding cattle which are managed based on shipment and inspection policy set by Iwate prefecture) | -                | - |
| boar meat |                                                         | 12/2~<br>(12/21~: Excluding boar meat which are managed based on shipment and inspection policy set by Ibaraki prefecture) | -                                                                       | 12/2~<br>(12/5~: Excluding boar meat which are managed based on shipment and inspection policy set by Tochigi prefecture) | -                                                                                                                     | -                                              | -                | -                                                                             | -                                   | -                                                                                                                                                                                                                                                   | -                   | -                | -                                                                                                                     | -                | -                                                                                                                   | -                |   |
| deer meat |                                                         | -                                                                                                                          | -                                                                       | 12/2~                                                                                                                     | -                                                                                                                     | -                                              | -                | -                                                                             | -                                   | -                                                                                                                                                                                                                                                   | -                   | -                | -                                                                                                                     | -                | -                                                                                                                   | -                |   |
| others    | tea leaf                                                | 6/2~<br>(excluding areas listed on the right cell)                                                                         | 6/2~10/18<br>Koga-shi, Joso-shi,<br>Bando-shi, Yachiyo-shi, Sakai-machi | -                                                                                                                         | 6/2~<br>Kanuma-shi,<br>Ootawara-shi                                                                                   | 6/30~<br>Shibukawa-shi,<br>Kiryu-shi           | -                | 6/2~<br>Noda-shi, Narita-shi,<br>Yachimata-shi,<br>Tomisato-shi,<br>Sammu-shi | 6/2~<br>Yugawara-machi              | 6/2~9/29<br>Minamishigara-shi<br>6/23~9/12<br>Matsuda-machi,<br>Yamakita-machi<br>6/2~10/14<br>Akawa-machi,<br>Kivokawa-mura<br>6/23~10/26<br>Sagamihara-shi<br>6/27~10/26<br>Nakai-machi<br>6/2~11/1<br>Odawara-shi<br>6/2~11/10<br>Miyazawa-machi | -                   | -                | -                                                                                                                     | -                | -                                                                                                                   | -                |   |
|           |                                                         | -                                                                                                                          | -                                                                       | 7/8~<br>Tochigi-shi                                                                                                       | -                                                                                                                     | -                                              | -                | 7/4~<br>Katsuragi-shi                                                         | -                                   | -                                                                                                                                                                                                                                                   | -                   | -                | -                                                                                                                     | -                | -                                                                                                                   | -                |   |

\* Instructions still imposed are expressed in italic type.

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters  
(Restriction of consumption in Fukushima Prefecture)

As of 21 Dec 2011

|                 |                                                         | Restriction of consumption                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                     |
|-----------------|---------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                 |                                                         | Fukushima prefecture                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                     |
|                 |                                                         | whole area                                                                                                                                                                     | individual areas                                                                                                                                                                                                                                                                                                    |
| vegetable       | non-head type leafy vegetables, e.g. spinach, komatsuna | 3/23~<br>(excluding areas listed on the right cell)                                                                                                                            | 3/23~5/4<br>Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura                                                                                                                                                       |
|                 |                                                         |                                                                                                                                                                                | 3/23~5/11<br>Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi                           |
|                 |                                                         |                                                                                                                                                                                | 3/23~5/25<br>Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)                                                                                                                                       |
|                 |                                                         |                                                                                                                                                                                | 3/23~6/1<br>Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura                                    |
|                 |                                                         |                                                                                                                                                                                | 3/23~6/23<br>Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura                                                                                                                                                                  |
|                 |                                                         |                                                                                                                                                                                | 3/23~11/4<br>Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)                                                                                                                                                                                |
|                 |                                                         |                                                                                                                                                                                | 3/23~4/27<br>Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi                         |
|                 | head type leafy vegetables, e.g. cabbage                | 3/23~<br>(excluding areas listed on the right cell)                                                                                                                            | 3/23~5/4<br>Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamagawa-mura, Hirata-mura                         |
|                 |                                                         |                                                                                                                                                                                | 3/23~5/11<br>Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura, Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura                          |
|                 |                                                         |                                                                                                                                                                                | 3/23~5/25<br>Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)                                                                                                                                       |
| fishery product | flowerhead brassicas, e.g. broccoli, cauliflower        | 3/23~<br>(excluding areas listed on the right cell)                                                                                                                            | 3/23~10/28<br>Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)                                                                                                                                                                               |
|                 |                                                         |                                                                                                                                                                                | 3/23~4/27<br>Shirakawa-shi, Yabuki-machi, Nishigou-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura                                                                                                                                                                |
|                 |                                                         |                                                                                                                                                                                | 3/23~5/4<br>Iwaki-shi                                                                                                                                                                                                                                                                                               |
|                 |                                                         |                                                                                                                                                                                | 3/23~5/11<br>Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Tenei-mura, Ishikawa-machi, Tamagawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi                                   |
|                 |                                                         |                                                                                                                                                                                | 3/23~5/18<br>Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi                         |
|                 | log-grown shiitake (grown outdoor)                      | —                                                                                                                                                                              | 3/23~6/15<br>Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-mura (excluding Yamakiya area), Otama-mura |
|                 |                                                         |                                                                                                                                                                                | 3/23~10/28<br>Hirono-machi, Kawauchi-mura(excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)                                                                                                                                                                                |
|                 |                                                         |                                                                                                                                                                                | 4/13~<br>Iitate-mura                                                                                                                                                                                                                                                                                                |
|                 |                                                         |                                                                                                                                                                                | 9/6~<br>Tanagura-machi (limited to wild mushroom belonging to mycorrhizal fungi)                                                                                                                                                                                                                                    |
|                 |                                                         |                                                                                                                                                                                | 9/15~<br>Iwaki-shi, Tanagura-machi                                                                                                                                                                                                                                                                                  |
| wild mushroom   | -                                                       | 9/20~<br>Minamisoma-shi                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                     |
|                 |                                                         | 11/9~<br>Soma-shi, Minamisoma-shi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Kawauchi-mura, Katsurao-mura, Iitate-mura |                                                                                                                                                                                                                                                                                                                     |
| meat            | boar meat                                               | -                                                                                                                                                                              | 11/25~<br>Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Otama-mura                                                                                                                                                                                               |

\* Instructions still imposed are expressed in *italic type*.